

Virginia Swimming LC Zone Team Top 10
thru June 2013
Age Up Date = 7 August 2013

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Women 50 Free									
1	26.92	L Zone	F	Fanz, Casey	15	PSDN VA	8/8/2012	2012 Eastern Zone Long Course Champion	
2	27.66	L Zone	P	Jones, Taylor	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
3	27.67	L Zone	F	Magnusson, Elizabeth	16	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion	
4	27.79	L Zone	P	Clark, Leigh-ann	17	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
5*	27.90	L Zone	F	Williams, Margaret	15	CGBD VA	8/8/2012	2012 Eastern Zone Long Course Champion	
5*	27.90	L Zone	F	Lane, Annie	17	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
7*	27.98	L Zone	F	Horner, Caitlin	16	SEVA VA	5/9/2013	Poseidon Classic 2013	
7*	27.98	L Zone	F	Vay, Meredith	17	QSTS VA	4/19/2013	VADC Spring Splash	
9	28.05	L L Zone	F	Dambacher, Kelsey	15	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion	
10	28.25	L Zone	P	Breeger, Jillian	16	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
11	28.26	L Zone	F	Vieni, Jennifer	18	BAC VA	5/9/2013	Poseidon Classic 2013	
12	28.29	L Zone	P	Kish, Mary	17	PSDN VA	6/28/2013	2013 Last Chance Meet	
13	28.31	L Zone	P	Lane, Hailey	18	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
14	28.36	L Zone	F	Bivens, Hailey	17	UN VA	5/31/2013	2013 VA HOKI Spring into Summ	
15	28.39	L Zone	S	Barney, Katherine	18	TIDE VA	6/21/2013	CGBD Summer Madness LC Invitational	
16	28.43	L Zone	F	Motter, Megan	15	TIDE VA	5/31/2013	2013 TAC LC Spring Luau	
17	28.60	L Zone	F	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
18	28.62	L Zone	F	Loud, Shannon	18	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
19	28.65	L Zone	P	Frizzell, Kelly	15	HOKI VA	8/8/2012	2012 Eastern Zone Long Course Champion	
20	28.66	L Zone	F	Nezelek, Katherine	15	QSTS VA	4/19/2013	VADC Spring Splash	
21	28.70	L Zone	F	Pesetti, Sydney	16	PSDN VA	4/19/2013	VADC Spring Splash	
22	28.76	L Zone	F	Cowher, Lauren	16	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
23	28.78	L Zone	F	Coates, Mary	15	TIDE VA	5/3/2013	Tide LC Spring Challenge	
24	28.82	L Zone	P	Lockman, Emma	15	GATR VA	6/28/2013	2013 Last Chance Meet	
25*	28.83	L Zone	F	Stanley, Olivia	15	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
25*	28.83	L Zone	P	Dickinson, Anna	16	TIDE VA	6/28/2013	2013 Last Chance Meet	
Women 100 Free									
1	1:00.18	L Zone	F	Fanz, Casey	15	PSDN VA	8/8/2012	2012 Eastern Zone Long Course Champion	
2	1:00.44	L Zone	F	Williams, Margaret	15	CGBD VA	8/8/2012	2012 Eastern Zone Long Course Champion	
3	1:00.46	L Zone	F	Richey, Abigail	16	UNAT\$ VA	6/27/2013	2013 TYR BSS Summer Classic	
4	1:00.47	L Zone	P	Hynes, Susan	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
5	1:00.67	L Zone	F	Dambacher, Kelsey	15	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion	
6	1:00.72	L Zone	P	Pesetti, Sydney	16	PSDN VA	6/28/2013	2013 Last Chance Meet	
7	1:01.05	L Zone	F	Magnusson, Elizabeth	16	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion	
8	1:01.15	L Zone	P	Frizzell, Kelly	15	HOKI VA	8/8/2012	2012 Eastern Zone Long Course Champion	
9	1:01.18	L Zone	F	Vay, Meredith	17	QSTS VA	4/19/2013	VADC Spring Splash	
10	1:01.23	L Zone	P	Kish, Mary	17	PSDN VA	5/9/2013	Poseidon Classic 2013	
11	1:01.29	L Zone	F	Motter, Megan	15	TIDE VA	5/3/2013	Tide LC Spring Challenge	
12	1:01.49	L Zone	F	Clark, Leigh-ann	17	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
13	1:01.79	L Zone	F	Horner, Caitlin	16	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
