

Virginia Swimming

2013

Individual Top Times

Show Long Course Only

Time	P/F/S	Event					
Adams, Courtney (16) W							NOVA-VA
2:54.08	L	Zone	P	200	Breast	6/27/2013	2013 TYR BSS Summer Classic
Adkins, Claire (18) W							CCA-VA
4:46.70	L	Zone	F	400	Free	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Meet
Aiken, Riley (15) W							NOVA-VA
4:46.67	L	Zone	F	400	Free	6/27/2013	2013 TYR BSS Summer Classic
Baker, Madison (18) W							QSTS-VA
2:15.19	L	Zone	P	200	Free	5/9/2013	Poseidon Classic 2013
4:38.46	L	Zone	F	400	Free	5/9/2013	Poseidon Classic 2013
18:27.31	L	Zone	F	1500	Free	6/21/2013	10th Annual YSSC LC Firecracker
Baldwin, Peyton (16) W							CGBD-VA
2:16.11	L	Zone	F	200	Free	6/21/2013	CGBD Summer Madness LC Invitational
4:46.90	L	Zone	P	400	Free	6/21/2013	CGBD Summer Madness LC Invitational
2:33.55	L	Zone	F	200	Back	5/31/2013	2013 TAC LC Spring Luau
1:05.46	L	Zone	F	100	Fly	6/21/2013	CGBD Summer Madness LC Invitational
2:29.54	L	Zone	F	200	Fly	5/31/2013	2013 TAC LC Spring Luau
2:33.35	L	Zone	F	200	IM	6/21/2013	CGBD Summer Madness LC Invitational
Barney, Katherine (18) W							TIDE-VA
28.39	L	Zone	S	50	Free	6/21/2013	CGBD Summer Madness LC Invitational
Beattie, Jenna (15) W							CGBD-VA
4:46.01	L	Zone	F	400	Free	6/21/2013	CGBD Summer Madness LC Invitational
9:39.40	L	Zone	F	800	Free	6/21/2013	CGBD Summer Madness LC Invitational
5:30.07	L	Zone	F	400	IM	5/31/2013	2013 TAC LC Spring Luau
Beattie, Jessica (15) W							CGBD-VA
1:11.59	L	Zone	F	100	Back	6/21/2013	CGBD Summer Madness LC Invitational
2:32.27	L	Zone	F	200	Back	5/31/2013	2013 TAC LC Spring Luau
1:22.30	L	Zone	F	100	Breast	6/21/2013	CGBD Summer Madness LC Invitational
2:55.45	L	Zone	P	200	Breast	8/8/2012	2012 Eastern Zone Long Course Championship
1:09.62	L	Zone	F	100	Fly	5/3/2013	Tide LC Spring Challenge
2:30.91	L	Zone	F	200	IM	5/31/2013	2013 TAC LC Spring Luau
5:18.53	L	Zone	F	400	IM	6/21/2013	CGBD Summer Madness LC Invitational
Bivens, Hailey (17) W							UN-VA
28.36	L	Zone	F	50	Free	5/31/2013	2013 VA HOKI Spring into Summ
2:15.98	L	Zone	F	200	Free	5/31/2013	2013 VA HOKI Spring into Summ
1:12.42	L	Zone	F	100	Back	5/31/2013	2013 VA HOKI Spring into Summ
Breeger, Jillian (16) W							CGBD-VA
28.25	L	Zone	P	50	Free	5/17/2013	2013 NC Josh Weaver Memorial M
1:03.49	L	Zone	F	100	Free	5/17/2013	2013 NC Josh Weaver Memorial M
1:08.85	L	Zone	F	100	Fly	5/31/2013	2013 TAC LC Spring Luau
Browning, Sarah (17) W							BAC-VA
1:03.02	L	Zone	P	100	Free	5/9/2013	Poseidon Classic 2013
2:15.18	L	Zone	F	200	Free	6/28/2013	2013 Last Chance Meet
4:35.37	L	Zone	F	400	Free	5/9/2013	Poseidon Classic 2013
9:30.85	L	Zone	F	800	Free	6/28/2013	2013 Last Chance Meet
18:28.24	L	Zone	F	1500	Free	4/19/2013	VADC Spring Splash
1:12.51	L	Zone	F	100	Back	4/19/2013	VADC Spring Splash
2:34.71	L	Zone	F	200	Back	4/19/2013	VADC Spring Splash
2:29.97	L	Zone	F	200	IM	5/9/2013	Poseidon Classic 2013
5:09.03	L	Zone	F	400	IM	6/28/2013	2013 Last Chance Meet
Butler, Elizabeth (17) W (Yr: 10)							RAYS-VA
1:02.96	L	Zone	F	100	Free	5/31/2013	River City Open A/BB/B/C
2:16.78	L	Zone	F	200	Free	5/31/2013	River City Open A/BB/B/C
2:55.12	L	Zone	F	200	Breast	5/9/2013	Poseidon Classic 2013
Carr, Jennifer (15) W							NOVA-VA

