

Virginia Swimming SC Zone Team Top 10

February 2010

Age Up Date = 1 April 2010

Number of Top Times: 10 Show Yards Only

	Time	P/F/S	Name	Age/Yr		
Men 15-18 50 Free						
1	21.22 Y	F	Knuth, Robert	18	UN VA	2/6/2010 2010 VA TCIS Championship Swim
2	21.60 Y	F	Smith, Chad	17	TCAC VA	12/3/2009 2009 PV Tom Dolan Invitational
3	21.75 Y	P	Morales, Ian	17	RAYS VA	12/11/2009 2009 Holiday Meet
4	21.87 Y	F	Kegley, Brandon	17	LASO VA	12/4/2009 2009 NC NSS 13-14/Senior Winter Invitational
5	21.96 Y	P	Humphrey, Jake	17	UN VA	2/19/2010 2010 VA VSIS Swimming & Diving
6	21.97 Y	P	Shelley, James	17	GATR VA	12/18/2009 2009 AM Xmas Invitational-TPIT
7	21.99 Y	P	Hartman, Bryce	16	UN VA	1/9/2010 2010 VA Twenty-first Annual Kecoughtan
8	22.13 Y	F	Wallace, Drew	17	RAYS VA	12/11/2009 2009 Holiday Meet
9	22.18 Y L	F	Tyler, Ned	17	PSDN VA	12/3/2009 2009 PV Tom Dolan Invitational
10	22.19 Y	F	Joseph, Kevin	18	UN VA	2/6/2010 2010 VA TCIS Championship Swim
Men 15-18 100 Free						
1	47.77 Y	P	Barnes, Conner	17	UN VA	2/12/2010 2010 VA Eastern Regional HS Ch
2*	47.84 Y	F	Kegley, Brandon	17	UN VA	2/18/2010 2010 VA AA-A STATE CHAMPIONSHI
2*	47.84 Y	P	Morales, Ian	17	RAYS VA	12/11/2009 2009 Holiday Meet
4	48.31 Y	F	Morio, Matt	18	UN VA	2/19/2010 2010 VA VSIS Swimming & Diving
5	48.35 Y	F	Smith, Chad	17	UN VA	2/12/2010 2010 VA Eastern Regional HS Ch
6	48.43 Y	F	Williams, Chase	15	ODAC VA	12/11/2009 2009 NC RSA Reindeer Meet
7	48.58 Y	P	Hartman, Bryce	16	CGBD VA	12/11/2009 2009 NC RSA Reindeer Meet
8	48.61 Y	P	Tyler, Ned	17	PSDN VA	12/3/2009 2009 PV Tom Dolan Invitational
9	48.66 Y	F	Humphrey, Jake	17	UN VA	2/19/2010 2010 VA VSIS Swimming & Diving
10	48.75 Y	P	Quast, Nathaniel	17	TIDE VA	2/26/2010 Tidewater Region Championships VS-10-5E
Men 15-18 200 Free						
1	1:44.96 Y L	F	McGraw, Trey	18	GATR VA	12/18/2009 2009 AM Xmas Invitational-TPIT
2	1:44.97 Y	F	Lynn, Garrett	15	UN VA	1/9/2010 2010 VA Twenty-first Annual Kecoughtan