14	1:02.01	L Zone	F	Jones, Taylor	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
15	1:02.06	L Zone	F	Stanley, Olivia	15	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
16	1:02.31	L Zone	F	Vieni, Jennifer	18	BAC VA	6/28/2013	2013 Last Chance Meet	
17	1:02.43	L Zone	F	Nezelek, Katherine	15	QSTS VA	4/19/2013	VADC Spring Splash	
18*	1:02.48	L Zone	F	Lane, Annie	17	CCA VA	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Mee	
18*	1:02.48	L Zone	P	Fuller, Selina	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
20	1:02.50	L Zone	F	Maltby, Elizabeth	18	PSDN VA	5/31/2013	River City Open A/BB/B/C	
21	1:02.63	L Zone	F	Denison, Hannah	16	RACE VA	5/31/2013	River City Open A/BB/B/C	
22	1:02.72	L Zone	P	Mandis, Sarah	15	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
23	1:02.85	L Zone	F	Walsh, Tessa	16	HOKI VA	5/31/2013	2013 VA HOKI Spring into Summ	
24	1:02.87	L Zone	F	Sell, Mary	15	RAVS VA	5/31/2013	River City Open A/BB/B/C	

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	Time		P/F/S	Name	Age/Yr				
25	1:02.88	L L Zone	F	Jones, Courtney	16	RPST VA	6/21/2013	Winchester LC Invitational A/BB/B/C	
Women 200 Free									
1	2:08.30	L Zone	F	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
2	2:09.93	L Zone	F	Kish, Mary	17	PSDN VA	5/9/2013	Poseidon Classic 2013	
3	2:10.61	L Zone	F	Hynes, Susan	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
4	2:12.01	L Zone	F	Pesetti, Sydney	16	PSDN VA	5/9/2013	Poseidon Classic 2013	
5	2:12.58	L Zone	F	Wilkerson, Brittany	16	BAC VA	5/9/2013	Poseidon Classic 2013	
6	2:12.65	L Zone	P	Maltby, Elizabeth	18	PSDN VA	5/9/2013	Poseidon Classic 2013	
7	2:12.66	L Zone	F	Williams, Loren	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
8	2:12.80	L Zone	F	Hunt, Norah	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion	
9	2:12.87	L Zone	F	Motter, Megan	15	TIDE VA	5/31/2013	2013 TAC LC Spring Luau	
10	2:13.48	L Zone	F	Dambacher, Kelsey	15	QSTS VA	5/9/2013	Poseidon Classic 2013	
11	2:13.61	L Zone	F	Harman, Maggie	16	GATR VA	5/9/2013	Poseidon Classic 2013	
12	2:13.71	L Zone	F	Clark, Leigh-ann	17	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
13	2:13.97	L Zone	F	Fuller, Selina	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
14	2:14.09	L Zone	F	Lane, Annie	17	CCA VA	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Mee	
15	2:14.10	L Zone	F	Ikenberry, Hannah	15	BAC VA	5/9/2013	Poseidon Classic 2013	
16	2:14.35	L Zone	F	Piercy, Nicole	16	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
17	2:14.58	L Zone	P	Vay, Meredith	17	QSTS VA	5/9/2013	Poseidon Classic 2013	
18	2:15.12	L Zone	P	Garritty, Keara	15	STAT VA	5/24/2013	2013 Virginia LC State Championships	
19	2:15.18	L Zone	F	Browning, Sarah	17	BAC VA	6/28/2013	2013 Last Chance Meet	
20	2:15.19	L Zone	P	Baker, Madison	18	QSTS VA	5/9/2013	Poseidon Classic 2013	
21	2:15.22	L Zone	P	Magnusson, Elizabeth	16	QSTS VA	5/9/2013	Poseidon Classic 2013	
22	2:15.32	L Zone	F	Fanz, Casey	15	PSDN VA	4/19/2013	VADC Spring Splash	
23	2:15.68	L Zone	F	Meinke, Anna	15	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet	
24	2:15.98	L Zone	F	Bivens, Hailey	17	UN VA	5/31/2013	2013 VA HOKI Spring into Summ	
25*	2:16.11	L Zone	F	Baldwin, Peyton	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
25*	2:16.11	L Zone	P	Mandis, Sarah	15	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
Women 400 Free									
1	4:29.88	L Zone	F	Kish, Mary	17	PSDN VA	6/28/2013	2013 Last Chance Meet	