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Time	P/F/S	Event	
Carr, Jennifer (15) W			NOVA-VA
1:11.77 L Zone F	100 Back	6/14/2013	2013 NC WAVE Capital City Invi
2:33.27 L Zone F	200 Back	6/14/2013	2013 NC WAVE Capital City Invi
5:29.48 L Zone F	400 IM	6/14/2013	2013 NC WAVE Capital City Invi
Carson, Mary (16) W			ODAC-VA
1:09.17 L Zone F	100 Fly	6/27/2013	2013 TYR BSS Summer Classic
Cartagena, Taylor (17) W			NOVA-VA
2:53.71 L Zone F	200 Breast	6/27/2013	2013 TYR BSS Summer Classic
2:33.10 L Zone P	200 IM	6/27/2013	2013 TYR BSS Summer Classic
Christy, Alexandra (18) W			WAC-VA
1:22.27 L Zone P	100 Breast	5/9/2013	Poseidon Classic 2013
1:09.89 L Zone P	100 Fly	5/9/2013	Poseidon Classic 2013
Clark, Leigh-ann (17) W			CGBD-VA
27.79 L Zone P	50 Free	6/21/2013	CGBD Summer Madness LC Invitational
1:01.49 L Zone F	100 Free	6/21/2013	CGBD Summer Madness LC Invitational
2:13.71 L Zone F	200 Free	6/21/2013	CGBD Summer Madness LC Invitational
2:35.04 L Zone F	200 Back	5/31/2013	2013 TAC LC Spring Luau
1:21.44 L Zone F	100 Breast	6/21/2013	CGBD Summer Madness LC Invitational
2:35.35 L Zone P	200 IM	5/17/2013	2013 NC Josh Weaver Memorial M
Coates, Mary (15) W			TIDE-VA
28.78 L Zone F	50 Free	5/3/2013	Tide LC Spring Challenge
1:11.39 L Zone F	100 Back	5/3/2013	Tide LC Spring Challenge
2:31.33 L Zone F	200 Back	5/31/2013	2013 TAC LC Spring Luau
2:35.53 L Zone F	200 IM	6/28/2013	2013 Last Chance Meet
Cowher, Lauren (16) W			CCA-VA
28.76 L Zone F	50 Free	5/31/2013	2013 VA HOKI Spring into Summ
1:03.07 L Zone F	100 Free	5/31/2013	2013 VA HOKI Spring into Summ
Cummings, Mackenzie (15) W			UNAT-VA
1:20.68 L Zone F	100 Breast	5/31/2013	2013 TAC LC Spring Luau
2:51.74 L Zone F	200 Breast	5/31/2013	2013 TAC LC Spring Luau
Dambacher, Kelsey (15) W			QSTS-VA
28.05 L L Zone F	50 Free	8/8/2012	2012 Eastern Zone Long Course Championship
1:00.67 L Zone F	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship
2:13.48 L Zone F	200 Free	5/9/2013	Poseidon Classic 2013
4:42.79 L Zone F	400 Free	6/21/2013	10th Annual YSSC LC Firecracke
9:46.48 L Zone F	800 Free	5/9/2013	Poseidon Classic 2013
1:09.26 L Zone F	100 Back	8/8/2012	2012 Eastern Zone Long Course Championship
2:33.53 L Zone P	200 Back	6/21/2013	10th Annual YSSC LC Firecracke
2:35.07 L Zone P	200 IM	8/8/2012	2012 Eastern Zone Long Course Championship
Deglau, Elizabeth (16) W			NOVA-VA
2:35.16 L Zone P	200 IM	6/27/2013	2013 TYR BSS Summer Classic
Degner, Katherine (15) W			TAC-VA
9:34.85 L Zone F	800 Free	3/23/2013	2013 SEVA LC Head Start Meet
Denison, Hannah (16) W			RACE-VA
1:02.63 L Zone F	100 Free	5/31/2013	River City Open A/BB/B/C
1:09.22 L Zone F	100 Fly	5/9/2013	Poseidon Classic 2013
Denning, Lori (16) W			TAC-VA
1:03.37 L Zone P	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship
2:16.36 L Zone F	200 Free	5/3/2013	Tide LC Spring Challenge
2:34.88 L Zone P	200 Back	8/8/2012	2012 Eastern Zone Long Course Championship
Dickinson, Anna (16) W			TIDE-VA
28.83 L Zone P	50 Free	6/28/2013	2013 Last Chance Meet
1:11.24 L Zone F	100 Back	6/28/2013	2013 Last Chance Meet
1:19.85 L Zone F	100 Breast	6/28/2013	2013 Last Chance Meet

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Time	P/F/S	Event				
Dickinson, Anna (16) W						TIDE-VA
2:49.27 L Zone	F	200 Breast	6/28/2013	2013 Last Chance Meet		
2:33.15 L Zone	F	200 IM	6/28/2013	2013 Last Chance Meet		
DuMez, Rachel (18) W						VSTP-VA
1:09.38 L Zone	F	100 Back	5/9/2013	Poseidon Classic 2013		
1:09.38 L Zone	F	100 Fly	5/9/2013	Poseidon Classic 2013		
Erard, Emily (15) W						NOVA-VA
1:11.24 L Zone	P	100 Back	6/14/2013	2013 NC WAVE Capital City Invi		
2:33.04 L Zone	P	200 Back	6/14/2013	2013 NC WAVE Capital City Invi		
Escobar, Mary Bernadette (16) W						ODAC-VA
4:42.78 L Zone	P	400 Free	6/27/2013	2013 TYR BSS Summer Classic		
1:11.66 L Zone	F	100 Back	5/31/2013	2013 TAC LC Spring Luau		
2:30.73 L Zone	F	200 Back	6/27/2013	2013 TYR BSS Summer Classic		
1:09.32 L Zone	P	100 Fly	6/27/2013	2013 TYR BSS Summer Classic		
2:34.90 L Zone	F	200 IM	6/27/2013	2013 TYR BSS Summer Classic		
5:28.87 L Zone	F	400 IM	6/27/2013	2013 TYR BSS Summer Classic		
Fanz, Casey (15) W						PSDN-VA
26.92 L Zone	F	50 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
1:00.18 L Zone	F	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
2:15.32 L Zone	F	200 Free	4/19/2013	VADC Spring Splash		
4:44.87 L Zone	F	400 Free	4/19/2013	VADC Spring Splash		
1:07.65 L Zone	F	100 Back	8/8/2012	2012 Eastern Zone Long Course Championship		
2:27.89 L Zone	F	200 Back	8/8/2012	2012 Eastern Zone Long Course Championship		
Fredericksen, Sarah (18) W						LY-VA
1:07.86 L Zone	F	100 Fly	6/22/2013	TAC TITANS Bring the Heat Meet		
2:29.65 L Zone	F	200 Fly	6/22/2013	TAC TITANS Bring the Heat Meet		
Frizzell, Kelly (15) W						HOKI-VA
28.65 L Zone	P	50 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
1:01.15 L Zone	P	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
Fuller, Selina (17) W						NOVA-VA
1:02.48 L Zone	P	100 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
2:13.97 L Zone	F	200 Free	4/27/2013	Spring Long Course Elite Meet		
4:42.03 L Zone	F	400 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
9:21.56 L Zone	F	800 Free	5/9/2013	Poseidon Classic 2013		
1:07.26 L Zone	F	100 Back	4/27/2013	Spring Long Course Elite Meet		
2:24.20 L Zone	P	200 Back	5/17/2013	2013 NC Josh Weaver Memorial M		
1:06.44 L Zone	F	100 Fly	4/27/2013	Spring Long Course Elite Meet		
2:28.17 L Zone	F	200 Fly	4/27/2013	Spring Long Course Elite Meet		
Garrity, Keara (15) W						STAT-VA
1:03.01 L Zone	P	100 Free	6/21/2013	CGBD Summer Madness LC Invitational		
2:15.12 L Zone	P	200 Free	5/24/2013	2013 Virginia LC State Championships		
4:46.06 L Zone	F	400 Free	5/24/2013	2013 Virginia LC State Championships		
1:12.10 L Zone	P	100 Back	5/24/2013	2013 Virginia LC State Championships		
2:34.73 L Zone	P	200 IM	5/24/2013	2013 Virginia LC State Championships		
Gaskill, Kati (17) W						PWSC-VA
1:11.76 L Zone	F	100 Back	5/31/2013	River City Open A/BB/B/C		
Gullquist, Haley (16) W						NOVA-VA
2:35.19 L Zone	F	200 Back	6/27/2013	2013 TYR BSS Summer Classic		
Hague, Taylor (18) W						QSTS-VA
1:11.02 L Zone	F	100 Back	5/9/2013	Poseidon Classic 2013		
Hall, Bailey (18) W						NOVA-VA
2:16.82 L Zone	P	200 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
4:34.33 L Zone	F	400 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
9:39.57 L Zone	F	800 Free	5/9/2013	Poseidon Classic 2013		

