

Virginia Swimming SC Zone Team Top 10 **thru February 2011** **Age Up Date = 31 March 2011**

Number of Top Times: 10 Show Yards Only

	Time	P/F/S	Name	Age/Yr			
Women 11-12 50 Free							
1	25.50 Y	F	Georgia DaCruz	12	TIDE VA	2/4/2011	ODAC SE District Age GroupMeet
2	25.75 Y	F	Casey Fanz	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	26.10 Y	F	Katherine Nezelek	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	26.20 Y	F	Claire Ostrowski	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
5	26.47 Y	F	Bryn Gvozdaz	12	NOVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
6	26.50 Y	F	Victoria Conner	12	WAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	26.86 Y	F	Alexandra Orsini	12	TIDE VA	11/12/2010	2nd Annual Carl Warner Memorial BB+ Mee
8	26.91 Y	F	Eleanor Pollitt	11	VYAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
9	26.95 Y	F	Allison Pegram	12	ODAC VA	2/4/2011	ODAC SE District Age GroupMeet
10	26.98 Y	S	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
Women 11-12 100 Free							
1	54.71 Y	F	Georgia DaCruz	12	TIDE VA	2/4/2011	ODAC SE District Age GroupMeet
2	56.78 Y	S	Katherine Nezelek	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	57.04 Y	F	Bryn Gvozdaz	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	57.75 Y	F	Molly Sheffield	11	BAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	58.08 Y	F	Emily Lynn	12	UNTAC VA	11/12/2010	2nd Annual Carl Warner Memorial BB+ Mee
6	58.24 Y	F	Nicole Shuford	12	SEVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
7*	58.26 Y	P	Emily Koegl	12	VACS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7*	58.26 Y	F	Victoria Conner	12	WAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
9	58.27 Y	F	Casey Fanz	12	PSDN VA	1/22/2011	2011 QDD Snowflake Classic
10	58.48 Y	F	Jordan Morling	12	CCA VA	1/8/2011	2011 HOKI IMX Challenge
Women 11-12 200 Free							
1	1:59.69 Y	F	Georgia DaCruz	12	TIDE VA	2/4/2011	ODAC SE District Age GroupMeet
2	2:01.36 Y	F	Bryn Gvozdaz	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	2:05.71 Y	F	Emily Koegl	12	VACS VA	2/4/2011	NOVA February BB+ Meet
4	2:07.48 Y	F	Katherine Nezelek	12	QSTS VA	10/9/2010	NOVA Oct. 12 & Y Meet
5	2:07.52 Y	F	Victoria Conner	12	WAC VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
6	2:07.57 Y	F	Madeleine Hadd	11	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	2:07.75 Y	F	Molly Sheffield	11	BAC VA	1/22/2011	2011 QDD Snowflake Classic
8	2:07.85 Y	F	Camryn Curry	12	STAT VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
9	2:07.99 Y	F	Nicole Shuford	12	SEVA VA	2/25/2011	2011 Tidewater Region Championships
10	2:08.53 Y	P	Natalie Kulp	12	GATR VA	12/17/2010	2010 Christmas Meet
Women 11-12 500 Free							
1	5:34.25 Y	F	Brazil Rule	12	SMAC VA	2/13/2011	Virginia Y League Champs 2011
2	5:35.19 Y	F	Bryn Gvozdaz	12	NOVA VA	2/4/2011	NOVA February BB+ Meet
3	5:37.61 Y	F	Madeleine Hadd	11	NOVA VA	2/4/2011	NOVA February BB+ Meet
4	5:38.15 Y	F	Hailey Ladd	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	5:40.24 Y	F	Emily Koegl	12	VACS VA	2/4/2011	NOVA February BB+ Meet
6	5:40.61 Y	F	Jordan Morling	12	CCA VA	1/8/2011	2011 HOKI IMX Challenge
7	5:41.66 Y	F	Molly Sheffield	11	BAC VA	1/29/2011	2011 BAC IRONMAN Distance Meet
8	5:42.21 Y	F	Natalie Kulp	12	GATR VA	1/14/2011	2011 SC Stingray Aquatics Winter Invit
9	5:43.31 Y	F	Camryn Curry	12	STAT VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
10	5:44.07 Y	F	Julianna Jones	12	WAC VA	2/4/2011	ODAC SE District Age GroupMeet
Women 11-12 50 Back							
1	28.84 Y	F	Katherine Nezelek	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
2	28.97 Y	F	Claire Ostrowski	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
3	29.41 Y	F	Georgia DaCruz	12	TIDE VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	30.08 Y	F	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	30.67 Y	F	Margaret Woods	12	CYAC VA	2/13/2011	Virginia Y League Champs 2011
6	30.75 Y	P	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
7	30.95 Y	F	Kristen Atkinson	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
8	30.98 Y L	F	Chelsea Bengson	12	ODAC VA	2/4/2011	ODAC SE District Age GroupMeet
9	31.02 Y	F	Tessa Muzzy	12	CCA VA	1/8/2011	2011 HOKI IMX Challenge

