

Virginia Swimming LC Zone Team Top 10 **thru June 2013** **Age Up Date = 7 August 2013**

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Men 11-12 50 Free									
1	26.69	L Zone	F	Kerr, Adam	12	PSDN VA	5/31/2013	River City Open	A/BB/B/C
2	27.37	L Zone	F	Durocher, Darren	12	RPST VA	6/21/2013	Winchester LC Invitational	A/BB/B/C
3	27.86	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013	
4	28.06	L Zone	F	Verastek, Christopher	12	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
5	28.08	L Zone	F	Wilburn, Cason	12	TAC VA	5/31/2013	2013 TAC LC Spring Luau	
6	28.34	L Zone	F	Neff, Alexander	11	TIDE VA	6/28/2013	2013 Last Chance Meet	
7	28.57	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/9/2013	Poseidon Classic 2013	
8	28.76	L Zone	F	Giraudeau, Joel	12	YRVS VA	5/31/2013	2013 VA HOKI Spring into Summ	
9	29.11	L Zone	F	Barnett, Jack	12	PSDN VA	6/28/2013	2013 Last Chance Meet	
10	29.25	L Zone	F	Whiting, Colin	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
11	29.32	L Zone	F	Moure, Quimey	12	TIDE VA	6/28/2013	2013 Last Chance Meet	
12*	29.66	L Zone	F	Branin, Sean	12	PSDN VA	6/21/2013	Winchester LC Invitational	A/BB/B/C
12*	29.66	L Zone	F	Montes, Julian	12	WAC VA	5/31/2013	River City Open	A/BB/B/C
14	29.79	L Zone	F	Zachary, Arthur	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
Men 11-12 100 Free									
1	1:00.41	L Zone	F	Durocher, Darren	12	RPST VA	5/9/2013	Poseidon Classic 2013	
2	1:00.95	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013	
3	1:01.48	L Zone	F	Verastek, Christopher	12	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
4	1:02.12	L Zone	F	Wilburn, Cason	12	TAC VA	5/31/2013	2013 TAC LC Spring Luau	
5	1:02.42	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/31/2013	River City Open	A/BB/B/C
6	1:02.91	L Zone	F	Neff, Alexander	11	TIDE VA	6/28/2013	2013 Last Chance Meet	
7	1:03.37	L Zone	F	Zachary, Arthur	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
8	1:04.19	L Zone	F	Giraudeau, Joel	12	YRVS VA	5/31/2013	2013 VA HOKI Spring into Summ	
9	1:04.36	L Zone	F	Whiting, Colin	12	NOVA VA	5/17/2013	2013 NC Josh Weaver Memorial M	
10	1:04.45	L Zone	F	Montes, Julian	12	WAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
11	1:04.47	L Zone	F	Kerr, Adam	12	PSDN VA	5/31/2013	River City Open	A/BB/B/C
12	1:05.02	L Zone	F	Eddy, Bracken	12	CYAC VA	5/31/2013	2013 TAC LC Spring Luau	
Men 11-12 200 Free									
1	2:11.85	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013	
2	2:12.19	L Zone	F	Durocher, Darren	12	RPST VA	5/9/2013	Poseidon Classic 2013	
3	2:14.45	L Zone	F	Wilburn, Cason	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
4	2:16.67	L Zone	F	Verastek, Christopher	12	SEVA VA	5/9/2013	Poseidon Classic 2013	
5	2:16.72	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/9/2013	Poseidon Classic 2013	
6	2:19.15	L Zone	F	Kerr, Adam	12	PSDN VA	5/9/2013	Poseidon Classic 2013	