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Time	P/F/S	Event				
Hall, Bailey (18) W						
18:01.61 L Zone	F	1500 Free	6/14/2013	2013 NC WAVE Capital City Invi		NOVA-VA
2:24.26 L Zone	F	200 Fly	6/14/2013	2013 NC WAVE Capital City Invi		
5:17.89 L Zone	F	400 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
Harman, Maggie (16) W						
1:03.87 L Zone	P	100 Free	5/9/2013	Poseidon Classic 2013		GATR-VA
2:13.61 L Zone	F	200 Free	5/9/2013	Poseidon Classic 2013		
4:36.24 L Zone	P	400 Free	5/9/2013	Poseidon Classic 2013		
2:35.05 L Zone	P	200 Back	5/9/2013	Poseidon Classic 2013		
1:09.20 L Zone	F	100 Fly	5/9/2013	Poseidon Classic 2013		
Harper, Hannah (17) W						
1:08.17 L Zone	F	100 Fly	6/28/2013	2013 Last Chance Meet		GATR-VA
2:32.01 L Zone	P	200 IM	6/28/2013	2013 Last Chance Meet		
Harrington, Maya (16) W						
1:03.85 L Zone	F	100 Free	5/3/2013	Tide LC Spring Challenge		TAC-VA
1:20.78 L Zone	F	100 Breast	5/3/2013	Tide LC Spring Challenge		
2:53.61 L Zone	F	200 Breast	5/3/2013	Tide LC Spring Challenge		
2:34.49 L Zone	F	200 IM	5/3/2013	Tide LC Spring Challenge		
Henry, Caroline (15) W						
1:11.20 L Zone	P	100 Back	8/8/2012	2012 Eastern Zone Long Course Championship		PSDN-VA
2:31.70 L Zone	P	200 Back	8/8/2012	2012 Eastern Zone Long Course Championship		
Henry, Kelly (17) W						
1:03.20 L Zone	F	100 Free	5/31/2013	River City Open A/BB/B/C		PWSC-VA
1:21.96 L Zone	F	100 Breast	5/31/2013	River City Open A/BB/B/C		
2:52.77 L Zone	F	200 Breast	5/31/2013	River City Open A/BB/B/C		
2:33.25 L Zone	F	200 IM	5/31/2013	River City Open A/BB/B/C		
5:28.10 L Zone	F	400 IM	5/4/2013	2013 Jeff Rouse Open Invitational		
Horner, Caitlin (16) W						
27.98 L Zone	F	50 Free	5/9/2013	Poseidon Classic 2013		SEVA-VA
1:01.79 L Zone	F	100 Free	6/21/2013	CGBD Summer Madness LC Invitational		
2:16.70 L Zone	F	200 Free	6/21/2013	CGBD Summer Madness LC Invitational		
1:10.24 L Zone	F	100 Back	6/21/2013	CGBD Summer Madness LC Invitational		
Howell, Margaret (15) W (Yr: 9)						
1:11.04 L Zone	P	100 Back	5/9/2013	Poseidon Classic 2013		RAYS-VA
2:34.66 L Zone	F	200 Back	5/31/2013	River City Open A/BB/B/C		
Hunt, Norah (15) W						
1:04.05 L Zone	F	100 Free	5/4/2013	2013 Jeff Rouse Open Invitational		SMAC-VA
2:12.80 L Zone	F	200 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
4:36.68 L Zone	F	400 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
9:19.28 L Zone	F	800 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
17:47.33 L Zone	F	1500 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
1:09.62 L Zone	F	100 Fly	5/4/2013	2013 Jeff Rouse Open Invitational		
2:25.09 L Zone	P	200 Fly	8/8/2012	2012 Eastern Zone Long Course Championship		
5:26.14 L Zone	P	400 IM	8/8/2012	2012 Eastern Zone Long Course Championship		
Hynes, Susan (16) W						
1:00.47 L Zone	P	100 Free	6/27/2013	2013 TYR BSS Summer Classic		ODAC-VA
2:10.61 L Zone	F	200 Free	6/27/2013	2013 TYR BSS Summer Classic		
4:45.21 L Zone	F	400 Free	5/3/2013	Tide LC Spring Challenge		
1:15.57 L Zone	F	100 Breast	6/27/2013	2013 TYR BSS Summer Classic		
2:44.78 L Zone	F	200 Breast	6/27/2013	2013 TYR BSS Summer Classic		
1:09.10 L Zone	P	100 Fly	6/27/2013	2013 TYR BSS Summer Classic		
2:25.63 L Zone	P	200 IM	6/27/2013	2013 TYR BSS Summer Classic		
5:15.91 L Zone	F	400 IM	6/27/2013	2013 TYR BSS Summer Classic		
Ikenberry, Hannah (15) W						
2:14.10 L Zone	F	200 Free	5/9/2013	Poseidon Classic 2013		BAC-VA