3	1:45.24 Y	P	Hunt, Kevin	16	NOVA VA	12/3/2009 2009 PV Tom Dolan Invitational
4	1:45.50 Y	P	Morio, Matt	18	UN VA	2/19/2010 2010 VA VSIS Swimming & Diving
5	1:45.60 Y	F	Gastrock, Ben	17	BAC VA	12/11/2009 Phoenix Ice Breaker Invitational
6	1:46.17 Y	F	Hesser, Matthew	18	UN VA	1/9/2010 2010 VA Twenty-first Annual Kecoughtan
7	1:46.27 Y	F	McDonnell, Ryan	17	PSDN VA	2/26/2010 2010 Blue Ridge Region Championship
8	1:46.52 Y	F	Guzik, Eli	18	ODAC VA	12/11/2009 2009 NC RSA Reindeer Meet
9	1:46.62 Y L	F	Quay, Ben	17	PSDN VA	12/3/2009 2009 PV Tom Dolan Invitational
10	1:46.66 Y	P	Weisberg, David	18	NOVA VA	12/3/2009 2009 PV Tom Dolan Invitational
Men 15-18 500 Free						
1	4:40.77 Y	P	Paryzek, Zachary	15	US VA	12/3/2009 2009 PV Tom Dolan Invitational
2	4:42.38 Y	P	Nicely, William	15	QSTS VA	12/3/2009 2009 PV Tom Dolan Invitational
3	4:43.33 Y	F	Stoffa, Gregory	16	QDD VA	1/23/2010 2010 QDD Snowflake Classic
4	4:45.13 Y	P	Gastrock, Ben	17	BAC VA	12/3/2009 2009 PV Tom Dolan Invitational
5	4:46.38 Y	F	Zoldork, Anthony	15	VACS VA	12/11/2009 2009 NC RSA Reindeer Meet
6	4:46.63 Y	F	Bowers, Kody	17	ODAC VA	12/11/2009 2009 NC RSA Reindeer Meet
7	4:47.07 Y	F	Guzik, Eli	18	ODAC VA	12/11/2009 2009 NC RSA Reindeer Meet
8	4:48.12 Y	P	Kerner, Travis	16	PSDN VA	12/3/2009 2009 PV Tom Dolan Invitational
9	4:48.20 Y	F	Resch, Robert	17	SHKS VA	12/11/2009 2009 NC RSA Reindeer Meet
10	4:48.58 Y	P	Hunt, Kevin	16	NOVA VA	12/3/2009 2009 PV Tom Dolan Invitational
Men 15-18 1000 Free						
1	9:36.38 Y	F	Nicely, William	15	QSTS VA	12/3/2009 2009 PV Tom Dolan Invitational
2	9:39.77 Y	F	Paryzek, Zachary	15	US VA	12/11/2009 2009 NC RSA Reindeer Meet
3	9:42.28 Y	F	Stoffa, Gregory	16	QDD VA	1/23/2010 2010 QDD Snowflake Classic
4	9:48.14 Y	F	Hunt, Kevin	16	NOVA VA	12/3/2009 2009 PV Tom Dolan Invitational
5	9:48.68 Y	F	Kerner, Travis	16	PSDN VA	12/3/2009 2009 PV Tom Dolan Invitational
6	9:55.06 Y	F	Zoldork, Anthony	15	VACS VA	12/11/2009 2009 NC RSA Reindeer Meet

