

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
Men 50 Free							
1	24.00	L Zone	F	Lockman, Matthew	18	GATR VA	6/28/2013 2013 Last Chance Meet
2	24.94	L Zone	F	Rich, Justin	16	PSDN VA	6/28/2013 2013 Last Chance Meet
3	25.00	L Zone	F	Martin, Luke	17	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
4	25.06	L Zone	F	Ryan, Austin	16	TIDE VA	3/23/2013 2013 SEVA LC Head Start Meet
5	25.14	L Zone	F	Thatcher, Graham	18	SEVA VA	5/31/2013 2013 TAC LC Spring Luau
6	25.17	L Zone	F	Hancock, Bradford	17	SEVA VA	8/8/2012 2012 Eastern Zone Long Course Champion
7	25.27	L Zone	F	Ebel, Austin	16	SEVA VA	6/21/2013 CGBD Summer Madness LC Invitational
8*	25.30	L Zone	F	Branin, Andrew	17	NOVA VA	6/27/2013 2013 TYR BSS Summer Classic
8*	25.30	L L Zone	F	Lobo, Patrick	16	ODAC VA	8/8/2012 2012 Eastern Zone Long Course Champion
10	25.31	L Zone	F	Gurley, Andrew	18	CGBD VA	5/17/2013 2013 NC Josh Weaver Memorial M
11*	25.35	L Zone	F	Arris, Daniel	15	TIDE VA	6/28/2013 2013 Last Chance Meet
11*	25.35	L Zone	F	Tomenchok, Derek	18	PSDN VA	6/28/2013 2013 Last Chance Meet
13	25.45	L Zone	S	Snyder, Ari	17	CGBD VA	6/21/2013 CGBD Summer Madness LC Invitational
14*	25.47	L Zone	F	Morin, Alec	18	RPST VA	5/31/2013 SNOW Long Course Invitational
14*	25.47	L Zone	F	Kennedy, Ben	17	CCA VA	5/4/2013 2013 HOKI CCA LY YRVS MAY Quad Mee
16	25.53	L Zone	F	Ho, Ian	16	HOKI VA	5/4/2013 2013 HOKI CCA LY YRVS MAY Quad Mee
17	25.62	L Zone	P	Newkirk, Jeffrey	16	QSTS VA	6/21/2013 10th Annual YSSC LC Firecracke
18*	25.63	L Zone	F	Burnley, Jesse	18	BAC VA	5/9/2013 Poseidon Classic 2013
18*	25.63	L Zone	F	Kaskel, Jacob	16	ODAC VA	6/27/2013 2013 TYR BSS Summer Classic
20	25.65	L Zone	F	Sanders, Brandon	18	STAT VA	3/23/2013 2013 SEVA LC Head Start Meet
21	25.66	L Zone	F	Spires, Jonathan	15	SEVA VA	5/9/2013 Poseidon Classic 2013
22	25.69	L Zone	F	Perkins, Thomas	17	YGR VA	5/4/2013 2013 Jeff Rouse Open Invitational
23	25.75	L Zone	S	O'Donnell, Stephen	18	VYAC VA	6/21/2013 CGBD Summer Madness LC Invitational
24	25.78	L Zone	F	Henderson, James	18	UNVAC VA	6/21/2013 CGBD Summer Madness LC Invitational
25	25.86	L Zone	F	Montes de Oca, Alejandro	18	BASS VA	5/31/2013 River City Open A/BB/B/C
Men 100 Free							
1	53.44	L Zone	F	Lockman, Matthew	18	GATR VA	6/28/2013 2013 Last Chance Meet
2	53.55	L Zone	P	Burton, Logan	17	ODAC VA	8/8/2012 2012 Eastern Zone Long Course Champion
3	55.18	L Zone	F	Schubert, Frederick	15	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
4	55.35	L Zone	F	Spires, Jonathan	15	SEVA VA	4/27/2013 Spring Long Course Elite Meet
5	55.36	L Zone	F	Otruba, Lucas	18	CCA VA	5/31/2013 2013 VA HOKI Spring into Summ
6	55.37	L Zone	F	Burnley, Jesse	18	BAC VA	4/19/2013 VADC Spring Splash
7	55.74	L Zone	P	Hancock, Bradford	17	SEVA VA	8/8/2012 2012 Eastern Zone Long Course Champion
8	55.80	L Zone	F	Martin, Luke	17	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
9	55.94	L Zone	F	Rich, Justin	16	PSDN VA	4/19/2013 VADC Spring Splash
10	56.06	L Zone	F	Gurley, Andrew	18	CGBD VA	5/17/2013 2013 NC Josh Weaver Memorial M
11	56.07	L Zone	F	Schwegel, Nicholas	15	SEVA VA	6/21/2013 CGBD Summer Madness LC Invitational
12	56.21	L Zone	F	Newkirk, Jeffrey	16	QSTS VA	4/19/2013 VADC Spring Splash
13	56.24	L Zone	P	Thatcher, Graham	18	SEVA VA	6/21/2013 CGBD Summer Madness LC Invitational
14	56.26	L Zone	F	Montes de Oca, Alejandro	18	BASS VA	5/4/2013 2013 Jeff Rouse Open Invitational
15	56.40	L Zone	F	McSorley, John	15	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
16	56.41	L Zone	P	Titsch, Gilbert	16	SEVA VA	5/9/2013 Poseidon Classic 2013
17	56.46	L Zone	F	Bovee, Jordan	16	ODAC VA	5/31/2013 2013 TAC LC Spring Luau
18	56.61	L Zone	F	Kennedy, Ben	17	CCA VA	5/31/2013 2013 VA HOKI Spring into Summ
19	56.72	L Zone	P	Schultz, Aaron	15	NOVA VA	6/27/2013 2013 TYR BSS Summer Classic