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Time	P/F/S	Event				
Ikenberry, Hannah (15) W						BAC-VA
4:36.32 L	Zone F	400 Free	5/9/2013	Poseidon Classic 2013		
9:34.09 L	Zone F	800 Free	6/28/2013	2013 Last Chance Meet		
18:12.51 L	Zone F	1500 Free	5/9/2013	Poseidon Classic 2013		
1:10.26 L	Zone F	100 Back	5/9/2013	Poseidon Classic 2013		
2:27.46 L	Zone F	200 Back	5/9/2013	Poseidon Classic 2013		
2:34.39 L	Zone P	200 IM	6/28/2013	2013 Last Chance Meet		
5:22.49 L	Zone F	400 IM	5/9/2013	Poseidon Classic 2013		
Jackman, Nicole (15) W						QSTS-VA
1:21.48 L	Zone F	100 Breast	5/9/2013	Poseidon Classic 2013		
Johnson, Annalee (16) W (Yr: 08)						RAYS-VA
1:03.57 L	Zone P	100 Free	5/9/2013	Poseidon Classic 2013		
Jones, Abigail (16) W						NOVA-VA
1:10.46 L	Zone P	100 Back	6/14/2013	2013 NC WAVE Capital City Invi		
1:09.77 L	Zone P	100 Fly	5/17/2013	2013 NC Josh Weaver Memorial M		
5:19.71 L	Zone F	400 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
Jones, Courtney (16) W						RPST-VA
1:02.88 L L	Zone F	100 Free	6/21/2013	Winchester LC Invitational A/BB/B/C		
1:10.62 L	Zone F	100 Back	5/9/2013	Poseidon Classic 2013		
2:34.45 L	Zone F	200 Back	5/9/2013	Poseidon Classic 2013		
Jones, Taylor (16) W						ODAC-VA
27.66 L	Zone P	50 Free	6/27/2013	2013 TYR BSS Summer Classic		
1:02.01 L	Zone F	100 Free	6/27/2013	2013 TYR BSS Summer Classic		
1:12.45 L	Zone F	100 Back	6/27/2013	2013 TYR BSS Summer Classic		
1:09.52 L	Zone F	100 Fly	6/27/2013	2013 TYR BSS Summer Classic		
Kimball, Danielle (18) W						CGBD-VA
1:10.74 L	Zone F	100 Back	5/17/2013	2013 NC Josh Weaver Memorial M		
Kish, Mary (17) W						PSDN-VA
28.29 L	Zone P	50 Free	6/28/2013	2013 Last Chance Meet		
1:01.23 L	Zone P	100 Free	5/9/2013	Poseidon Classic 2013		
2:09.93 L	Zone F	200 Free	5/9/2013	Poseidon Classic 2013		
4:29.88 L	Zone F	400 Free	6/28/2013	2013 Last Chance Meet		
9:17.86 L	Zone F	800 Free	5/9/2013	Poseidon Classic 2013		
1:08.57 L	Zone P	100 Back	6/28/2013	2013 Last Chance Meet		
2:25.63 L	Zone F	200 Back	5/31/2013	River City Open A/BB/B/C		
1:07.11 L	Zone P	100 Fly	6/28/2013	2013 Last Chance Meet		
2:24.76 L	Zone F	200 Fly	6/28/2013	2013 Last Chance Meet		
2:25.72 L	Zone F	200 IM	5/9/2013	Poseidon Classic 2013		
5:05.65 L	Zone F	400 IM	4/19/2013	VADC Spring Splash		
Kleveno, Elizabeth (18) W (Yr: 11)						RAYS-VA
1:08.60 L	Zone P	100 Fly	5/9/2013	Poseidon Classic 2013		
Kulp, Natalie (15) W						GATR-VA
4:46.38 L	Zone P	400 Free	5/9/2013	Poseidon Classic 2013		
2:34.76 L	Zone F	200 Back	5/9/2013	Poseidon Classic 2013		
Lane, Annie (17) W						CCA-VA
27.90 L	Zone F	50 Free	5/31/2013	2013 VA HOKI Spring into Summ		
1:02.48 L	Zone F	100 Free	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Meet		
2:14.09 L	Zone F	200 Free	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Meet		
4:44.21 L	Zone F	400 Free	5/31/2013	2013 VA HOKI Spring into Summ		
2:33.21 L	Zone F	200 Back	5/31/2013	2013 VA HOKI Spring into Summ		
1:20.27 L	Zone F	100 Breast	5/31/2013	2013 VA HOKI Spring into Summ		
5:26.82 L	Zone F	400 IM	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Meet		
Lane, Hailey (18) W						NOVA-VA
28.31 L	Zone P	50 Free	5/17/2013	2013 NC Josh Weaver Memorial M		

