

Dear Zone Participants,

Congratulations on qualifying for the 2008 Eastern Zone Meet in Buffalo, NY. We will depart Wednesday 04/02/08 and return Sunday 04/06/08. The cost of the cost of this trip is \$380.00. Method of payment is cash or check. You can view our tentative itinerary on [www.virginiaswimming.org](http://www.virginiaswimming.org).

Each swimmer is provided a uniform (Bag additional \$35), transportation, lodging, breakfast and dinner. Swimmers are responsible for lunch. The team usually lunches at a food court.

In packing for this trip, keep in mind you are at a meet where a uniform is required. Label everything and do not pack any unnecessary clothing. You are also welcome to bring a small cooler with *Gatorade* and healthy snacks. You may even want some extra money for a t-shirt or concessions at the pool. Parents of 10 & Unders: please be advised that they do not have finals and will have some down time during the trip. You may want to pack cards, books, small games, etc.... Lastly, I look forward to traveling with your athlete and making this a safe and positive experience for all. Please feel free to contact me if needed prior to this trip. E-mail is the best way.

Sincerely,  
Caycee Buscaglia  
Zone Team Manager  
bb2cp@aol.com

If needing to mail forms please send to:  
12711 Walton Ridge Ln.  
Midlothian, VA 23114

Hotel info  
Adams Mark Hotel  
120 Church Street  
Buffalo, NY 14202  
716-845-5100  
[www.adamsmark.com](http://www.adamsmark.com)

Parents wanting to stay at hotel need to take care of own arrangements no block has been reserved for you.