20	56.80	L Zone	F	Rento, Joseph	16	CGBD VA	5/31/2013 2013 TAC LC Spring Luau
21	56.84	L Zone	F	Snyder, Ari	17	CGBD VA	6/21/2013 CGBD Summer Madness LC Invitational
22	56.87	L Zone	F	Dixon, Cameron	17	WST VA	6/21/2013 Winchester LC Invitational A/BB/B/C
23	56.88	L Zone	F	Quinnt, Marcus	18	CGBD VA	3/23/2013 2013 SEVA LC Head Start Meet
24	56.92	L Zone	F	Henderson, James	18	VACS VA	5/17/2013 2013 NC Josh Weaver Memorial M
25	56.98	L Zone	P	Tomenchok, Derek	18	PSDN VA	6/28/2013 2013 Last Chance Meet

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
Men 200 Free								
1	1:56.76	L Zone	F	Burton, Logan	17	ODAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
2	1:59.16	L Zone	P	Burnley, Jesse	18	BAC VA	5/9/2013	Poseidon Classic 2013
3	1:59.85	L Zone	F	Schubert, Frederick	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
4	2:00.58	L Zone	F	Drummond, Andrew	18	PSDN VA	5/9/2013	Poseidon Classic 2013
5	2:01.42	L Zone	P	Lockman, Matthew	18	GATR VA	6/28/2013	2013 Last Chance Meet
6	2:01.55	L Zone	F	Schultz, Aaron	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
7	2:01.60	L Zone	P	Hancock, Bradford	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
8	2:01.69	L Zone	F	Zamparello, Conrad	18	PSDN VA	6/28/2013	2013 Last Chance Meet
9	2:01.72	L Zone	F	Martin, Luke	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
10	2:01.79	L Zone	F	Schwegel, Nicholas	15	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational
11	2:02.10	L Zone	F	Otruba, Lucas	18	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ
12	2:02.47	L Zone	F	McSorley, John	15	NOVA VA	5/9/2013	Poseidon Classic 2013
13	2:02.51	L Zone	P	Erickson, Steffen	17	NOVA VA	5/9/2013	Poseidon Classic 2013
14	2:02.70	L Zone	F	Navarro, Ethan	15	LY VA	8/8/2012	2012 Eastern Zone Long Course Champion
15	2:02.73	L Zone	F	Parker, Kenneth	17	QDD VA	5/31/2013	SNOW Long Course Invitational
16	2:02.83	L Zone	F	Spires, Jonathan	15	SEVA VA	4/27/2013	Spring Long Course Elite Meet
17	2:03.03	L Zone	F	Moyar, Jacob	18	BAC VA	5/9/2013	Poseidon Classic 2013
18	2:03.04	L Zone	F	Stronko, Samuel	18	QDD VA	5/4/2013	2013 Jeff Rouse Open Invitational
19	2:03.27	L Zone	F	Newkirk, Jeffrey	16	QSTS VA	4/19/2013	VADC Spring Splash
20	2:03.37	L Zone	F	Hatley, Samuel	15	PSDN VA	6/28/2013	2013 Last Chance Meet
21	2:03.77	L Zone	F	Brown, Gavin	16	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
22	2:03.86	L Zone	F	Browne, Zachary	18	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
23	2:03.92	L Zone	F	Morrill, Daniel	16	GATR VA	5/9/2013	Poseidon Classic 2013
24	2:04.13	L Zone	F	Rento, Joseph	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
25	2:04.16	L Zone	P	Gurley, Andrew	18	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M
Men 400 Free								
1	4:11.53	L Zone	F	Schubert, Frederick	15	NOVA VA	5/9/2013	Poseidon Classic 2013
2	4:15.78	L Zone	F	Erickson, Steffen	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
3	4:15.93	L Zone	P	Drummond, Andrew	18	PSDN VA	6/28/2013	2013 Last Chance Meet
4*	4:17.24	L Zone	F	Hatley, Samuel	15	PSDN VA	5/9/2013	Poseidon Classic 2013
4*	4:17.24	L Zone	F	Burton, Logan	17	ODAC VA	5/3/2013	Tide LC Spring Challenge
6	4:18.35	L Zone	F	Navarro, Ethan	15	LY VA	5/4/2013	2013 HOKI CCA LY YRVS MAY Quad Mee
7	4:18.66	L Zone	F	Cortright, John	16	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
8	4:18.87	L Zone	F	Zamparello, Conrad	18	PSDN VA	4/19/2013	VADC Spring Splash
9	4:19.72	L Zone	F	Schultz, Aaron	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
10	4:20.13	L Zone	F	Hancock, Bradford	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
11	4:20.51	L Zone	F	Kale, John	15	WAC VA	6/21/2013	CGBD Summer Madness LC Invitational
12	4:20.72	L Zone	F	Craddock, Michael	16	GATR VA	5/9/2013	Poseidon Classic 2013