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Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
7	9:58.44 Y	F	Kimble, Cole	16	SHKS VA	12/11/2009	2009 NC RSA Reindeer Meet
8	10:00.98 Y	F	Adams, Mark	16	CCA VA	12/10/2009	2009 PV Sport Fair Winter Classic
9	10:01.75 Y	F	Stronko, Samuel	15	QDD VA	12/11/2009	2009 NBAC CHRISTMAS INVITATIONAL M
10	10:02.24 Y	F	McDonnell, Ryan	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
Men 15-18 1650 Free							
1	16:07.24 Y	F	Nicely, William	15	QSTS VA	12/3/2009	2009 PV Tom Dolan Invitational
2	16:08.27 Y	F	Paryzek, Zachary	15	US VA	12/3/2009	2009 PV Tom Dolan Invitational
3	16:09.37 Y	F	Kerner, Travis	16	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
4	16:24.03 Y	F	Stoffa, Gregory	16	QDD VA	12/11/2009	2009 NBAC CHRISTMAS INVITATIONAL M
5	16:40.76 Y	F	McDonnell, Ryan	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
6	16:44.91 Y	F	Guzik, Eli	18	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
7	16:47.34 Y	F	Hockman, Jack	17	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
8	16:48.15 Y	F	Balderston, James	15	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
9	16:48.45 Y	F	West, Timothy	16	NOVA VA	1/15/2010	2010 NC RSA January Jubilee Meet
10	16:49.39 Y	F	Copeland, Chase	17	NOVA VA	1/15/2010	2010 NC RSA January Jubilee Meet
Men 15-18 100 Back							
1	52.45 Y	F	Copeland, Taylor	15	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
2	52.73 Y	P	Gebert, Jorah	17	UN VA	2/19/2010	2010 VA VSIS Swimming & Diving
3	52.98 Y	F	Copeland, Chase	17	NOVA VA	1/15/2010	2010 NC RSA January Jubilee Meet
4	53.04 Y	F	Knuth, Robert	18	UN VA	2/6/2010	2010 VA TCIS Championship Swim
5	53.54 Y	F	Barden, Justin	15	UN VA	2/18/2010	2010 VA AA-A STATE CHAMPIONSHI
6	53.76 Y	F	Barnes, Conner	17	VYAC VA	12/11/2009	2009 NC RSA Reindeer Meet
7	54.41 Y	F	Russo, Salvatore	16	UN VA	2/19/2010	2010 VA VSIS Swimming & Diving
8	54.42 Y	P	Barlow, Darren	16	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
9*	54.56 Y	F	McGraw, Trey	18	GATR VA	12/18/2009	2009 AM Xmas Invitational-TPIT
9*	54.56 Y	P	Phelps, Zack	15	UN VA	2/18/2010	2010 VA AA-A STATE CHAMPIONSHI
Men 15-18 200 Back							
1	1:53.07 Y	P	Copeland, Chase	17	NOVA VA	1/15/2010	2010 NC RSA January Jubilee Meet
2	1:54.89 Y	F	Copeland, Taylor	15	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
3	1:55.66 Y	P	Reynolds, Joshua	16	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
4	1:56.47 Y	P	Barden, Justin	15	BASS VA	12/10/2009	2009 PV Sport Fair Winter Classic
5	1:57.03 Y	F	Russo, Salvatore	16	CCA VA	12/10/2009	2009 PV Sport Fair Winter Classic
6	1:57.06 Y	F	Morales, Ian	17	WAYS VA	12/11/2009	2009 Holiday Meet
7	1:57.45 Y	P	Latimer, Matthew	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
8	1:57.53 Y	P	West, Timothy	16	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
9	1:58.30 Y	F	Phelps, Zack	15	HOKI VA	12/4/2009	2009 SE Meet of Champs
10	1:58.91 Y	P	Graves, Dusty	17	LASO VA	12/4/2009	2009 NC NSS 13-14/Senior Winter Invitatioi
Men 15-18 100 Breast							
1	58.95 Y	P	Masters, Alexander	16	UN VA	2/19/2010	2010 VA VSIS Swimming & Diving
2	59.21 Y	P	Quay, Ben	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
3	59.99 Y	F	Howell, Nicolas	17	UN VA	2/19/2010	2010 VA VSIS Swimming & Diving
4	1:00.03 Y	F	Housh, Kurt	18	UN VA	2/19/2010	2010 VA VSIS Swimming & Diving
5	1:00.09 Y	F	Williams, Chase	15	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
6	1:00.39 Y	F	Bissell, Logan	16	US VA	12/11/2009	2009 NC RSA Reindeer Meet
7	1:00.99 Y	P	Broderick, Kevin	17	UN VA	2/18/2010	2010 VA AA-A STATE CHAMPIONSHI
8	1:01.14 Y	F	Hartman, Bryce	16	UN VA	1/9/2010	2010 VA Twenty-first Annual Kecoughtan
9	1:01.28 Y	P	Nicely, William	15	QSTS VA	12/3/2009	2009 PV Tom Dolan Invitational
10	1:01.53 Y	P	Carr, Quint	18	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
Men 15-18 200 Breast							
1	2:09.09 Y	F	Williams, Chase	15	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
2	2:12.06 Y	P	Gastrock, Ben	17	BAC VA	12/3/2009	2009 PV Tom Dolan Invitational