7	2:19.39	L Zone	F	Ripol, Dain	12	NOVA VA	5/9/2013	Poseidon Classic 2013	
8	2:19.41	L Zone	F	Zachary, Arthur	12	TAC VA	5/3/2013	Tide LC Spring Challenge	
9	2:20.41	L Zone	F	Whiting, Colin	12	NOVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
10	2:20.48	L Zone	F	Eddy, Bracken	12	CYAC VA	5/31/2013	2013 TAC LC Spring Luau	
Men 11-12 400 Free									
1	4:39.08	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013	
2	4:44.85	L Zone	F	Wilburn, Cason	12	TAC VA	4/19/2013	VADC Spring Splash	
3	4:49.54	L Zone	F	Bowers, Noah	12	GATR VA	6/20/2013	2013 NC GSA Eastern Invitatio	
4	4:49.57	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/31/2013	River City Open	A/BB/B/C
5	4:49.92	L Zone	F	Kerr, Adam	12	PSDN VA	5/31/2013	River City Open	A/BB/B/C
6	4:52.73	L Zone	F	Taylor, Samuel	12	RACE VA	5/9/2013	Poseidon Classic 2013	
7	4:52.93	L Zone	F	Eddy, Bracken	12	CYAC VA	5/31/2013	2013 TAC LC Spring Luau	
Men 11-12 50 Back									
1	30.92	L Zone	F	Durocher, Darren	12	RPST VA	5/9/2013	Poseidon Classic 2013	
2	32.25	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/31/2013	River City Open	A/BB/B/C
3	33.08	L Zone	F	Verastek, Christopher	12	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	

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	Time		P/F/S	Name	Age/Yr			
4	33.53	L Zone	F	Zachary, Arthur	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational
5	33.55	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013
6*	33.84	L Zone	F	Wilburn, Cason	12	TAC VA	5/31/2013	2013 TAC LC Spring Luau
6*	33.84	L Zone	F	Kerr, Adam	12	PSDN VA	5/3/2013	Tide LC Spring Challenge
8	34.26	L Zone	F	Bowers, Noah	12	GATR VA	6/20/2013	2013 NC GSA Eastern Invitatio
9	34.57	L Zone	F	Graff, Mark	12	NOVA VA	5/9/2013	Poseidon Classic 2013
10	34.74	L Zone	F	Stephens, Joseph	12	TSU VA	5/31/2013	SNOW Long Course Invitational
11	34.83	L Zone	F	Oberle, Jacob	12	NOVA VA	5/9/2013	Poseidon Classic 2013
12	35.10	L Zone	F	Tarabocchia, Elijah	11	QSTS VA	5/9/2013	Poseidon Classic 2013
13*	35.23	L Zone	F	Neff, Alexander	11	TIDE VA	6/28/2013	2013 Last Chance Meet
13*	35.23	L Zone	F	Rocca, Sean	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational
15	35.34	L Zone	F	Barnes, Jonah	11	UVYMC VA	5/3/2013	Tide LC Spring Challenge
Men 11-12 100 Back								
1	1:06.45	L Zone	F	Durocher, Darren	12	RPST VA	5/31/2013	SNOW Long Course Invitational
2	1:09.67	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/31/2013	River City Open A/BB/B/C
3	1:10.36	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013
4	1:13.20	L Zone	F	Kerr, Adam	12	PSDN VA	5/31/2013	River City Open A/BB/B/C
5	1:13.28	L Zone	F	Tarabocchia, Elijah	11	QSTS VA	5/9/2013	Poseidon Classic 2013
6	1:13.48	L Zone	F	Wilburn, Cason	12	TAC VA	4/19/2013	VADC Spring Splash
7	1:13.87	L Zone	F	Montes, Julian	12	WAC VA	6/21/2013	CGBD Summer Madness LC Invitational
8	1:13.96	L Zone	F	Verastek, Christopher	12	SEVA VA	5/9/2013	Poseidon Classic 2013