2	4:30.44	L Zone	F	Rule, Remedy	16	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	
3	4:34.33	L Zone	F	Hall, Bailey	18	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
4	4:34.57	L Zone	F	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
5	4:35.37	L Zone	F	Browning, Sarah	17	BAC VA	5/9/2013	Poseidon Classic 2013	
6	4:36.24	L Zone	P	Harman, Maggie	16	GATR VA	5/9/2013	Poseidon Classic 2013	
7	4:36.32	L Zone	F	Ikenberry, Hannah	15	BAC VA	5/9/2013	Poseidon Classic 2013	
8	4:36.68	L Zone	F	Hunt, Norah	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion	
9	4:38.09	L Zone	F	Pesetti, Sydney	16	PSDN VA	4/19/2013	VADC Spring Splash	
10	4:38.46	L Zone	F	Baker, Madison	18	QSTS VA	5/9/2013	Poseidon Classic 2013	
11	4:38.51	L Zone	P	Rule, Brazil	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion	
12	4:40.23	L Zone	F	Wilkerson, Brittany	16	BAC VA	6/28/2013	2013 Last Chance Meet	
13	4:40.27	L Zone	F	Morton, Corie	16	GATR VA	6/28/2013	2013 Last Chance Meet	
14	4:40.64	L Zone	P	Maltby, Elizabeth	18	PSDN VA	6/28/2013	2013 Last Chance Meet	
15	4:41.10	L Zone	F	Williams, Loren	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
16	4:41.79	L Zone	F	Mandis, Sarah	15	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
17	4:42.03	L Zone	F	Fuller, Selina	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
18	4:42.32	L Zone	F	Sperandio, Martha	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
19	4:42.78	L Zone	P	Escobar, Mary Bernadette	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
20	4:42.79	L Zone	F	Dambacher, Kelsey	15	QSTS VA	6/21/2013	10th Annual YSSC LC Firecracke	
21	4:43.77	L Zone	F	Parker, Joanna	16	PSDN VA	5/9/2013	Poseidon Classic 2013	
22	4:44.21	L Zone	F	Lane, Annie	17	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
23	4:44.87	L Zone	F	Fanz, Casey	15	PSDN VA	4/19/2013	VADC Spring Splash	

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Time			P/F/S	Name		Age/Yr			
24	4:45.21	L	Zone	F	Hynes, Susan	16	ODAC VA	5/3/2013	Tide LC Spring Challenge
25	4:45.28	L	Zone	F	Meinke, Anna	15	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet
Women 800 Free									
1	9:17.86	L	Zone	F	Kish, Mary	17	PSDN VA	5/9/2013	Poseidon Classic 2013
2	9:19.28	L	Zone	F	Hunt, Norah	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
3	9:21.56	L	Zone	F	Fuller, Selina	17	NOVA VA	5/9/2013	Poseidon Classic 2013
4	9:23.07	L	Zone	F	Williams, Loren	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
5	9:25.76	L	Zone	F	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M
6	9:27.83	L	Zone	F	Pesetti, Sydney	16	PSDN VA	5/9/2013	Poseidon Classic 2013
7	9:28.75	L	Zone	F	Rule, Brazil	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
8	9:30.85	L	Zone	F	Browning, Sarah	17	BAC VA	6/28/2013	2013 Last Chance Meet
9	9:31.96	L	Zone	F	Wilkerson, Brittany	16	BAC VA	6/28/2013	2013 Last Chance Meet
10	9:32.65	L	Zone	F	Maltby, Elizabeth	18	PSDN VA	5/9/2013	Poseidon Classic 2013
11	9:34.09	L	Zone	F	Ikenberry, Hannah	15	BAC VA	6/28/2013	2013 Last Chance Meet
12	9:34.44	L	Zone	F	Motter, Megan	15	TIDE VA	5/3/2013	Tide LC Spring Challenge
13	9:34.85	L	Zone	F	Degner, Katherine	15	TAC VA	3/23/2013	2013 SEVA LC Head Start Meet
14	9:39.40	L	Zone	F	Beattie, Jenna	15	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
15	9:39.57	L	Zone	F	Hall, Bailey	18	NOVA VA	5/9/2013	Poseidon Classic 2013
16	9:45.10	L	Zone	F	Magnusson, Elizabeth	16	QSTS VA	5/9/2013	Poseidon Classic 2013
17	9:46.48	L	Zone	F	Dambacher, Kelsey	15	QSTS VA	5/9/2013	Poseidon Classic 2013