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Time	P/F/S	Event	
Lane, Hailey (18) W			NOVA-VA
1:03.98 L Zone P	100 Free	5/17/2013	2013 NC Josh Weaver Memorial M
1:18.78 L Zone F	100 Breast	5/17/2013	2013 NC Josh Weaver Memorial M
Little, Isabelle (18) W			YGR-VA
1:03.20 L Zone F	100 Free	6/21/2013	2013 Subway Commonwealth Games of VA
1:20.90 L Zone F	100 Breast	6/21/2013	2013 Subway Commonwealth Games of VA
2:55.40 L Zone F	200 Breast	6/21/2013	2013 Subway Commonwealth Games of VA
Loch, Kaylin (15) W			SEVA-VA
1:21.03 L Zone F	100 Breast	6/27/2013	2013 TYR BSS Summer Classic
2:55.30 L Zone F	200 Breast	6/27/2013	2013 TYR BSS Summer Classic
Lockman, Emma (15) W			GATR-VA
28.82 L Zone P	50 Free	6/28/2013	2013 Last Chance Meet
1:12.21 L Zone F	100 Back	6/28/2013	2013 Last Chance Meet
2:33.71 L Zone F	200 Back	6/21/2013	2013 Subway Commonwealth Games of VA
2:31.89 L Zone F	200 IM	6/28/2013	2013 Last Chance Meet
Loud, Shannon (18) W			ODAC-VA
28.62 L Zone F	50 Free	6/27/2013	2013 TYR BSS Summer Classic
4:46.36 L Zone F	400 Free	6/27/2013	2013 TYR BSS Summer Classic
1:11.62 L Zone P	100 Back	6/27/2013	2013 TYR BSS Summer Classic
MacIsaac, Elyse (15) W			STAT-VA
1:19.22 L Zone F	100 Breast	6/21/2013	CGBD Summer Madness LC Invitational
2:51.08 L Zone F	200 Breast	5/24/2013	2013 Virginia LC State Championships
Magnusson, Elizabeth (16) W			QSTS-VA
27.67 L Zone F	50 Free	8/8/2012	2012 Eastern Zone Long Course Championship
1:01.05 L Zone F	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship
2:15.22 L Zone P	200 Free	5/9/2013	Poseidon Classic 2013
9:45.10 L Zone F	800 Free	5/9/2013	Poseidon Classic 2013
1:09.53 L Zone F	100 Back	4/19/2013	VADC Spring Splash
2:34.83 L Zone P	200 Back	5/9/2013	Poseidon Classic 2013
1:06.17 L Zone F	100 Fly	8/8/2012	2012 Eastern Zone Long Course Championship
5:29.87 L Zone F	400 IM	5/9/2013	Poseidon Classic 2013
Maltby, Elizabeth (18) W			PSDN-VA
1:02.50 L Zone F	100 Free	5/31/2013	River City Open A/BB/B/C
2:12.65 L Zone P	200 Free	5/9/2013	Poseidon Classic 2013
4:40.64 L Zone P	400 Free	6/28/2013	2013 Last Chance Meet
9:32.65 L Zone F	800 Free	5/9/2013	Poseidon Classic 2013
18:28.55 L Zone F	1500 Free	5/9/2013	Poseidon Classic 2013
2:34.33 L Zone F	200 Back	6/28/2013	2013 Last Chance Meet
2:34.73 L Zone P	200 IM	5/9/2013	Poseidon Classic 2013
Mandis, Sarah (15) W			ODAC-VA
1:02.72 L Zone P	100 Free	6/27/2013	2013 TYR BSS Summer Classic
2:16.11 L Zone P	200 Free	6/27/2013	2013 TYR BSS Summer Classic
4:41.79 L Zone F	400 Free	6/27/2013	2013 TYR BSS Summer Classic
Manthey, Julia (17) W			TCAC-VA
1:03.26 L Zone F	100 Free	4/19/2013	VADC Spring Splash
Mauzy, Ashley (16) W			LY-VA
1:11.54 L Zone F	100 Back	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Meet
2:34.61 L Zone F	200 Back	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Meet
Maw, Kathryn (16) W			CGBD-VA
2:30.82 L Zone F	200 Back	5/17/2013	2013 NC Josh Weaver Memorial M
McLemore, Christina (16) W			ODAC-VA
1:03.48 L Zone P	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship
2:16.93 L Zone F	200 Free	6/27/2013	2013 TYR BSS Summer Classic
1:06.55 L Zone F	100 Fly	8/8/2012	2012 Eastern Zone Long Course Championship

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Time	P/F/S	Event			
McLemore, Christina (16) W			ODAC-VA		
2:23.89 L Zone F	200 Fly	8/8/2012	2012 Eastern Zone Long Course Championship		
2:32.99 L Zone F	200 IM	6/27/2013	2013 TYR BSS Summer Classic		
5:23.12 L Zone P	400 IM	8/8/2012	2012 Eastern Zone Long Course Championship		
Meinke, Anna (15) W			LY-VA		
1:03.67 L Zone F	100 Free	6/22/2013	TAC TITANS Bring the Heat Meet		
2:15.68 L Zone F	200 Free	6/22/2013	TAC TITANS Bring the Heat Meet		
4:45.28 L Zone F	400 Free	6/22/2013	TAC TITANS Bring the Heat Meet		
1:12.00 L Zone F	100 Back	6/22/2013	TAC TITANS Bring the Heat Meet		
1:07.71 L Zone F	100 Fly	6/22/2013	TAC TITANS Bring the Heat Meet		
2:31.24 L Zone F	200 Fly	6/22/2013	TAC TITANS Bring the Heat Meet		
2:33.53 L Zone F	200 IM	6/22/2013	TAC TITANS Bring the Heat Meet		
5:18.79 L Zone F	400 IM	6/22/2013	TAC TITANS Bring the Heat Meet		
Morton, Corie (16) W			GATR-VA		
4:40.27 L Zone F	400 Free	6/28/2013	2013 Last Chance Meet		
1:21.10 L Zone F	100 Breast	6/28/2013	2013 Last Chance Meet		
2:50.57 L Zone F	200 Breast	6/28/2013	2013 Last Chance Meet		
2:32.30 L Zone F	200 IM	6/28/2013	2013 Last Chance Meet		
5:27.68 L Zone F	400 IM	6/28/2013	2013 Last Chance Meet		
Motter, Megan (15) W			TIDE-VA		
28.43 L Zone F	50 Free	5/31/2013	2013 TAC LC Spring Luau		
1:01.29 L Zone F	100 Free	5/3/2013	Tide LC Spring Challenge		
2:12.87 L Zone F	200 Free	5/31/2013	2013 TAC LC Spring Luau		
9:34.44 L Zone F	800 Free	5/3/2013	Tide LC Spring Challenge		
1:08.70 L Zone F	100 Back	5/3/2013	Tide LC Spring Challenge		
2:27.74 L Zone F	200 Back	5/3/2013	Tide LC Spring Challenge		
1:07.99 L Zone F	100 Fly	5/3/2013	Tide LC Spring Challenge		
2:28.67 L Zone F	200 IM	5/31/2013	2013 TAC LC Spring Luau		
5:15.21 L Zone F	400 IM	5/3/2013	Tide LC Spring Challenge		
Murphy, Madalyn (18) W			BAC-VA		
1:03.97 L Zone F	100 Free	4/19/2013	VADC Spring Splash		
1:19.62 L Zone F	100 Breast	4/19/2013	VADC Spring Splash		
2:49.09 L Zone F	200 Breast	5/9/2013	Poseidon Classic 2013		
2:35.03 L Zone F	200 IM	4/19/2013	VADC Spring Splash		
5:29.64 L Zone F	400 IM	5/9/2013	Poseidon Classic 2013		
Murphy, Molly (17) W			BAC-VA		
1:11.82 L Zone F	100 Back	4/19/2013	VADC Spring Splash		
2:34.91 L Zone F	200 Back	4/19/2013	VADC Spring Splash		
Nabhan, Nadia (15) W			MA-VA		
1:02.94 L Zone F	100 Free	4/19/2013	VADC Spring Splash		
2:16.18 L Zone F	200 Free	4/19/2013	VADC Spring Splash		
1:11.84 L Zone F	100 Back	4/19/2013	VADC Spring Splash		
Neilan, Larissa (17) W			BASS-VA		
1:19.66 L Zone F	100 Breast	6/21/2013	2013 Subway Commonwealth Games of VA		
2:54.54 L Zone F	200 Breast	6/21/2013	2013 Subway Commonwealth Games of VA		
Nelson, Tanner (15) W			NOVA-VA		
2:35.88 L Zone P	200 IM	5/9/2013	Poseidon Classic 2013		
Nezelek, Katherine (15) W			QSTS-VA		
28.66 L Zone F	50 Free	4/19/2013	VADC Spring Splash		
1:02.43 L Zone F	100 Free	4/19/2013	VADC Spring Splash		
1:11.20 L Zone F	100 Back	4/19/2013	VADC Spring Splash		
2:31.67 L Zone P	200 Back	5/9/2013	Poseidon Classic 2013		
Noga, Madison (16) W			GATR-VA		
1:08.85 L Zone F	100 Fly	6/21/2013	2013 Subway Commonwealth Games of VA		
2:30.63 L Zone F	200 Fly	6/21/2013	2013 Subway Commonwealth Games of VA		