13	4:20.85	L Zone	F	Lockman, Matthew	18	GATR VA	6/28/2013	2013 Last Chance Meet
14	4:20.97	L Zone	F	McSorley, John	15	NOVA VA	5/9/2013	Poseidon Classic 2013
15	4:21.14	L Zone	F	Stronko, Samuel	18	QDD VA	5/4/2013	2013 Jeff Rouse Open Invitational
16	4:21.16	L Zone	P	Frayne, Ryan	18	TIDE VA	6/28/2013	2013 Last Chance Meet
17	4:21.19	L Zone	F	Schwegel, Nicholas	15	SEVA VA	4/27/2013	Spring Long Course Elite Meet
18	4:21.21	L Zone	F	Brown, Gavin	16	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
19	4:21.63	L Zone	F	Hellams, Ralph	16	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
20	4:22.97	L Zone	F	Witherow, Jordan	16	BAC VA	5/9/2013	Poseidon Classic 2013
21	4:23.18	L Zone	P	Edwards, Jeremy	16	BAC VA	5/9/2013	Poseidon Classic 2013
22	4:23.79	L Zone	F	Gomez, Jonathan	17	UN VA	5/31/2013	2013 VA HOKI Spring into Summ
23*	4:24.26	L Zone	F	Simon, Garrett	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
23*	4:24.26	L Zone	F	Pope, Donovan	16	TIDE VA	5/3/2013	Tide LC Spring Challenge
25	4:24.44	L Zone	F	Martin, Luke	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi

Virginia Swimming LC Zone Team Top 10 thru June 2013

Age Up Date = 7 August 2013

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
Men 800 Free								
1	8:41.86	L Zone	F	Schubert, Frederick	15	NOVA VA	5/9/2013	Poseidon Classic 2013
2	8:49.41	L Zone	F	Kale, John	15	WAC VA	5/3/2013	Tide LC Spring Challenge
3	8:51.50	L Zone	F	Burton, Logan	17	ODAC VA	5/3/2013	Tide LC Spring Challenge
4	8:53.29	L Zone	F	Drummond, Andrew	18	PSDN VA	5/9/2013	Poseidon Classic 2013
5	8:55.05	L Zone	F	Parker, Kenneth	17	QDD VA	5/31/2013	SNOW Long Course Invitational
6	8:56.05	L Zone	F	Browne, Zachary	18	NOVA VA	5/9/2013	Poseidon Classic 2013
7	8:57.00	L Zone	F	Hancock, Bradford	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
8	9:00.76	L Zone	F	Schultz, Aaron	15	NOVA VA	5/9/2013	Poseidon Classic 2013
9	9:01.43	L Zone	F	Stronko, Samuel	18	QDD VA	5/31/2013	SNOW Long Course Invitational
10	9:01.85	L Zone	F	Frayne, Ryan	18	TIDE VA	5/3/2013	Tide LC Spring Challenge
11	9:02.43	L Zone	F	McSorley, John	15	NOVA VA	5/9/2013	Poseidon Classic 2013
12	9:02.51	L Zone	F	Welborn, Danny	16	NOVA VA	5/9/2013	Poseidon Classic 2013
13	9:03.03	L Zone	F	Zamparello, Conrad	18	PSDN VA	5/9/2013	Poseidon Classic 2013
14	9:03.47	L Zone	F	Hellams, Ralph	16	NOVA VA	5/9/2013	Poseidon Classic 2013
15	9:03.88	L Zone	F	Simon, Garrett	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
16	9:05.22	L Zone	F	Mizelle, Scott	15	NOVA VA	5/9/2013	Poseidon Classic 2013
17	9:06.29	L Zone	F	Brown, Gavin	16	NOVA VA	5/9/2013	Poseidon Classic 2013
18	9:07.41	L Zone	F	Witherow, Jordan	16	BAC VA	5/9/2013	Poseidon Classic 2013
19	9:07.97	L Zone	F	Navarro, Ethan	15	LY VA	8/8/2012	2012 Eastern Zone Long Course Champion
20	9:08.81	L Zone	F	Edwards, Jeremy	16	BAC VA	5/9/2013	Poseidon Classic 2013
21	9:10.27	L Zone	F	Hadd, Owen	17	NOVA VA	5/9/2013	Poseidon Classic 2013
22	9:11.26	L Zone	F	Schwegel, Nicholas	15	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational
23	9:11.81	L Zone	F	Hatley, Samuel	15	PSDN VA	5/9/2013	Poseidon Classic 2013
24	9:14.17	L Zone	F	Wyand, Erik	18	QSTS VA	5/9/2013	Poseidon Classic 2013
Men 1500 Free								
1	16:58.36	L Zone	F	Parker, Kenneth	17	QDD VA	5/4/2013	2013 Jeff Rouse Open Invitational
2	17:04.14	L Zone	F	Kale, John	15	WAC VA	5/3/2013	Tide LC Spring Challenge
3	17:04.53	L Zone	F	Moyar, Jacob	18	BAC VA	5/9/2013	Poseidon Classic 2013
4	17:07.53	L Zone	F	Hellams, Ralph	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
5	17:10.03	L Zone	F	Simon, Garrett	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
6	17:10.10	L Zone	F	Hancock, Bradford	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
7	17:10.20	L Zone	F	Condon, Shane	18	BAC VA	5/9/2013	Poseidon Classic 2013