18	9:46.75	L	Zone	F	Parker, Joanna	16	PSDN VA	6/28/2013	2013 Last Chance Meet
Women 1500 Free									
1	17:47.33	L	Zone	F	Hunt, Norah	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
2	18:01.61	L	Zone	F	Hall, Bailey	18	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
3	18:12.51	L	Zone	F	Ikenberry, Hannah	15	BAC VA	5/9/2013	Poseidon Classic 2013
4	18:12.74	L	Zone	F	Pesetti, Sydney	16	PSDN VA	4/19/2013	VADC Spring Splash
5	18:15.69	L	Zone	F	Richey, Abigail	16	UN-VA VA	4/19/2013	VADC Spring Splash
6	18:27.31	L	Zone	F	Baker, Madison	18	QSTS VA	6/21/2013	10th Annual YSSC LC Firecracke
7	18:28.24	L	Zone	F	Browning, Sarah	17	BAC VA	4/19/2013	VADC Spring Splash
8	18:28.55	L	Zone	F	Maltby, Elizabeth	18	PSDN VA	5/9/2013	Poseidon Classic 2013
9	18:35.92	L	Zone	F	Wilkerson, Brittany	16	BAC VA	5/9/2013	Poseidon Classic 2013
10*	18:36.33	L	Zone	F	Turner, Heidi	18	QDD VA	5/31/2013	SNOW Long Course Invitational
10*	18:36.33	L	Zone	F	Rule, Brazil	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
12	18:38.41	L	Zone	F	Walsh, Tessa	16	HOKI VA	5/31/2013	2013 VA HOKI Spring into Summ
13	18:39.69	L	Zone	F	Sperandio, Martha	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
Women 100 Back									
1	1:07.26	L	Zone	F	Fuller, Selina	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet
2	1:07.65	L	Zone	F	Fanz, Casey	15	PSDN VA	8/8/2012	2012 Eastern Zone Long Course Champion
3	1:08.11	L	Zone	P	Tomenchok, Kira	17	PSDN VA	6/28/2013	2013 Last Chance Meet
4	1:08.22	L	Zone	F	Vieni, Jennifer	18	BAC VA	5/9/2013	Poseidon Classic 2013
5	1:08.57	L	Zone	P	Kish, Mary	17	PSDN VA	6/28/2013	2013 Last Chance Meet
6	1:08.70	L	Zone	F	Motter, Megan	15	TIDE VA	5/3/2013	Tide LC Spring Challenge
7	1:09.26	L	Zone	F	Dambacher, Kelsey	15	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion
8	1:09.29	L	Zone	F	Pesetti, Sydney	16	PSDN VA	6/28/2013	2013 Last Chance Meet
9	1:09.38	L	Zone	F	DuMez, Rachel	18	VSTP VA	5/9/2013	Poseidon Classic 2013
10	1:09.53	L	Zone	F	Magnusson, Elizabeth	16	QSTS VA	4/19/2013	VADC Spring Splash
11	1:10.24	L	Zone	F	Horner, Caitlin	16	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational
12	1:10.26	L	Zone	F	Ikenberry, Hannah	15	BAC VA	5/9/2013	Poseidon Classic 2013
13	1:10.46	L	Zone	P	Jones, Abigail	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
14	1:10.62	L	Zone	F	Jones, Courtney	16	RPST VA	5/9/2013	Poseidon Classic 2013
15	1:10.74	L	Zone	F	Kimball, Danielle	18	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M
16	1:11.02	L	Zone	F	Haque, Taylor	18	QSTS VA	5/9/2013	Poseidon Classic 2013

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	Time		P/F/S	Name	Age/Yr			
17	1:11.04	L Zone	P	Howell, Margaret	15	RAYS VA	5/9/2013	Poseidon Classic 2013
18*	1:11.20	L Zone	F	Nezelek, Katherine	15	QSTS VA	4/19/2013	VADC Spring Splash
18*	1:11.20	L Zone	P	Henry, Caroline	15	PSDN VA	8/8/2012	2012 Eastern Zone Long Course Champion
20*	1:11.24	L Zone	P	Erard, Emily	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
20*	1:11.24	L Zone	F	Dickinson, Anna	16	TIDE VA	6/28/2013	2013 Last Chance Meet
22	1:11.39	L Zone	F	Coates, Mary	15	TIDE VA	5/3/2013	Tide LC Spring Challenge
23	1:11.52	L Zone	F	Sell, Mary	15	RAYS VA	5/31/2013	River City Open A/BB/B/C
24	1:11.54	L Zone	F	Mauzy, Ashley	16	LY VA	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Mee
25	1:11.59	L Zone	F	Beattie, Jessica	15	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
Women 200 Back								
1	2:24.20	L Zone	P	Fuller, Selina	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