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Time	P/F/S	Event					
Oberley, Elizabeth (16) W							ODAC-VA
5:30.43 L Zone	F	400 IM	6/27/2013	2013 TYR BSS Summer Classic			
Onweller, Bryn (16) W							BAC-VA
2:31.14 L Zone	F	200 Back	5/9/2013	Poseidon Classic 2013			
2:28.03 L Zone	F	200 Fly	6/28/2013	2013 Last Chance Meet			
2:32.42 L Zone	F	200 IM	6/28/2013	2013 Last Chance Meet			
5:28.70 L Zone	F	400 IM	5/9/2013	Poseidon Classic 2013			
Orsini, Alexandra (15) W							TIDE-VA
1:03.82 L Zone	P	100 Free	6/28/2013	2013 Last Chance Meet			
Pajimola-Konanui, Elizabeth (17) W							PSDN-VA
1:03.03 L Zone	P	100 Free	6/28/2013	2013 Last Chance Meet			
Pappas, Alexandra (16) W							NOVA-VA
5:27.42 L Zone	F	400 IM	6/14/2013	2013 NC WAVE Capital City Invi			
Parker, Joanna (16) W							PSDN-VA
2:16.55 L Zone	P	200 Free	5/9/2013	Poseidon Classic 2013			
4:43.77 L Zone	F	400 Free	5/9/2013	Poseidon Classic 2013			
9:46.75 L Zone	F	800 Free	6/28/2013	2013 Last Chance Meet			
2:34.24 L Zone	F	200 Back	5/31/2013	River City Open A/BB/B/C			
1:22.31 L Zone	F	100 Breast	5/31/2013	River City Open A/BB/B/C			
2:52.28 L Zone	F	200 Breast	5/31/2013	River City Open A/BB/B/C			
2:32.44 L Zone	P	200 IM	6/28/2013	2013 Last Chance Meet			
5:22.11 L Zone	P	400 IM	6/28/2013	2013 Last Chance Meet			
Parker, Lauren (15) W							NOVA-VA
2:35.08 L Zone	F	200 Back	6/27/2013	2013 TYR BSS Summer Classic			
2:32.78 L Zone	F	200 IM	6/27/2013	2013 TYR BSS Summer Classic			
5:19.15 L Zone	P	400 IM	8/8/2012	2012 Eastern Zone Long Course Championship			
Pesetti, Sydney (16) W							PSDN-VA
28.70 L Zone	F	50 Free	4/19/2013	VADC Spring Splash			
1:00.72 L Zone	P	100 Free	6/28/2013	2013 Last Chance Meet			
2:12.01 L Zone	F	200 Free	5/9/2013	Poseidon Classic 2013			
4:38.09 L Zone	F	400 Free	4/19/2013	VADC Spring Splash			
9:27.83 L Zone	F	800 Free	5/9/2013	Poseidon Classic 2013			
18:12.74 L Zone	F	1500 Free	4/19/2013	VADC Spring Splash			
1:09.29 L Zone	F	100 Back	6/28/2013	2013 Last Chance Meet			
2:28.17 L Zone	F	200 Back	5/9/2013	Poseidon Classic 2013			
1:07.39 L Zone	F	100 Fly	6/28/2013	2013 Last Chance Meet			
2:25.66 L Zone	F	200 Fly	4/19/2013	VADC Spring Splash			
2:32.95 L Zone	P	200 IM	6/28/2013	2013 Last Chance Meet			
5:21.39 L Zone	F	400 IM	5/9/2013	Poseidon Classic 2013			
Piercy, Nicole (16) W							CGBD-VA
2:14.35 L Zone	F	200 Free	5/17/2013	2013 NC Josh Weaver Memorial M			
1:11.70 L Zone	F	100 Back	5/17/2013	2013 NC Josh Weaver Memorial M			
2:33.84 L Zone	P	200 Back	5/17/2013	2013 NC Josh Weaver Memorial M			
2:34.65 L Zone	P	200 IM	5/17/2013	2013 NC Josh Weaver Memorial M			
5:20.55 L Zone	F	400 IM	5/17/2013	2013 NC Josh Weaver Memorial M			
Pollard, Ashton (17) W							NOVA-VA
1:09.86 L Zone	F	100 Fly	6/14/2013	2013 NC WAVE Capital City Invi			
5:26.62 L Zone	F	400 IM	6/14/2013	2013 NC WAVE Capital City Invi			
Reed, Alyssa (15) W							LY-VA
5:29.74 L Zone	F	400 IM	6/22/2013	TAC TITANS Bring the Heat Meet			
Reilly, Dorothy (17) W							NOVA-VA
1:11.67 L Zone	P	100 Back	6/27/2013	2013 TYR BSS Summer Classic			
2:30.60 L Zone	F	200 Back	6/27/2013	2013 TYR BSS Summer Classic			
1:07.67 L Zone	P	100 Fly	6/27/2013	2013 TYR BSS Summer Classic			