8	17:10.43	L Zone	F	Drummond, Andrew	18	PSDN VA	4/19/2013	VADC Spring Splash
9	17:11.28	L Zone	F	Witherow, Jordan	16	BAC VA	5/9/2013	Poseidon Classic 2013
10	17:15.89	L Zone	F	Stronko, Samuel	18	QDD VA	5/4/2013	2013 Jeff Rouse Open Invitational
11	17:19.49	L Zone	F	Wyand, Erik	18	QSTS VA	5/9/2013	Poseidon Classic 2013
12	17:20.97	L Zone	F	Burton, Logan	17	ODAC VA	5/31/2013	2013 TAC LC Spring Luau
13	17:21.11	L Zone	F	Gay, Russell	16	BAC VA	5/9/2013	Poseidon Classic 2013
14	17:22.10	L Zone	F	Hadd, Owen	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
15	17:23.36	L Zone	F	Madison, Joshua	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
16	17:24.41	L Zone	F	Navarro, Ethan	15	LY VA	8/8/2012	2012 Eastern Zone Long Course Champion
17	17:29.18	L Zone	F	Erickson, Steffen	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
18	17:30.21	L Zone	F	Hatley, Samuel	15	PSDN VA	4/19/2013	VADC Spring Splash
19	17:38.33	L Zone	F	Brown, Gavin	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
20	17:39.68	L Zone	F	Robbins, Jonathon	15	CYAC VA	6/21/2013	2013 Subway Commonwealth Games of VA
21	17:44.66	L Zone	F	Rothemich, Brian	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
22	17:45.94	L Zone	F	Edwards, Jeremy	16	BAC VA	5/9/2013	Poseidon Classic 2013
Men 100 Back								
1	1:00.90	L Zone	F	Burton, Logan	17	ODAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
2	1:01.13	L Zone	P	Schubert, Frederick	15	NOVA VA	5/9/2013	Poseidon Classic 2013
3	1:01.31	L Zone	P	Grubb, Wyatt	18	BAC VA	5/9/2013	Poseidon Classic 2013

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
4	1:01.65	L Zone	P	O'Brien, Wade	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
5	1:01.87	L Zone	F	Henderson, James	18	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
6	1:02.18	L Zone	F	Otruba, Lucas	18	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
7	1:02.35	L Zone	F	Brown, Gavin	16	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
8	1:02.39	L Zone	F	Cuthbert, Sam	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
9	1:02.76	L Zone	F	Hadd, Owen	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
10	1:03.13	L Zone	F	Mauricio, Nicholas	18	PSDN VA	5/9/2013	Poseidon Classic 2013	
11	1:03.59	L Zone	F	Burnley, Jesse	18	BAC VA	5/9/2013	Poseidon Classic 2013	
12	1:03.77	L Zone	F	Rento, Joseph	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
13	1:03.78	L Zone	F	Switzer, Zachary	18	WFS VA	6/21/2013	2013 Subway Commonwealth Games of VA	
14*	1:03.89	L Zone	P	Schultz, Aaron	15	NOVA VA	5/9/2013	Poseidon Classic 2013	
14*	1:03.89	L Zone	F	Drummond, Andrew	18	PSDN VA	6/28/2013	2013 Last Chance Meet	
16	1:04.05	L Zone	F	Arcand, William	17	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
17	1:04.13	L Zone	F	McSorley, John	15	NOVA VA	5/9/2013	Poseidon Classic 2013	
18	1:04.22	L Zone	F	Stickle, Chad	15	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
19	1:04.32	L Zone	F	Kale, John	15	WAC VA	5/9/2013	Poseidon Classic 2013	
20	1:04.34	L Zone	F	Condon, Shane	18	BAC VA	4/19/2013	VADC Spring Splash	
21	1:04.37	L Zone	P	Welborn, Danny	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
22	1:04.42	L Zone	F	Montes de Oca, Alejandro	18	BASS VA	5/31/2013	River City Open A/BB/B/C	
23	1:04.52	L Zone	P	Brackmann, Cameron	17	STAT VA	5/24/2013	2013 Virginia LC State Championships	
24	1:04.56	L Zone	F	Newkirk, Jeffrey	16	QSTS VA	5/9/2013	Poseidon Classic 2013	
25	1:04.70	L Zone	F	Wilson, Walker	15	BAC VA	5/9/2013	Poseidon Classic 2013	
Men 200 Back									
1	2:11.89	L Zone	F	Grubb, Wyatt	18	BAC VA	6/28/2013	2013 Last Chance Meet	
2	2:13.19	L Zone	F	Brown, Gavin	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
3	2:13.78	L Zone	F	Henderson, James	18	VACS VA	5/17/2013	2013 NC Josh Weaver Memorial M	
4	2:13.88	L Zone	F	O'Brien, Wade	15	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
