

## VSI ATHLETE CODE OF CONDUCT & PARENTAL CONSENT

Proper behavior has a positive influence on individual and team performance. The following Code of Conduct establishes minimum standards that will be administered by the Virginia Swimming Inc. and selected Team Manager. Upon notification of any violation of the Code of Conduct, the Team Manager shall promptly investigate the circumstances of the violation and determine what disciplinary action, if any, shall be taken. All athletes and athlete's parents/guardians are required to acknowledge and support this code.

The undersigned athlete member participating in the **Eastern Zone Meet** agrees to abide by the standards of conduct outlined below. Any additional guidelines regarding conduct will be presented at team meetings.

1. All athletes are required to follow the direction of the staff members.
2. All athletes are required to attend all team meetings, training sessions, and events unless excused by the coaching staff.
3. All athletes must adhere to established curfews.
4. All athletes will not possess or use alcohol, tobacco, or any illegal or banned substances.
5. All athletes will follow guidelines established for mixed company (male and female) in the athlete's room. No male and female athlete pair shall be in an athlete's room alone under any circumstances.
6. All athletes will refrain from all illegal or inappropriate behaviors that would detract from a positive image of the team or be detrimental to its performance objectives.
7. All athletes will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors, and the public.
8. All athletes will remain for the entire competition.
9. All athletes will refrain from **any cell phone** use at **aquatic center, team meetings and designated quiet times.**

If an athlete fails to comply with the Code of Conduct, they will be subject to disciplinary action which may include, but is not limited to, being barred from team activities to include competition. Any violation of the Code of Conduct may be referred to a Virginia Swimming Review Section upon the team's return.

Athlete Name: \_\_\_\_\_ Athlete Cell Phone # \_\_\_\_\_

Athlete Signature: \_\_\_\_\_ Club: \_\_\_\_\_ Age: \_\_\_\_\_

Parents are asked to acknowledge and support the Code of Conduct specified above and understand the terms of the VSI refund policy. **The refund policy indicates that once you have signed and paid for your child to attend Zones, no refunds will be offered.** For very extenuating circumstances a request for a refund may be considered by the VSI Board of Directors.

**\*\*I understand my child cannot be released to me until the completion of Finals at the Zone Competition Saturday Evening.**

I have read and understood the above requirements

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Athlete's Parent/Guardian)