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Time	P/F/S	Event				
Reilly, Dorothy (17) W						
2:24.35 L Zone	F	200 Fly	6/27/2013	2013 TYR BSS Summer Classic		NOVA-VA
2:34.13 L Zone	P	200 IM	6/27/2013	2013 TYR BSS Summer Classic		
5:20.78 L Zone	F	400 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
Richey, Abigail (16) W						
28.60 L Zone	F	50 Free	5/17/2013	2013 NC Josh Weaver Memorial M		VACS-VA
1:00.46 L Zone	F	100 Free	6/27/2013	2013 TYR BSS Summer Classic		
2:08.30 L Zone	F	200 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
4:34.57 L Zone	F	400 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
9:25.76 L Zone	F	800 Free	5/17/2013	2013 NC Josh Weaver Memorial M		
18:15.69 L Zone	F	1500 Free	4/19/2013	VADC Spring Splash		
2:35.01 L Zone	F	200 Back	4/19/2013	VADC Spring Splash		
1:05.50 L Zone	F	100 Fly	4/19/2013	VADC Spring Splash		
2:22.62 L Zone	P	200 Fly	5/17/2013	2013 NC Josh Weaver Memorial M		
2:27.38 L Zone	F	200 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
5:06.71 L Zone	F	400 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
Roehrlie, Kylie (16) W						
1:03.27 L Zone	F	100 Free	5/31/2013	River City Open A/BB/B/C		WAC-VA
Rule, Brazil (15) W						
4:38.51 L Zone	P	400 Free	8/8/2012	2012 Eastern Zone Long Course Championship		SMAC-VA
9:28.75 L Zone	F	800 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
18:36.33 L Zone	F	1500 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
Rule, Remedy (16) W						
4:30.44 L Zone	F	400 Free	6/21/2013	2013 Subway Commonwealth Games of VA		SMAC-VA
1:05.89 L Zone	F	100 Fly	6/21/2013	2013 Subway Commonwealth Games of VA		
Schoenig, Victoria (15) W						
28.84 L Zone	F	50 Free	4/28/2013	14th Annual Blue & Yellow Intrasquad Meet		CGBD-VA
1:03.60 L Zone	F	100 Free	6/21/2013	CGBD Summer Madness LC Invitational		
Sell, Mary (15) W (Yr: 9)						
1:02.87 L Zone	F	100 Free	5/31/2013	River City Open A/BB/B/C		RAYS-VA
1:11.52 L Zone	F	100 Back	5/31/2013	River City Open A/BB/B/C		
Shoemaker, Jordan (16) W						
2:16.12 L Zone	P	200 Free	8/8/2012	2012 Eastern Zone Long Course Championship		QSTS-VA
1:08.76 L Zone	P	100 Fly	8/8/2012	2012 Eastern Zone Long Course Championship		
Shores, Taylor (16) W						
1:21.21 L Zone	P	100 Breast	6/27/2013	2013 TYR BSS Summer Classic		SEVA-VA
Simpson, Megan (15) W						
1:09.51 L Zone	F	100 Fly	6/8/2013	2013 PV Fish June Invitational		STAT-VA
Sizemore, Karah (16) W (Yr: 9)						
2:33.60 L Zone	F	200 Back	5/9/2013	Poseidon Classic 2013		RAYS-VA
1:09.81 L Zone	F	100 Fly	5/31/2013	River City Open A/BB/B/C		
2:30.00 L Zone	F	200 Fly	5/31/2013	River City Open A/BB/B/C		
2:34.42 L Zone	P	200 IM	5/9/2013	Poseidon Classic 2013		
5:27.61 L Zone	F	400 IM	5/9/2013	Poseidon Classic 2013		
Sperandio, Martha (16) W						
2:16.60 L Zone	F	200 Free	6/14/2013	2013 NC WAVE Capital City Invi		NOVA-VA
4:42.32 L Zone	F	400 Free	6/14/2013	2013 NC WAVE Capital City Invi		
18:39.69 L Zone	F	1500 Free	6/14/2013	2013 NC WAVE Capital City Invi		
2:56.16 L Zone	P	200 Breast	6/14/2013	2013 NC WAVE Capital City Invi		
2:34.55 L Zone	P	200 IM	6/14/2013	2013 NC WAVE Capital City Invi		
5:21.57 L Zone	F	400 IM	6/14/2013	2013 NC WAVE Capital City Invi		
Stanley, Olivia (15) W						
28.83 L Zone	F	50 Free	5/31/2013	2013 VA HOKI Spring into Summ		CCA-VA
1:02.06 L Zone	F	100 Free	5/31/2013	2013 VA HOKI Spring into Summ		