2	2:25.63	L Zone	F	Kish, Mary	17	PSDN VA	5/31/2013	River City Open A/BB/B/C
3	2:27.39	L Zone	P	Tomenchok, Kira	17	PSDN VA	6/28/2013	2013 Last Chance Meet
4	2:27.46	L Zone	F	Ikenberry, Hannah	15	BAC VA	5/9/2013	Poseidon Classic 2013
5	2:27.74	L Zone	F	Motter, Megan	15	TIDE VA	5/3/2013	Tide LC Spring Challenge
6	2:27.89	L Zone	F	Fanz, Casey	15	PSDN VA	8/8/2012	2012 Eastern Zone Long Course Champion
7	2:28.17	L Zone	F	Pesetti, Sydney	16	PSDN VA	5/9/2013	Poseidon Classic 2013
8	2:28.96	L Zone	F	Vieni, Jennifer	18	BAC VA	6/28/2013	2013 Last Chance Meet
9	2:30.60	L Zone	F	Reilly, Dorothy	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
10	2:30.73	L Zone	F	Escobar, Mary Bernadette	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
11	2:30.82	L Zone	F	Maw, Kathryn	16	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M
12	2:31.05	L Zone	F	Wanner, Caroline	16	SHKS VA	5/31/2013	River City Open A/BB/B/C
13	2:31.14	L Zone	F	Onweller, Bryn	16	BAC VA	5/9/2013	Poseidon Classic 2013
14	2:31.33	L Zone	F	Coates, Mary	15	TIDE VA	5/31/2013	2013 TAC LC Spring Luau
15	2:31.67	L Zone	P	Nezelek, Katherine	15	QSTS VA	5/9/2013	Poseidon Classic 2013
16	2:31.70	L Zone	P	Henry, Caroline	15	PSDN VA	8/8/2012	2012 Eastern Zone Long Course Champion
17	2:32.27	L Zone	F	Beattie, Jessica	15	CGBD VA	5/31/2013	2013 TAC LC Spring Luau
18	2:33.04	L Zone	P	Erard, Emily	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
19	2:33.21	L Zone	F	Lane, Annie	17	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ
20	2:33.27	L Zone	F	Carr, Jennifer	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
21	2:33.53	L Zone	P	Dambacher, Kelsey	15	QSTS VA	6/21/2013	10th Annual YSSC LC Firecracker
22	2:33.55	L Zone	F	Baldwin, Peyton	16	CGBD VA	5/31/2013	2013 TAC LC Spring Luau
23	2:33.60	L Zone	F	Sizemore, Karah	16	RAYS VA	5/9/2013	Poseidon Classic 2013
24	2:33.71	L Zone	F	Lockman, Emma	15	GATR VA	6/21/2013	2013 Subway Commonwealth Games of VA
25	2:33.84	L Zone	P	Piercy, Nicole	16	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M
Women 100 Breast								
1	1:15.57	L Zone	F	Hynes, Susan	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
2	1:18.14	L Zone	P	Wineinger, Kara	16	RAYS VA	5/9/2013	Poseidon Classic 2013
3	1:18.78	L Zone	F	Lane, Hailey	18	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
4	1:19.22	L Zone	F	MacIsaac, Elyse	15	STAT VA	6/21/2013	CGBD Summer Madness LC Invitational
5	1:19.62	L Zone	F	Murphy, Madalyn	18	BAC VA	4/19/2013	VADC Spring Splash
6	1:19.66	L Zone	F	Neilan, Larissa	17	BASS VA	6/21/2013	2013 Subway Commonwealth Games of VA
7	1:19.85	L Zone	F	Dickinson, Anna	16	TIDE VA	6/28/2013	2013 Last Chance Meet
8	1:20.24	L Zone	F	Teller, Ashley	17	VYAC VA	6/21/2013	CGBD Summer Madness LC Invitational
9	1:20.27	L Zone	F	Lane, Annie	17	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ
10	1:20.68	L Zone	F	Cummings, Mackenzie	15	UNAT VA	5/31/2013	2013 TAC LC Spring Luau
11	1:20.78	L Zone	F	Harrington, Maya	16	TAC VA	5/3/2013	Tide LC Spring Challenge
12	1:20.90	L Zone	F	Little, Isabelle	18	YGR VA	6/21/2013	2013 Subway Commonwealth Games of VA
13	1:21.03	L Zone	F	Loch, Kaylin	15	SEVA VA	6/27/2013	2013 TYR BSS Summer Classic
14	1:21.06	L Zone	F	Wood, Catherine	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
15	1:21.10	L Zone	F	Morton, Corie	16	GATR VA	6/28/2013	2013 Last Chance Meet
16	1:21.16	L Zone	P	Williams, Loren	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: 25 Show Long Course Only

Time		P/F/S	Name	Age/Yr			