5	2:14.52	L Zone	F	Drummond, Andrew	18	PSDN VA	6/28/2013	2013 Last Chance Meet	
6	2:15.07	L Zone	F	Schultz, Aaron	15	NOVA VA	5/9/2013	Poseidon Classic 2013	
7	2:15.15	L Zone	F	Schubert, Frederick	15	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
8	2:15.58	L Zone	F	Otruba, Lucas	18	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ	
9	2:15.85	L Zone	F	Cuthbert, Sam	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
10	2:16.15	L Zone	F	Rento, Joseph	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
11	2:17.03	L Zone	P	Browne, Zachary	18	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
12	2:17.43	L Zone	F	Montes de Oca, Alejandro	18	BASS VA	6/21/2013	2013 Subway Commonwealth Games of VA	
13	2:17.57	L Zone	F	Mauricio, Nicholas	18	PSDN VA	4/19/2013	VADC Spring Splash	
14	2:17.70	L Zone	F	Mizelle, Scott	15	NOVA VA	5/9/2013	Poseidon Classic 2013	
15	2:17.81	L Zone	F	Welborn, Danny	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
16	2:18.14	L Zone	F	McSorley, John	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
17	2:18.19	L Zone	F	Wilson, Walker	15	BAC VA	5/9/2013	Poseidon Classic 2013	
18	2:18.42	L Zone	F	Switzer, Zachary	18	WFS VA	6/21/2013	2013 Subway Commonwealth Games of VA	
19	2:18.43	L Zone	F	Bovee, Jordan	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
20	2:18.67	L Zone	F	Hellams, Ralph	16	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
21	2:19.09	L Zone	F	Zamparello, Conrad	18	PSDN VA	6/28/2013	2013 Last Chance Meet	
22	2:19.17	L Zone	F	Barto, Philip	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
23	2:19.40	L Zone	P	Souza, Nicholas	18	WAC VA	6/28/2013	2013 Last Chance Meet	
24*	2:19.76	L Zone	F	Condon, Shane	18	BAC VA	4/19/2013	VADC Spring Splash	
24*	2:19.76	L Zone	F	Brackmann, Cameron	17	STAT VA	5/24/2013	2013 Virginia LC State Championships	
Men 100 Breast									
1	1:05.23	L Zone	F	Temple, Austin	17	TIDE VA	6/28/2013	2013 Last Chance Meet	
2	1:09.13	L Zone	F	Frayne, Ryan	18	TIDE VA	6/28/2013	2013 Last Chance Meet	
3	1:09.48	L Zone	P	Peterson, Brooks	16	SEVA VA	5/9/2013	Poseidon Classic 2013	

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
4	1:09.52	L Zone	F	Browne, Zachary	18	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
5	1:10.73	L Zone	P	Arris, Daniel	15	TIDE VA	6/28/2013	2013 Last Chance Meet	
6*	1:11.00	L Zone	P	Kimbel, Nathan	16	CGBD VA	8/8/2012	2012 Eastern Zone Long Course Champion	
6*	1:11.00	L Zone	F	Jones, Trevor	17	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
8*	1:11.20	L Zone	F	Holstege, Elijah	18	CYAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	
8*	1:11.20	L Zone	F	Edwards, Justin	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
10	1:11.22	L Zone	F	Rayle, Alex	18	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	
11	1:11.38	L Zone	F	Craddock, Michael	16	GATR VA	5/9/2013	Poseidon Classic 2013	
12	1:11.39	L Zone	F	Kegelman, James	16	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
13	1:11.62	L Zone	P	Swanson, Charles	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
14	1:11.85	L Zone	F	Telford, Sean	17	GATR VA	6/28/2013	2013 Last Chance Meet	
15	1:12.19	L Zone	F	Huckstep, Brett	16	WAC VA	5/31/2013	River City Open A/BB/B/C	
16	1:12.76	L Zone	F	Arcand, William	17	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
17	1:12.95	L Zone	P	Barden, Brett	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
18	1:13.15	L Zone	F	Hou, Vincent	15	NOVA VA	5/9/2013	Poseidon Classic 2013	
19	1:13.37	L Zone	P	Spires, Jonathan	15	SEVA VA	6/27/2013	2013 TYR BSS Summer Classic	
20	1:13.43	L Zone	F	Fenster, Colin	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
21*	1:13.68	L Zone	F	Gomez, Maicoll	15	UN VA	5/31/2013	2013 VA HOKI Spring into Summ	
21*	1:13.68	L Zone	F	Norton, Jared	15	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