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Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
3	2:12.46 Y	F	Bissell, Logan	16	US VA	12/11/2009	2009 NC RSA Reindeer Meet
4	2:12.68 Y	P	Nicely, William	15	QSTS VA	12/3/2009	2009 PV Tom Dolan Invitational
5	2:13.78 Y	P	Quay, Ben	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
6	2:14.15 Y	F	Housh, Kurt	18	FUAC VA	12/18/2009	2009 AM Xmas Invitational-TPIT
7*	2:14.80 Y	F	Hopkins, Brandon	16	LASO VA	12/4/2009	2009 NC NSS 13-14/Senior Winter Invitational
7*	2:14.80 Y	F	Perez, Tyler	18	QDD VA	12/11/2009	2009 NBAC CHRISTMAS INVITATIONAL M
9	2:14.84 Y	P	McDonnell, Ryan	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
10	2:15.02 Y	F	Bowles, Charley	15	CGBD VA	12/11/2009	2009 NC RSA Reindeer Meet
Men 15-18 100 Fly							
1	51.76 Y	F	Gebert, Jorah	17	FUAC VA	12/18/2009	2009 AM Xmas Invitational-TPIT
2	52.32 Y	F	Tyler, Ned	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
3	52.47 Y	F	Lynn, Garrett	15	UN VA	1/9/2010	2010 VA Twenty-first Annual Kecoughtan
4	52.89 Y	F	Ferguson, Thomas	15	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
5	53.23 Y	F	Montes de Oca, Alex	15	BASS VA	12/10/2009	2009 PV Sport Fair Winter Classic
6	53.46 Y	F	Barden, Justin	15	BASS VA	12/10/2009	2009 PV Sport Fair Winter Classic
7	53.50 Y	P	Hesser, Matthew	18	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
8	53.51 Y	F	Totten, Charles	17	UN VA	2/19/2010	2010 VA VSIS Swimming & Diving
9	53.68 Y	P	Barnes, Conner	17	VYAC VA	12/11/2009	2009 NC RSA Reindeer Meet
10	53.70 Y	F	Gastrock, Ben	17	BAC VA	12/11/2009	Phoenix Ice Breaker Invitational
Men 15-18 200 Fly							
1	1:54.67 Y	F	Zoldork, Anthony	15	VACS VA	12/11/2009	2009 NC RSA Reindeer Meet
2	1:57.58 Y	F	Paryzek, Zachary	15	US VA	12/11/2009	2009 NC RSA Reindeer Meet
3	1:57.72 Y	F	Dunham, Preston	15	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
4	1:58.34 Y	P	Hesser, Matthew	18	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
5	1:58.51 Y	P	Hockman, Jack	17	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
6	1:58.52 Y	F	Montes de Oca, Alex	15	BASS VA	1/30/2010	2010 BASS Winter Warm Up
7	1:58.61 Y	P	Graves, Dusty	17	LASO VA	12/4/2009	2009 NC NSS 13-14/Senior Winter Invitational
8	1:58.96 Y	P	Nester, John	16	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
9	1:59.15 Y	P	West, Timothy	16	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
10	1:59.16 Y	F	Simon, Derek	17	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
Men 15-18 200 IM							
1	1:56.35 Y	F	Williams, Chase	15	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
2	1:57.35 Y	P	McDonnell, Ryan	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
3	1:57.40 Y	P	Quay, Ben	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
4	1:59.00 Y	P	Nicely, William	15	QSTS VA	12/3/2009	2009 PV Tom Dolan Invitational
5	1:59.09 Y	P	Gastrock, Ben	17	BAC VA	12/3/2009	2009 PV Tom Dolan Invitational
6	1:59.36 Y	F	Perez, Tyler	18	UN VA	2/15/2010	2010 VA NW Regional Swimming C
7	1:59.46 Y	F	Morales, Ian	17	WAYS VA	12/11/2009	2009 Holiday Meet
8	1:59.56 Y	P	Hesser, Matthew	18	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
9	1:59.72 Y	P	West, Timothy	16	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
10	1:59.86 Y	F	Graves, Dusty	17	LASO VA	12/4/2009	2009 NC NSS 13-14/Senior Winter Invitational
Men 15-18 400 IM							
1	4:05.58 Y	F	Williams, Chase	15	ODAC VA	12/11/2009	2009 NC RSA Reindeer Meet
2	4:06.16 Y	P	McDonnell, Ryan	17	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
3	4:06.74 Y	P	Nicely, William	15	QSTS VA	12/3/2009	2009 PV Tom Dolan Invitational
4	4:11.04 Y	P	West, Timothy	16	NOVA VA	12/3/2009	2009 PV Tom Dolan Invitational
5	4:11.85 Y	F	Zoldork, Anthony	15	VACS VA	12/11/2009	2009 NC RSA Reindeer Meet
6	4:12.52 Y	F	Paryzek, Zachary	15	US VA	12/11/2009	2009 NC RSA Reindeer Meet
7	4:13.63 Y	P	Hesser, Matthew	18	PSDN VA	12/3/2009	2009 PV Tom Dolan Invitational
8	4:14.16 Y	F	Copeland, Chase	17	NOVA VA	1/15/2010	2010 NC RSA January Jubilee Meet
9	4:14.75 Y	F	Gastrock, Ben	17	BAC VA	12/11/2009	Phoenix Ice Breaker Invitational

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Individual Top Times

Number of Top Times: 10 Show Yards Only

	Time	P/F/S	Name	Age/Yr				
10	4:14.95 Y	F	Perez, Tyler	18	QDD VA	12/11/2009	2009 NBAC CHRISTMAS INVITATIONAL M	