

## VIRGINIA SWIMMING 2005 SHORT COURSE ZONE MEET

The 2005 Short Course Eastern Zone meet will be held at  
Gloucester County Institute of Technology  
Sewell, NJ  
March 31 - April 2, 2005

**Please sign and return immediately to:**

**Pam Parrish  
13317 Rollingwood Lane  
Montpelier, VA. 23192  
pamela.parrish@anthem.com**

My Son/Daughter \_\_\_\_\_  
Name Age Club

Birthdate: \_\_\_\_\_

**WILL** \_\_\_\_\_ attend Eastern Zones if selected to be a member of the  
2005 SHORT COURSE ZONE TEAM.

Departure Point if selected: \_\_\_\_\_  
(Newport News/Richmond/Staunton/Fredricksburg)

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My Son/Daughter \_\_\_\_\_  
Name Age Club

Birthdate: \_\_\_\_\_

**WILL NOT** \_\_\_\_\_ attend Eastern Zones if selected to be a member of  
the 2005 SHORT COURSE ZONE TEAM.