23	1:13.69	L Zone	P	Madison, Joshua	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion	
24	1:13.71	L Zone	F	Zamalis, Jacob	16	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	
25	1:13.76	L Zone	F	Zamparello, Conrad	18	PSDN VA	5/31/2013	River City Open A/BB/B/C	
Men 200 Breast									
1	2:32.23	L Zone	F	Craddock, Michael	16	GATR VA	5/9/2013	Poseidon Classic 2013	
2	2:32.48	L Zone	F	Peterson, Brooks	16	SEVA VA	4/27/2013	Spring Long Course Elite Meet	
3	2:32.52	L Zone	F	Edwards, Justin	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet	
4	2:32.88	L Zone	P	Frayne, Ryan	18	TIDE VA	6/28/2013	2013 Last Chance Meet	
5	2:32.98	L Zone	P	Temple, Austin	17	TIDE VA	6/28/2013	2013 Last Chance Meet	
6	2:33.99	L Zone	F	Rayle, Alex	18	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	
7	2:35.57	L Zone	F	Telford, Sean	17	GATR VA	6/28/2013	2013 Last Chance Meet	
8	2:35.61	L Zone	F	Madison, Joshua	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion	
9	2:35.78	L Zone	F	Jones, Trevor	17	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational	
10	2:35.91	L Zone	F	Norton, Jared	15	CGBD VA	5/31/2013	2013 TAC LC Spring Luau	
11	2:36.00	L Zone	P	Barden, Brett	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
12	2:36.05	L Zone	P	Browne, Zachary	18	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi	
13	2:37.57	L Zone	P	Swanson, Charles	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic	
14	2:38.07	L Zone	F	Zamparello, Conrad	18	PSDN VA	4/19/2013	VADC Spring Splash	
15	2:38.24	L Zone	F	Wells, Jacob	15	BAC VA	5/9/2013	Poseidon Classic 2013	
16	2:38.31	L Zone	P	Danielson, Max	18	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic	
17	2:38.69	L Zone	F	Kegelman, James	16	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M	
18	2:38.71	L Zone	F	Kimbel, Nathan	16	CGBD VA	5/31/2013	2013 TAC LC Spring Luau	
19	2:38.81	L Zone	F	Arris, Daniel	15	TIDE VA	5/31/2013	2013 TAC LC Spring Luau	
20	2:39.49	L Zone	F	Kuster, Stephen	15	CGBD VA	8/8/2012	2012 Eastern Zone Long Course Champion	
21	2:39.79	L Zone	F	Lueker, Dietrich	15	WAC VA	4/19/2013	VADC Spring Splash	
22	2:40.06	L Zone	F	Drummond, Andrew	18	PSDN VA	5/9/2013	Poseidon Classic 2013	
23	2:40.26	L Zone	F	Petersen, Kevin	15	TAC VA	5/31/2013	2013 TAC LC Spring Luau	
24	2:40.31	L Zone	F	Huckstep, Brett	16	WAC VA	4/19/2013	VADC Spring Splash	
25	2:40.71	L Zone	F	Zamalis, Jacob	16	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	
Men 100 Fly									
1	58.06	L Zone	F	Gomez, Maicoll	15	UNCCA VA	6/28/2013	2013 Last Chance Meet	
2	58.28	L Zone	F	Lynch, Matthew	17	PSDN VA	6/28/2013	2013 Last Chance Meet	
3	59.47	L Zone	F	Martin, Luke	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	

Virginia Swimming LC Zone Team Top 10
thru June 2013
Age Up Date = 7 August 2013

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
4	59.52	L Zone	F	Burton, Logan	17	ODAC VA	8/8/2012	2012 Eastern Zone Long Course Champion
5	59.72	L Zone	F	Moyar, Jacob	18	BAC VA	5/9/2013	Poseidon Classic 2013
6	59.79	L Zone	F	Hellams, Ralph	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
7	59.80	L Zone	F	Montes de Oca, Alejandro	18	BASS VA	5/4/2013	2013 Jeff Rouse Open Invitational
8	59.99	L Zone	P	Lockman, Matthew	18	GATR VA	6/28/2013	2013 Last Chance Meet
9	1:00.12	L Zone	F	Wyand, Erik	18	QSTS VA	5/9/2013	Poseidon Classic 2013
10	1:00.30	L Zone	F	Schubert, Frederick	15	NOVA VA	4/27/2013	Spring Long Course Elite Meet
11	1:00.59	L Zone	F	Schultz, Aaron	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
12	1:00.62	L Zone	P	Grubb, Wyatt	18	BAC VA	5/9/2013	Poseidon Classic 2013
13	1:00.66	L Zone	F	Wilson, Mark	17	TIDE VA	5/3/2013	Tide LC Spring Challenge
14*	1:00.73	L Zone	F	Fauls, Thomas	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
14*	1:00.73	L Zone	F	Becouvarakis, Zachary	16	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational
16	1:00.74	L Zone	P	Elmore, Hudson	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
17	1:00.92	L Zone	F	Rento, Joseph	16	CGBD VA	6/21/2013	CGBD Summer Madness LC Invitational
18	1:01.06	L Zone	F	Gomez, Jonathan	17	UN VA	5/31/2013	2013 VA HOKI Spring into Summ
19*	1:01.10	L Zone	P	Moyer, Austin	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
19*	1:01.10	L Zone	F	Kennedy, Ben	17	CCA VA	5/31/2013	2013 VA HOKI Spring into Summ
21	1:01.22	L Zone	F	Dudding, Harrison	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet
22	1:01.44	L Zone	F	Zamparello, Conrad	18	PSDN VA	4/19/2013	VADC Spring Splash
23	1:01.54	L Zone	P	Kaskel, Jacob	16	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
24	1:01.67	L Zone	F	Kauffman, Joseph	15	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
25	1:01.71	L Zone	F	Lange, John	16	VYAC VA	6/21/2013	CGBD Summer Madness LC Invitational
Men 200 Fly								
1	2:07.98	L Zone	F	Browne, Zachary	18	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
2	2:08.03	L Zone	P	Hellams, Ralph	16	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
3	2:08.68	L Zone	F	Gomez, Maicoll	15	UNCCA VA	6/28/2013	2013 Last Chance Meet
4	2:09.94	L Zone	F	Gomez, Jonathan	17	UN VA	5/31/2013	2013 VA HOKI Spring into Summ
5	2:11.86	L Zone	F	Elmore, Hudson	17	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
6	2:12.13	L Zone	F	Gurley, Andrew	18	CGBD VA	5/17/2013	2013 NC Josh Weaver Memorial M
7	2:12.67	L Zone	F	Wyand, Erik	18	QSTS VA	5/9/2013	Poseidon Classic 2013
8	2:12.69	L Zone	F	Schubert, Frederick	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
9	2:12.89	L Zone	F	Zamparello, Conrad	18	PSDN VA	6/28/2013	2013 Last Chance Meet
10	2:13.10	L Zone	F	Lynch, Matthew	17	PSDN VA	6/28/2013	2013 Last Chance Meet
11	2:13.42	L Zone	F	Moyar, Jacob	18	BAC VA	6/28/2013	2013 Last Chance Meet
12	2:14.12	L Zone	F	Brown, Gavin	16	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
13	2:14.23	L Zone	F	Drummond, Andrew	18	PSDN VA	6/28/2013	2013 Last Chance Meet
14	2:15.07	L Zone	P	Kauffman, Joseph	15	ODAC VA	6/27/2013	2013 TYR BSS Summer Classic
15	2:15.85	L Zone	F	Moyer, Austin	17	SEVA VA	8/8/2012	2012 Eastern Zone Long Course Champion
16	2:15.92	L Zone	F	Dudding, Harrison	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet
17	2:16.20	L Zone	F	Riggs, Will	15	NOVA VA	6/27/2013	2013 TYR BSS Summer Classic
18	2:16.24	L Zone	F	Grubb, Wyatt	18	BAC VA	4/19/2013	VADC Spring Splash
19	2:16.43	L Zone	F	Becouvarakis, Zachary	16	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational
20	2:16.56	L Zone	F	Cortright, John	16	NOVA VA	4/27/2013	Spring Long Course Elite Meet
21	2:16.70	L Zone	P	Erickson, Steffen	17	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi
22	2:16.88	L Zone	F	Barden, Brett	17	NOVA VA	4/27/2013	Spring Long Course Elite Meet
23	2:17.25	L Zone	F	Wilson, Mark	17	TIDE VA	5/3/2013	Tide LC Spring Challenge
24	2:17.48	L Zone	F	Kale, John	15	WAC VA	6/21/2013	CGBD Summer Madness LC Invitational
25	2:17.55	L Zone	F	McMillon, Hunter	16	SMAC VA	6/21/2013	2013 Subway Commonwealth Games of VA
Men 200 IM								
1	2:12.90	L Zone	F	Barden, Brett	17	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
2	2:13.40	L Zone	F	Browne, Zachary	18	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M
3	2:14.07	L Zone	F	Schubert, Frederick	15	NOVA VA	6/14/2013	2013 NC WAVE Capital City Invi

Virginia Swimming LC Zone Team Top 10
thru June 2013
Age Up Date = 7 August 2013

Number of Top Times: 25 Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
4	2:16.43	L Zone	F	Navarro, Ethan	15	LY VA	8/8/2012 2012 Eastern Zone Long Course Champion
5	2:16.69	L Zone	P	Switzer, Zachary	18	WFS VA	6/28/2013 2013 Last Chance Meet
6	2:16.82	L Zone	P	Grubb, Wyatt	18	BAC VA	6/28/2013 2013 Last Chance Meet
7*	2:17.02	L Zone	F	Arris, Daniel	15	TIDE VA	6/28/2013 2013 Last Chance Meet
7*	2:17.02	L Zone	P	Wilson, Mark	17	TIDE VA	6/28/2013 2013 Last Chance Meet
9	2:17.09	L Zone	P	Moyar, Jacob	18	BAC VA	5/9/2013 Poseidon Classic 2013
10	2:17.52	L Zone	F	Welborn, Danny	16	NOVA VA	4/27/2013 Spring Long Course Elite Meet
11	2:17.61	L Zone	P	Burton, Logan	17	ODAC VA	8/8/2012 2012 Eastern Zone Long Course Champion
12	2:17.80	L Zone	F	Erickson, Steffen	17	NOVA VA	4/27/2013 Spring Long Course Elite Meet
13	2:17.89	L Zone	F	Otruba, Lucas	18	CCA VA	5/31/2013 2013 VA HOKI Spring into Summ
14	2:17.94	L Zone	F	Brown, Gavin	16	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
15*	2:18.05	L Zone	F	Gomez, Jonathan	17	UN VA	5/31/2013 2013 VA HOKI Spring into Summ
15*	2:18.05	L Zone	P	Drummond, Andrew	18	PSDN VA	6/28/2013 2013 Last Chance Meet
17	2:18.65	L Zone	F	Frayne, Ryan	18	TIDE VA	6/28/2013 2013 Last Chance Meet
18	2:18.69	L Zone	P	Hadd, Owen	17	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
19	2:18.88	L Zone	F	Lynch, Matthew	17	PSDN VA	6/28/2013 2013 Last Chance Meet
20	2:19.02	L Zone	F	Kaskel, Jacob	16	ODAC VA	6/27/2013 2013 TYR BSS Summer Classic
21	2:19.08	L Zone	F	Schwegel, Nicholas	15	SEVA VA	6/21/2013 CGBD Summer Madness LC Invitational
22	2:19.11	L Zone	F	Bovee, Jordan	16	ODAC VA	5/31/2013 2013 TAC LC Spring Luau
23	2:19.31	L Zone	F	Jones, Trevor	17	CGBD VA	6/21/2013 CGBD Summer Madness LC Invitational
24	2:19.32	L Zone	P	Madison, Joshua	17	SEVA VA	8/8/2012 2012 Eastern Zone Long Course Champion
25	2:19.34	L Zone	F	Gomez, Maicoll	15	UN VA	5/31/2013 2013 VA HOKI Spring into Summ
Men 400 IM							
1	4:42.36	L Zone	F	Browne, Zachary	18	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
2	4:42.39	L Zone	F	Erickson, Steffen	17	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
3	4:47.22	L Zone	F	Zamparello, Conrad	18	PSDN VA	6/28/2013 2013 Last Chance Meet
4	4:47.26	L Zone	F	Moyar, Jacob	18	BAC VA	6/28/2013 2013 Last Chance Meet
5	4:48.05	L Zone	F	Gomez, Jonathan	17	GATR VA	5/9/2013 Poseidon Classic 2013
6	4:48.16	L Zone	F	Schubert, Frederick	15	NOVA VA	5/9/2013 Poseidon Classic 2013
7	4:48.39	L Zone	F	Burton, Logan	17	ODAC VA	8/8/2012 2012 Eastern Zone Long Course Champion
8	4:51.20	L Zone	P	Switzer, Zachary	18	WFS VA	6/28/2013 2013 Last Chance Meet
9	4:51.86	L Zone	F	Hellams, Ralph	16	NOVA VA	8/8/2012 2012 Eastern Zone Long Course Champion
10	4:52.05	L Zone	F	Hadd, Owen	17	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
11	4:52.29	L Zone	F	Grubb, Wyatt	18	BAC VA	4/19/2013 VADC Spring Splash
12	4:52.50	L Zone	F	Brown, Gavin	16	NOVA VA	6/14/2013 2013 NC WAVE Capital City Invi
13	4:53.49	L Zone	F	Drummond, Andrew	18	PSDN VA	6/28/2013 2013 Last Chance Meet
14	4:53.53	L Zone	P	Kale, John	15	WAC VA	6/28/2013 2013 Last Chance Meet
15	4:53.68	L Zone	F	Frayne, Ryan	18	TIDE VA	6/28/2013 2013 Last Chance Meet
16	4:54.84	L Zone	F	Henderson, James	18	VACS VA	5/17/2013 2013 NC Josh Weaver Memorial M
17	4:55.01	L Zone	F	Cortright, John	16	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
18	4:56.86	L Zone	F	Schwegel, Nicholas	15	SEVA VA	4/27/2013 Spring Long Course Elite Meet
19	4:57.12	L Zone	P	Madison, Joshua	17	SEVA VA	8/8/2012 2012 Eastern Zone Long Course Champion
20	4:57.17	L Zone	F	Navarro, Ethan	15	LY VA	5/4/2013 2013 HOKI CCA LY YRVS MAY Quad Mee
21	4:57.39	L Zone	F	Gomez, Maicoll	15	GATR VA	5/9/2013 Poseidon Classic 2013
22	4:57.48	L Zone	F	Danielson, Max	18	ODAC VA	6/27/2013 2013 TYR BSS Summer Classic
23	4:57.84	L Zone	F	Barden, Brett	17	NOVA VA	5/17/2013 2013 NC Josh Weaver Memorial M
24	4:58.33	L Zone	F	McSorley, John	15	NOVA VA	5/9/2013 Poseidon Classic 2013
25	4:58.55	L Zone	F	Wilson, Mark	17	TIDE VA	5/3/2013 Tide LC Spring Challenge