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10	31.03 Y	P	Bryn Gvozdaz	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
Women 11-12 100 Back							
1	1:03.33 Y	F	Georgia DaCruz	12	TIDE VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
2	1:04.17 Y	F	Katherine Nezelek	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	1:04.56 Y	F	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	1:05.04 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
5	1:05.05 Y	P	Claire Ostrowski	12	TIDE VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
6	1:05.59 Y	F	Bryn Gvozdaz	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	1:05.80 Y	F	Kelsey Childress	11	LY VA	2/25/2011	2011 Blue Ridge Region Championship
8	1:06.05 Y	F	Jennifer Carr	12	NOVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
9	1:06.24 Y	F	Emily Lynn	12	TAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
10	1:06.29 Y	F	Emily Koegl	12	VACS VA	2/4/2011	NOVA February BB+ Meet
Women 11-12 200 Back							
1	2:16.67 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
2	2:17.67 Y	F	Georgia DaCruz	12	TIDE VA	10/16/2010	TAC "October Fest" A/BB/B/C/Mini
3	2:18.89 Y	F	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	2:19.96 Y	F	Bryn Gvozdaz	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	2:20.60 Y	F	Emily Koegl	12	VACS VA	11/19/2010	2010 Swim & Rock
6	2:20.79 Y	F	Jennifer Carr	12	NOVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
7	2:21.64 Y	F	Emily Lynn	12	TAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
8	2:21.99 Y	F	Tessa Muzzy	12	CCA VA	2/4/2011	Gator Winter Storm Invitational A/BB/B/C
9	2:22.70 Y	F	Natalie Kulp	12	GATR VA	11/5/2010	2010 NC WAVE Autumn Splash Invitational
10	2:22.82 Y	F	Bailey Roberts	12	CCA VA	2/4/2011	Gator Winter Storm Invitational A/BB/B/C
Women 11-12 50 Breast							
1	32.71 Y	F	Claire Ostrowski	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
2	32.72 Y	F	Nicole Shuford	12	SEVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	33.89 Y	F	Kathleen Cannell	12	CYAC VA	1/29/2011	2011 BASS Winter Warm Up
4	34.06 Y	F	Jillian Butler	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	34.23 Y	F	Georgia DaCruz	12	TIDE VA	11/12/2010	2nd Annual Carl Warner Memorial BB+ Mee
6	34.45 Y	P	Elyse MacIsaac	12	STAT VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	34.48 Y	F	Colleen Higgins	12	UNRAY VA	1/8/2011	Winterfest 2011
8	34.61 Y	F	Nicole Reeves	12	RAYS VA	1/22/2011	2011 QDD Snowflake Classic
9	34.65 Y	P	Caroline Cherry	12	WAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
10	34.98 Y	F	Jennie Depaul	12	ODAC VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
Women 11-12 100 Breast							
1	1:11.27 Y	F	Claire Ostrowski	12	TIDE VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
2	1:11.57 Y	F	Nicole Shuford	12	SEVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	1:14.61 Y	F	Kathleen Cannell	12	CYAC VA	1/29/2011	2011 BASS Winter Warm Up
4	1:15.39 Y	F	Nicole Reeves	12	RAYS VA	2/13/2011	Virginia Y League Champs 2011
5	1:15.71 Y	F	Jordan Morling	12	CCA VA	1/8/2011	2011 HOKI IMX Challenge
6	1:15.80 Y	F	Jennie Depaul	12	ODAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7*	1:16.01 Y	F	Tessa Muzzy	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
7*	1:16.01 Y	P	Colleen Higgins	12	UNRAY VA	1/8/2011	Winterfest 2011
9	1:16.22 Y	F	Jasmine Harper	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
10	1:16.46 Y	F	Jillian Butler	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
Women 11-12 200 Breast							
1	2:33.70 Y	F	Claire Ostrowski	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
2	2:36.72 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
3	2:37.84 Y	F	Nicole Shuford	12	SEVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	2:40.58 Y	F	Nicole Reeves	12	RAYS VA	2/13/2011	Virginia Y League Champs 2011
5	2:42.14 Y	P	Jasmine Harper	12	NOVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
6	2:43.07 Y	F	Kathleen Cannell	12	CYAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	2:43.25 Y	F	Natalie Kulp	12	GATR VA	2/28/2011	Last Chance Time Trial
8	2:44.22 Y	F	Camryn Curry	12	STAT VA	2/4/2011	NOVA February BB+ Meet