17	1:21.21 L Zone	P	Shores, Taylor	16	SEVA VA	6/27/2013	2013 TYR BSS Summer Classic
18	1:21.42 L Zone	P	Summa, Athena	18	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M
19	1:21.44 L Zone	F	Clark, Leigh-ann	17	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
20	1:21.48 L Zone	F	Jackman, Nicole	15	QSTS VA	5/9/2013	Poseidon Classic 2013
21	1:21.96 L Zone	F	Henry, Kelly	17	PWSC VA	5/31/2013	River City Open A/BB/B/C
22	1:22.27 L Zone	P	Christy, Alexandra	18	WAC VA	5/9/2013	Poseidon Classic 2013
23	1:22.30 L Zone	F	Beattie, Jessica	15	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
24	1:22.31 L Zone	F	Parker, Joanna	16	PSDN VA	5/31/2013	River City Open A/BB/B/C
Women 200 Breast							
1	2:44.78 L Zone	F	Hynes, Susan	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
2	2:49.09 L Zone	F	Murphy, Madalyn	18	BAC VA	5/9/2013	Poseidon Classic 2013
3	2:49.27 L Zone	F	Dickinson, Anna	16	TIDE VA	6/28/2013	2013 Last Chance Meet
4	2:50.57 L Zone	F	Morton, Corie	16	GATR VA	6/28/2013	2013 Last Chance Meet
5	2:51.08 L Zone	F	MacIsaac, Elyse	15	STAT VA	5/24/2013	2013 Virginia LC State Championships
6	2:51.74 L Zone	F	Cummings, Mackenzie	15	UNAT VA	5/31/2013	2013 TAC LC Spring Luau
7	2:51.91 L Zone	F	Wood, Catherine	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
8	2:52.28 L Zone	F	Parker, Joanna	16	PSDN VA	5/31/2013	River City Open A/BB/B/C
9	2:52.77 L Zone	F	Henry, Kelly	17	PWSC VA	5/31/2013	River City Open A/BB/B/C
10	2:53.36 L Zone	P	Williams, Loren	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
11	2:53.61 L Zone	F	Harrington, Maya	16	TAC VA	5/3/2013	Tide LC Spring Challenge
12	2:53.71 L Zone	F	Cartagena, Taylor	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
13	2:54.08 L Zone	P	Adams, Courtney	16	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
14	2:54.54 L Zone	F	Neilan, Larissa	17	BASS VA	6/21/2013	2013 Subway Commonwealth Games of VA
15	2:55.12 L Zone	F	Butler, Elizabeth	17	RAYS VA	5/9/2013	Poseidon Classic 2013
16	2:55.30 L Zone	F	Loch, Kaylin	15	SEVA VA	6/27/2013	2013 TYR BSS Summer Classic
17	2:55.40 L Zone	F	Little, Isabelle	18	YGR VA	6/21/2013	2013 Subway Commonwealth Games of VA
18	2:55.45 L Zone	P	Beattie, Jessica	15	CGBD VA	8/8/2012	2012 Eastern Zone Long Course Champion
19	2:56.16 L Zone	P	Sperandio, Martha	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
Women 100 Fly							
1	1:05.12 L Zone	F	Walsh, Tessa	16	HOKI VA	5/31/2013	2013 VA HOKI Spring into Summ
2	1:05.46 L Zone	F	Baldwin, Peyton	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
3	1:05.50 L Zone	F	Richey, Abigail	16	UN-VA VA	4/19/2013	VADC Spring Splash
4	1:05.89 L Zone	F	Rule, Remedy	16	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA
5	1:06.08 L Zone	F	Williams, Logan	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
6	1:06.17 L Zone	F	Magnusson, Elizabeth	16	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion
7	1:06.39 L Zone	F	Vieni, Jennifer	18	BAC VA	5/9/2013	Poseidon Classic 2013
8	1:06.44 L Zone	F	Fuller, Selina	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet
9	1:06.55 L Zone	F	McLemore, Christina	16	ODAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
10	1:07.11 L Zone	P	Kish, Mary	17	PSDN VA	6/28/2013	2013 Last Chance Meet
11	1:07.25 L Zone	F	Stanley, Olivia	15	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ
12	1:07.39 L Zone	F	Pesetti, Sydney	16	PSDN VA	6/28/2013	2013 Last Chance Meet
13	1:07.67 L Zone	P	Reilly, Dorothy	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
