



## 2013 Long Course Zone Team Coaching Staff

|                    |                             |
|--------------------|-----------------------------|
| 10 and under boys  | Tim Mousetis                |
| 10 and under girls | Jordan Filchock             |
| 11-12 boys         | Justin Racer                |
| 11-12 girls        | James Landis                |
| 13-14 boys         | Mark Van Deren (head coach) |
| 13-14 girls        | Bridget Burkot              |
| 15-18 boys         | Peter Maloney               |
| 15-18 boys         | Jay Smith                   |