9	1:14.26	L Zone	F	Madden, Patrick	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In
10	1:14.42	L Zone	F	Moure, Quimey	12	TIDE VA	5/31/2013	2013 TAC LC Spring Luau
11	1:15.32	L Zone	F	Bowers, Noah	12	GATR VA	6/20/2013	2013 NC GSA Eastern Invitatio
12	1:15.37	L Zone	F	Zachary, Arthur	12	TAC VA	4/19/2013	VADC Spring Splash
Men 11-12 200 Back								
1	2:26.43	L Zone	F	Durocher, Darren	12	RPST VA	5/9/2013	Poseidon Classic 2013
2	2:31.34	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013
3	2:33.72	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/9/2013	Poseidon Classic 2013
4	2:33.96	L Zone	F	Kerr, Adam	12	PSDN VA	5/31/2013	River City Open A/BB/B/C
5	2:36.84	L Zone	F	Wilburn, Cason	12	TAC VA	4/19/2013	VADC Spring Splash
6	2:36.94	L Zone	F	Ripol, Dain	12	NOVA VA	5/9/2013	Poseidon Classic 2013
7	2:37.92	L Zone	F	Bowers, Noah	12	GATR VA	5/9/2013	Poseidon Classic 2013
8	2:38.61	L Zone	F	Eddy, Bracken	12	CYAC VA	5/31/2013	2013 TAC LC Spring Luau
9	2:39.11	L Zone	F	Tarabocchia, Elijah	11	QSTS VA	6/28/2013	2013 Last Chance Meet
10	2:39.36	L Zone	F	Verastek, Christopher	12	SEVA VA	5/3/2013	Tide LC Spring Challenge
Men 11-12 50 Breast								
1	36.17	L Zone	F	Durocher, Darren	12	RPST VA	5/4/2013	2013 Jeff Rouse Open Invitational
2	36.34	L Zone	F	Verastek, Christopher	12	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational
3	36.85	L Zone	F	Whiting, Colin	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In
4	36.87	L Zone	F	Moure, Quimey	12	TIDE VA	3/23/2013	2013 SEVA LC Head Start Meet
5	38.25	L Zone	F	Eddy, Bracken	12	CYAC VA	5/31/2013	2013 TAC LC Spring Luau
6	38.37	L Zone	F	Barnett, Jack	12	PSDN VA	6/28/2013	2013 Last Chance Meet
7	39.32	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/9/2013	Poseidon Classic 2013
Men 11-12 100 Breast								
1	1:17.80	L Zone	F	Verastek, Christopher	12	SEVA VA	5/9/2013	Poseidon Classic 2013
2	1:19.05	L Zone	F	Durocher, Darren	12	RPST VA	5/9/2013	Poseidon Classic 2013
3	1:20.93	L Zone	F	Whiting, Colin	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In
4	1:21.40	L Zone	F	Moure, Quimey	12	TIDE VA	3/23/2013	2013 SEVA LC Head Start Meet
5	1:24.61	L Zone	F	Diaz, Gilbert	11	QDD VA	5/31/2013	SNOW Long Course Invitational
6	1:25.03	L Zone	F	Eddy, Bracken	12	CYAC VA	5/31/2013	2013 TAC LC Spring Luau
7	1:25.67	L Zone	F	Kerr, Adam	12	PSDN VA	5/9/2013	Poseidon Classic 2013

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	Time		P/F/S	Name	Age/Yr				
Men 11-12 200 Breast									
1	2:52.09	L Zone	F	Whiting, Colin	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
2	2:55.90	L Zone	F	Verastek, Christopher	12	SEVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
3	2:58.32	L Zone	F	Whelan, Matthew	12	NOVA VA	6/21/2013	CGBD Summer Madness LC Invitational	
Men 11-12 50 Fly									
1	28.73	L Zone	F	Durocher, Darren	12	RPST VA	5/4/2013	2013 Jeff Rouse Open Invitational	
2	29.54	L Zone	F	Whelan, Matthew	12	NOVA VA	5/9/2013	Poseidon Classic 2013	
3	30.03	L Zone	F	Zachary, Arthur	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
4	30.41	L Zone	F	Giraudeau, Joel	12	YRVS VA	5/31/2013	2013 VA HOKI Spring into Summ	
5	30.50	L Zone	F	Wakefield, Nathan	12	PSDN VA	4/19/2013	VADC Spring Splash	
6	30.99	L Zone	F	Moure, Quimey	12	TIDE VA	6/28/2013	2013 Last Chance Meet	
7	31.68	L Zone	F	Montes, Julian	12	WAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
8	31.75	L Zone	F	Long, Canandez	12	VYAC VA	5/31/2013	2013 TAC LC Spring Luau	
9	31.95	L Zone	F	Bowers, Noah	12	GATR VA	6/20/2013	2013 NC GSA Eastern Invitatio	
10	32.35	L Zone	F	DallaValle, Christopher	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
11	32.53	L Zone	F	Verastek, Christopher	12	SEVA VA	5/9/2013	Poseidon Classic 2013	
12	32.56	L Zone	F	Wilburn, Cason	12	TAC VA	5/31/2013	2013 TAC LC Spring Luau	
Men 11-12 100 Fly									
1	1:05.72	L Zone	F	Durocher, Darren	12	RPST VA	5/9/2013	Poseidon Classic 2013	
2	1:09.33	L Zone	F	Zachary, Arthur	12	TAC VA	5/31/2013	2013 TAC LC Spring Luau	
3	1:09.36	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/9/2013	Poseidon Classic 2013	
4	1:09.41	L Zone	F	Whelan, Matthew	12	NOVA VA	5/31/2013	2013 TAC LC Spring Luau	
5	1:10.62	L Zone	F	Moure, Quimey	12	TIDE VA	6/28/2013	2013 Last Chance Meet	
6	1:11.06	L Zone	F	DallaValle, Christopher	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
7	1:12.89	L Zone	F	Montes, Julian	12	WAC VA	4/19/2013	VADC Spring Splash	
8	1:12.92	L Zone	F	Bowers, Noah	12	GATR VA	5/9/2013	Poseidon Classic 2013	
Men 11-12 200 Fly									
1	2:30.91	L Zone	F	Zachary, Arthur	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
2	2:32.63	L Zone	F	Durocher, Darren	12	RPST VA	5/31/2013	SNOW Long Course Invitational	
3	2:37.72	L Zone	F	Wakefield, Nathan	12	PSDN VA	5/9/2013	Poseidon Classic 2013	
4	2:40.51	L Zone	F	DallaValle, Christopher	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
5	2:43.40	L Zone	F	Moure, Quimey	12	TIDE VA	5/3/2013	Tide LC Spring Challenge	
Men 11-12 200 IM									
1	2:27.87	L Zone	F	Durocher, Darren	12	RPST VA	5/4/2013	2013 Jeff Rouse Open Invitational	
2	2:30.15	L Zone	F	Whelan, Matthew	12	NOVA VA	5/31/2013	2013 TAC LC Spring Luau	
3	2:32.01	L Zone	F	Verastek, Christopher	12	SEVA VA	5/9/2013	Poseidon Classic 2013	
4	2:32.46	L Zone	F	Wakefield, Nathan	12	PSDN VA	4/19/2013	VADC Spring Splash	
5	2:35.15	L Zone	F	Kerr, Adam	12	PSDN VA	4/19/2013	VADC Spring Splash	
6	2:35.68	L Zone	F	Zachary, Arthur	12	TAC VA	6/21/2013	CGBD Summer Madness LC Invitational	
7	2:36.96	L Zone	F	Moure, Quimey	12	TIDE VA	5/3/2013	Tide LC Spring Challenge	
8	2:38.99	L Zone	F	Whiting, Colin	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
9	2:39.35	L Zone	P	Viers, Nicholas	12	NOVA VA	6/14/2013	2013 NC HPSC Furniture City In	
10	2:39.50	L Zone	F	Eddy, Bracken	12	CYAC VA	6/21/2013	2013 Subway Commonwealth Games of VA	