14	1:07.71 L Zone	F	Meinke, Anna	15	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet
15	1:07.80 L Zone	F	Tomenchok, Kira	17	PSDN VA	6/28/2013	2013 Last Chance Meet
16	1:07.86 L Zone	F	Fredericksen, Sarah	18	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet
17	1:07.99 L Zone	F	Motter, Megan	15	TIDE VA	5/3/2013	Tide LC Spring Challenge
18	1:08.17 L Zone	F	Harper, Hannah	17	GATR VA	6/28/2013	2013 Last Chance Meet
19	1:08.29 L Zone	F	Wanner, Caroline	16	SHKS VA	6/21/2013	Winchester LC Invitational A/BB/B/C
20	1:08.46 L Zone	P	Vay, Meredith	17	QSTS VA	5/9/2013	Poseidon Classic 2013
21	1:08.60 L Zone	P	Kleveno, Elizabeth	18	RAYS VA	5/9/2013	Poseidon Classic 2013
22	1:08.76 L Zone	P	Shoemaker, Jordan	16	QSTS VA	8/8/2012	2012 Eastern Zone Long Course Champion
23*	1:08.85 L Zone	F	Breeger, Jillian	16	CGBD VA	5/31/2013	2013 TAC LC Spring Luau

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
23*	1:08.85	L Zone	F	Noga, Madison	16	GATR VA	6/21/2013	2013 Subway Commonwealth Games of VA	
25	1:08.99	L Zone	F	Summa, Athena	18	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
Women 200 Fly									
1	2:20.53	L Zone	P	Williams, Logan	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
2	2:22.62	L Zone	P	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
3	2:23.89	L Zone	F	McLemore, Christina	16	ODAC VA	8/8/2012	2012 Eastern Zone Long Course Champion	
4	2:24.26	L Zone	F	Hall, Bailey	18	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
5	2:24.35	L Zone	F	Reilly, Dorothy	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
6	2:24.76	L Zone	F	Kish, Mary	17	PSDN VA	6/28/2013	2013 Last Chance Meet	
7	2:25.09	L Zone	P	Hunt, Norah	15	SMAC VA	8/8/2012	2012 Eastern Zone Long Course Champion	
8	2:25.66	L Zone	F	Pesetti, Sydney	16	PSDN VA	4/19/2013	VADC Spring Splash	
9	2:28.03	L Zone	F	Onweller, Bryn	16	BAC VA	6/28/2013	2013 Last Chance Meet	
10	2:28.06	L Zone	F	Walsh, Tessa	16	HOKI VA	5/31/2013	2013 VA HOKI Spring into Summ	
11	2:28.17	L Zone	F	Fuller, Selina	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
12	2:29.54	L Zone	F	Baldwin, Peyton	16	CGBD VA	5/31/2013	2013 TAC LC Spring Luau	
13	2:29.65	L Zone	F	Fredericksen, Sarah	18	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet	
14	2:29.66	L Zone	F	Wanner, Caroline	16	SHKS VA	5/31/2013	River City Open A/BB/B/C	
15	2:30.00	L Zone	F	Sizemore, Karah	16	RAYS VA	5/31/2013	River City Open A/BB/B/C	
16	2:30.63	L Zone	F	Noga, Madison	16	GATR VA	6/21/2013	2013 Subway Commonwealth Games of VA	
17	2:31.24	L Zone	F	Meinke, Anna	15	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet	
Women 200 IM									
1	2:25.63	L Zone	P	Hynes, Susan	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
2	2:25.72	L Zone	F	Kish, Mary	17	PSDN VA	5/9/2013	Poseidon Classic 2013	
3	2:27.38	L Zone	F	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
4	2:28.42	L Zone	P	Williams, Loren	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
5	2:28.67	L Zone	F	Motter, Megan	15	TIDE VA	5/31/2013	2013 TAC LC Spring Luau	
6	2:29.97	L Zone	F	Browning, Sarah	17	BAC VA	5/9/2013	Poseidon Classic 2013	
7	2:30.91	L Zone	F	Beattie, Jessica	15	CGBD VA	5/31/2013	2013 TAC LC Spring Luau	
8	2:31.73	L Zone	F	Wanner, Caroline	16	SHKS VA	5/4/2013	2013 Jeff Rouse Open Invitational	
9	2:31.89	L Zone	F	Lockman, Emma	15	GATR VA	6/28/2013	2013 Last Chance Meet	
10	2:32.01	L Zone	P	Harper, Hannah	17	GATR VA	6/28/2013	2013 Last Chance Meet	
11	2:32.06	L Zone	P	Williams, Logan	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