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9	2:44.44 Y	F	Alexandra Neilan	12	BASS VA	10/16/2010	2010 QDD Fall Festival
10	2:44.56 Y	F	Tessa Muzzy	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
Women 11-12 50 Fly							
1	26.46 Y	F	Georgia DaCruz	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
2	27.84 Y	F	Molly Sheffield	11	BAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	28.15 Y	F	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	28.27 Y	F	Katherine Nezelek	12	QSTS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	28.67 Y	F	Victoria Conner	12	WAC VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
6	29.04 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
7	29.34 Y	F	Alexandra Neilan	12	BASS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
8	29.57 Y	F	Bryn Gvozdas	12	NOVA VA	2/4/2011	NOVA February BB+ Meet
9	29.60 Y	F	Emily Koegl	12	VACS VA	2/4/2011	NOVA February BB+ Meet
10	29.65 Y	F	Jessica Beck	11	QSTS VA	2/25/2011	2011 Blue Ridge Region Championship
Women 11-12 100 Fly							
1	58.37 Y	F	Georgia DaCruz	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
2	1:02.55 Y	F	Molly Sheffield	11	BAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
3	1:02.83 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
4	1:03.21 Y	F	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	1:04.64 Y	F	Emily Koegl	12	VACS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
6	1:05.41 Y	F	Joelle Vereb	11	WAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	1:05.52 Y	F	Bryn Gvozdas	12	NOVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
8	1:05.57 Y	F	Emily Lynn	12	TAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
9	1:05.98 Y	F	Alexandra Neilan	12	BASS VA	1/29/2011	2011 BASS Winter Warm Up
10	1:06.17 Y	P	Emma Jennings	12	TIDE VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
Women 11-12 200 Fly							
1	2:17.43 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
2	2:20.97 Y	F	Georgia DaCruz	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
3	2:22.62 Y	F	Molly Sheffield	11	BAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	2:24.88 Y	F	Bryn Gvozdas	12	NOVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
5	2:26.83 Y	F	Tessa Muzzy	12	CCA VA	2/25/2011	2011 Blue Ridge Region Championship
6	2:27.81 Y	F	Callie Copeland	12	NOVA VA	1/14/2011	2011 NC RSA January Jubilee Meet
7	2:28.82 Y	F	Caitlin Brnich	12	CGBD VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
8	2:29.36 Y	F	Alexandra Neilan	12	BASS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
9	2:30.13 Y	F	Joelle Vereb	11	WAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
10	2:31.86 Y	F	Madeleine Hadd	11	NOVA VA	2/4/2011	NOVA February BB+ Meet
Women 11-12 100 IM							
1	1:02.15 Y	F	Georgia DaCruz	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
2	1:03.81 Y	F	Claire Ostrowski	12	TIDE VA	1/21/2011	TAC "Winter Blast" A/BB/B/C
3	1:05.73 Y	P	Nicole Shuford	12	SEVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	1:06.12 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
5	1:06.15 Y	F	Meghan Burton	12	PSDN VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
6	1:06.17 Y	F	Tessa Muzzy	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
7	1:06.90 Y	F	Molly Sheffield	11	BAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
8	1:07.42 Y	F	Keara Garrity	12	STAT VA	1/22/2011	2011 QDD Snowflake Classic
9	1:07.52 Y	F	Emily Lynn	12	UNTAC VA	11/12/2010	2nd Annual Carl Warner Memorial BB+ Mee
10	1:07.63 Y	F	Emily Koegl	12	VACS VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
Women 11-12 200 IM							
1	2:13.63 Y	F	Georgia DaCruz	12	TIDE VA	2/4/2011	ODAC SE District Age Group Meet
2	2:19.00 Y	F	Jordan Morling	12	CCA VA	12/10/2010	2010 NBAC CHRISTMAS INVITATIONAL M
3	2:20.64 Y	F	Claire Ostrowski	12	TIDE VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
4	2:21.93 Y	F	Molly Sheffield	11	BAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
5	2:23.17 Y	F	Tessa Muzzy	12	CCA VA	2/4/2011	Gator Winter Storm Invitational A/BB/B/C
6	2:23.58 Y	P	Emily Lynn	12	TAC VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham
7	2:24.08 Y	F	Nicole Shuford	12	SEVA VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham

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	Time	P/F/S	Name	Age/Yr			
8	2:24.94 Y	F	Bryn Gvozdas	12	NOVA VA	2/4/2011	NOVA February BB+ Meet
9	2:25.41 Y	F	Emily Koegl	12	VACS VA	2/4/2011	NOVA February BB+ Meet
10	2:25.56 Y	F	Camryn Curry	12	STAT VA	12/10/2010	SEVA 2010 12 & Younger Christmas Cham