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Time	P/F/S	Event				
Stanley, Olivia (15) W						
1:07.25 L Zone	F	100 Fly	5/31/2013	2013 VA HOKI Spring into Summ		CCA-VA
Stickle, Courtney (17) W						
1:03.66 L Zone	F	100 Free	6/21/2013	CGBD Summer Madness LC Invitational		SEVA-VA
Summa, Athena (18) W						
1:12.65 L Zone	F	100 Back	4/28/2013	14th Annual Blue & Yellow Intrasquad Meet		CGBD-VA
1:21.42 L Zone	P	100 Breast	5/17/2013	2013 NC Josh Weaver Memorial M		
1:08.99 L Zone	F	100 Fly	5/17/2013	2013 NC Josh Weaver Memorial M		
2:32.84 L Zone	F	200 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
5:16.66 L Zone	F	400 IM	5/17/2013	2013 NC Josh Weaver Memorial M		
Teller, Ashley (17) W						
1:20.24 L Zone	F	100 Breast	6/21/2013	CGBD Summer Madness LC Invitational		VYAC-VA
Tomenchok, Kira (17) W						
1:08.11 L Zone	P	100 Back	6/28/2013	2013 Last Chance Meet		PSDN-VA
2:27.39 L Zone	P	200 Back	6/28/2013	2013 Last Chance Meet		
1:07.80 L Zone	F	100 Fly	6/28/2013	2013 Last Chance Meet		
Turner, Heidi (18) W						
2:16.50 L Zone	F	200 Free	6/21/2013	Winchester LC Invitational A/BB/B/C		QDD-VA
18:36.33 L Zone	F	1500 Free	5/31/2013	SNOW Long Course Invitational		
2:35.22 L Zone	F	200 IM	5/4/2013	2013 Jeff Rouse Open Invitational		
5:27.73 L Zone	F	400 IM	5/31/2013	SNOW Long Course Invitational		
Vay, Meredith (17) W						
27.98 L Zone	F	50 Free	4/19/2013	VADC Spring Splash		QSTS-VA
1:01.18 L Zone	F	100 Free	4/19/2013	VADC Spring Splash		
2:14.58 L Zone	P	200 Free	5/9/2013	Poseidon Classic 2013		
1:12.61 L Zone	F	100 Back	6/21/2013	10th Annual YSSC LC Firecracker		
1:08.46 L Zone	P	100 Fly	5/9/2013	Poseidon Classic 2013		
Vieni, Jennifer (18) W						
28.26 L Zone	F	50 Free	5/9/2013	Poseidon Classic 2013		BAC-VA
1:02.31 L Zone	F	100 Free	6/28/2013	2013 Last Chance Meet		
2:16.93 L Zone	P	200 Free	5/9/2013	Poseidon Classic 2013		
1:08.22 L Zone	F	100 Back	5/9/2013	Poseidon Classic 2013		
2:28.96 L Zone	F	200 Back	6/28/2013	2013 Last Chance Meet		
1:06.39 L Zone	F	100 Fly	5/9/2013	Poseidon Classic 2013		
2:33.40 L Zone	F	200 IM	6/28/2013	2013 Last Chance Meet		
Walker, Chase (17) W						
1:03.07 L Zone	P	100 Free	6/27/2013	2013 TYR BSS Summer Classic		ODAC-VA
Walsh, Tessa (16) W						
1:02.85 L Zone	F	100 Free	5/31/2013	2013 VA HOKI Spring into Summ		HOKI-VA
18:38.41 L Zone	F	1500 Free	5/31/2013	2013 VA HOKI Spring into Summ		
1:05.12 L Zone	F	100 Fly	5/31/2013	2013 VA HOKI Spring into Summ		
2:28.06 L Zone	F	200 Fly	5/31/2013	2013 VA HOKI Spring into Summ		
Wanner, Caroline (16) W						
2:16.14 L Zone	F	200 Free	5/31/2013	River City Open A/BB/B/C		SHKS-VA
2:31.05 L Zone	F	200 Back	5/31/2013	River City Open A/BB/B/C		
1:08.29 L Zone	F	100 Fly	6/21/2013	Winchester LC Invitational A/BB/B/C		
2:29.66 L Zone	F	200 Fly	5/31/2013	River City Open A/BB/B/C		
2:31.73 L Zone	F	200 IM	5/4/2013	2013 Jeff Rouse Open Invitational		
5:21.70 L Zone	F	400 IM	6/21/2013	Winchester LC Invitational A/BB/B/C		
Wilkerson, Brittany (16) W						
2:12.58 L Zone	F	200 Free	5/9/2013	Poseidon Classic 2013		BAC-VA
4:40.23 L Zone	F	400 Free	6/28/2013	2013 Last Chance Meet		
9:31.96 L Zone	F	800 Free	6/28/2013	2013 Last Chance Meet		
18:35.92 L Zone	F	1500 Free	5/9/2013	Poseidon Classic 2013		

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Time	P/F/S	Event				
Wilkerson, Brittany (16) W						BAC-VA
1:12.32 L Zone	F	100 Back	6/28/2013	2013 Last Chance Meet		
2:34.66 L Zone	F	200 Back	6/28/2013	2013 Last Chance Meet		
5:22.10 L Zone	F	400 IM	5/9/2013	Poseidon Classic 2013		
Williams, Logan (17) W						ODAC-VA
4:45.87 L Zone	F	400 Free	6/27/2013	2013 TYR BSS Summer Classic		
1:12.47 L Zone	P	100 Back	6/27/2013	2013 TYR BSS Summer Classic		
2:34.32 L Zone	P	200 Back	6/27/2013	2013 TYR BSS Summer Classic		
1:06.08 L Zone	F	100 Fly	6/27/2013	2013 TYR BSS Summer Classic		
2:20.53 L Zone	P	200 Fly	6/27/2013	2013 TYR BSS Summer Classic		
2:32.06 L Zone	P	200 IM	6/27/2013	2013 TYR BSS Summer Classic		
5:12.40 L Zone	F	400 IM	6/27/2013	2013 TYR BSS Summer Classic		
Williams, Loren (17) W						ODAC-VA
1:03.40 L Zone	F	100 Free	5/31/2013	2013 TAC LC Spring Luau		
2:12.66 L Zone	F	200 Free	6/27/2013	2013 TYR BSS Summer Classic		
4:41.10 L Zone	F	400 Free	6/27/2013	2013 TYR BSS Summer Classic		
9:23.07 L Zone	F	800 Free	6/27/2013	2013 TYR BSS Summer Classic		
1:21.16 L Zone	P	100 Breast	6/27/2013	2013 TYR BSS Summer Classic		
2:53.36 L Zone	P	200 Breast	6/27/2013	2013 TYR BSS Summer Classic		
2:28.42 L Zone	P	200 IM	6/27/2013	2013 TYR BSS Summer Classic		
Williams, Margaret (15) W						CGBD-VA
27.90 L Zone	F	50 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
1:00.44 L Zone	F	100 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
2:16.56 L Zone	P	200 Free	8/8/2012	2012 Eastern Zone Long Course Championship		
1:12.13 L Zone	P	100 Back	8/8/2012	2012 Eastern Zone Long Course Championship		
1:09.52 L Zone	P	100 Fly	8/8/2012	2012 Eastern Zone Long Course Championship		
Wineinger, Kara (16) W (Yr: 9)						RAYS-VA
1:18.14 L Zone	P	100 Breast	5/9/2013	Poseidon Classic 2013		
2:35.46 L Zone	F	200 IM	5/31/2013	River City Open A/BB/B/C		
Wood, Catherine (17) W						NOVA-VA
1:21.06 L Zone	F	100 Breast	6/14/2013	2013 NC WAVE Capital City Invi		
2:51.91 L Zone	F	200 Breast	6/14/2013	2013 NC WAVE Capital City Invi		