12	2:32.30	L Zone	F	Morton, Corie	16	GATR VA	6/28/2013	2013 Last Chance Meet	
13	2:32.42	L Zone	F	Onweller, Bryn	16	BAC VA	6/28/2013	2013 Last Chance Meet	
14	2:32.44	L Zone	P	Parker, Joanna	16	PSDN VA	6/28/2013	2013 Last Chance Meet	
15	2:32.78	L Zone	F	Parker, Lauren	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
16	2:32.84	L Zone	F	Summa, Athena	18	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
17	2:32.95	L Zone	P	Pesetti, Sydney	16	PSDN VA	6/28/2013	2013 Last Chance Meet	
18	2:32.99	L Zone	F	McLemore, Christina	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
19	2:33.10	L Zone	P	Cartagena, Taylor	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
20	2:33.15	L Zone	F	Dickinson, Anna	16	TIDE VA	6/28/2013	2013 Last Chance Meet	
21	2:33.25	L Zone	F	Henry, Kelly	17	PWSC VA	5/31/2013	River City Open A/BB/B/C	
22	2:33.35	L Zone	F	Baldwin, Peyton	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
23	2:33.40	L Zone	F	Vieni, Jennifer	18	BAC VA	6/28/2013	2013 Last Chance Meet	
24	2:33.53	L Zone	F	Meinke, Anna	15	LY VA	6/22/2013	TAC TITANS Bring the Heat Meet	
25	2:34.13	L Zone	P	Reilly, Dorothy	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
Women 400 IM									
1	5:05.65	L Zone	F	Kish, Mary	17	PSDN VA	4/19/2013	VADC Spring Splash	
2	5:06.71	L Zone	F	Richey, Abigail	16	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
3	5:09.03	L Zone	F	Browning, Sarah	17	BAC VA	6/28/2013	2013 Last Chance Meet	
4	5:12.40	L Zone	F	Williams, Logan	17	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
5	5:15.21	L Zone	F	Motter, Megan	15	TIDE VA	5/3/2013	Tide LC Spring Challenge	

Virginia Swimming LC Zone Team Top 10
thru June 2013
Age Up Date = 7 August 2013

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
6	5:15.91	L Zone	F	Hynes, Susan	16	ODAC VA	6/27/2013 2013 TYR BSS Summer Classic
7	5:16.66	L Zone	F	Summa, Athena	18	CGBD VA	5/17/2013 2013 NC Josh Weaver Memorial M
8	5:17.89	L Zone	F	Hall, Bailey	18	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
9	5:18.53	L Zone	F	Beattie, Jessica	15	CGBD VA	6/21/2013 CGBD Summer Madness LC Invitational
10	5:18.79	L Zone	F	Meinke, Anna	15	LY VA	6/22/2013 TAC TITANS Bring the Heat Meet
11	5:19.15	L Zone	P	Parker, Lauren	15	NOVA VA	8/8/2012 2012 Eastern Zone Long Course Champion
12	5:19.71	L Zone	F	Jones, Abigail	16	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
13	5:20.55	L Zone	F	Piercy, Nicole	16	CGBD VA	5/17/2013 2013 NC Josh Weaver Memorial M
14	5:20.78	L Zone	F	Reilly, Dorothy	17	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
15	5:21.39	L Zone	F	Pesetti, Sydney	16	PSDN VA	5/9/2013 Poseidon Classic 2013
16	5:21.57	L Zone	F	Sperandio, Martha	16	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
17	5:21.70	L Zone	F	Wanner, Caroline	16	SHKS VA	6/21/2013 Winchester LC Invitational A/BB/B/C
18	5:22.10	L Zone	F	Wilkerson, Brittany	16	BAC VA	5/9/2013 Poseidon Classic 2013
19	5:22.11	L Zone	P	Parker, Joanna	16	PSDN VA	6/28/2013 2013 Last Chance Meet
20	5:22.49	L Zone	F	Ikenberry, Hannah	15	BAC VA	5/9/2013 Poseidon Classic 2013
21	5:23.12	L Zone	P	McLemore, Christina	16	ODAC VA	8/8/2012 2012 Eastern Zone Long Course Champion
22	5:26.14	L Zone	P	Hunt, Norah	15	SMAC VA	8/8/2012 2012 Eastern Zone Long Course Champion
23	5:26.62	L Zone	F	Pollard, Ashton	17	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
24	5:26.82	L Zone	F	Lane, Annie	17	CCA VA	5/4/2013 2013 HOKI CCA LY YRVS MAY Quad Mee
25	5:27.42	L Zone	F	Pappas, Alexandra	16	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi