

Virginia Swimming LC Zone Team Top 10
Thru July 2012
Age up date = 8 August 2012

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Women 11-12 50 Free									
1	29.38	L Zone	F	Alex Slayton	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
2	30.01	L Zone	F	Gabby Oliveri	12	NOVA VA	5/10/2012	Poseidon Classic	
3 *	30.26	L Zone	F	Chelsea Marstellar	12	CGBD VA	3/24/2012	2012 SEVA LC Head Start Meet	
3 *	30.26	L Zone	F	Nicole Nguyen	12	SEVA VA	6/29/2012	CGBD Summer Madness LC	
5	30.31	L Zone	F	Clair Cortright	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
6	30.33	L Zone	F	Sabrina Mikeal	12	STAT VA	5/5/2012	2012 PV SNOW LC Spring Classic	
7	30.37	L Zone	F	Carter Catherine Roehrl	12	WAC VA	5/10/2012	Poseidon Classic	
8	30.48	L	F	Shelby Stanley	11	CCA VA	1/13/2012	2012 NC RSA January Jubilee Meet	
9 *	30.50	L	F	Sara Gaston	11	BAC VA	6/15/2012	Last Chance Meet	
9 *	30.50	L	F	Jenna Thompson	11	SEVA VA	6/1/2012	2012 TAC LC Spring Luau	
Women 11-12 100 Free									
1	1:04.90	L Zone	F	Alex Slayton	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
2	1:04.98	L Zone	F	Sabrina Mikeal	12	STAT VA	5/25/2012	2012 PV Virginia LC State	
3	1:05.13	L Zone	F	Madeleine Hadd	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
4	1:05.67	L Zone	F	Jenna Thompson	11	SEVA VA	6/29/2012	CGBD Summer Madness LC	
5 *	1:06.07	L Zone	F	Shelby Stanley	11	CCA VA	1/13/2012	2012 NC RSA January Jubilee Meet	
5 *	1:06.07	L Zone	F	Clair Cortright	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
7	1:06.11	L	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
8	1:06.24	L	F	Emma Muzzy	11	CCA VA	1/13/2012	2012 NC RSA January Jubilee Meet	
9	1:06.33	L	F	Cameron Seeley	12	HOKI VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
10	1:06.78	L	F	Carter Catherine Roehrl	12	WAC VA	6/29/2012	CGBD Summer Madness LC	
Women 11-12 200 Free									
1	2:16.57	L Zone	F	Madeleine Hadd	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
2	2:21.80	L	F	Carter Catherine Roehrl	12	WAC VA	6/21/2012	2012 NC GSA Eastern Invitation	
3	2:21.84	L	F	Maddie Morello	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	

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4	2:22.78 L	F	Sabrina Mikeal	12	STAT VA	6/22/2012	Subway Commonwealth Games of VA	
5	2:24.03 L	F	Callie Dickinson	12	TIDE VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
6	2:24.10 L	F	Lauren Meeker	12	NOVA VA	5/10/2012	Poseidon Classic	
7	2:24.21 L	F	Clair Cortright	12	NOVA VA	5/10/2012	Poseidon Classic	
8	2:24.36 L	F	Cambrie Cooke	11	CGBD VA	5/6/2012	13th Annual Blue & Yellow Intrasquad	
9	2:24.85 L	F	Alex Slayton	12	CGBD VA	6/1/2012	2012 TAC LC Spring Luau	
10	2:25.25 L	F	Emma Muzzy	11	CCA VA	5/5/2012	2012 HOKI MAY TRI MEET	

Women 11-12 400 Free

1	4:40.62 L	Zone	F	Madeleine Hadd	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
2	4:54.58 L	Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
3	4:58.47 L		F	Taylor Summerlin	12	GATR VA	6/21/2012	2012 NC GSA Eastern Invitation	
4	5:01.01 L		F	Lauren Meeker	12	NOVA VA	6/22/2012	Subway Commonwealth Games of VA	
5	5:02.25 L		F	Caroline Kulp	11	GATR VA	6/21/2012	2012 NC GSA Eastern Invitation	
6	5:03.32 L		F	Cabell Whitlow	12	GATR VA	5/10/2012	Poseidon Classic	
7	5:03.63 L		F	Emma Muzzy	11	CCA VA	5/5/2012	2012 HOKI MAY TRI MEET	
8	5:04.14 L		F	Alex Slayton	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
9	5:04.57 L		F	Casie Clark	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
10	5:04.63 L		F	Jenna Thompson	11	SEVA VA	6/29/2012	CGBD Summer Madness LC	

Women 11-12 50 Back

1	33.30 L	Zone	F	Alex Slayton	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
2	33.65 L	Zone	F	Maddie Morello	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
3	34.37 L	Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
4	34.39 L	Zone	F	Sabrina Mikeal	12	STAT VA	3/24/2012	2012 SEVA LC Head Start Meet	
5	34.53 L	Zone	F	Cailin Carroll	12	QSTS VA	6/29/2012	CGBD Summer Madness LC	
6	35.45 L	Zone	F	Ashley Huang	12	CYAC VA	6/22/2012	Subway Commonwealth Games of VA	

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7	35.47	L Zone	F	Sonora Baker	12	BAC VA	6/15/2012	Last Chance Meet	
8	35.70	L	F	Lacey Kramer	12	BAC VA	6/29/2012	CGBD Summer Madness LC	
9	35.83	L	F	Amanda Blaha	11	YGR VA	6/15/2012	Last Chance Meet	
10	35.85	L	F	Sara Gaston	11	BAC VA	6/15/2012	Last Chance Meet	
Women 11-12 100 Back									
1	1:12.37	L Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
2	1:12.49	L Zone	F	Alex Slayton	12	CGBD VA	6/1/2012	2012 TAC LC Spring Luau	
3	1:14.49	L Zone	F	Maddie Morello	12	CGBD VA	6/1/2012	2012 TAC LC Spring Luau	
4	1:15.24	L Zone	F	Sonora Baker	12	BAC VA	6/29/2012	CGBD Summer Madness LC	
5	1:15.67	L	F	Sabrina Mikeal	12	STAT VA	5/25/2012	2012 PV Virginia LC State	
6	1:15.80	L	F	Madeleine Hadd	12	NOVA VA	5/18/2012	2012 NC Josh Weaver Memorial M	
7	1:16.15	L	F	Ashley Huang	12	CYAC VA	6/22/2012	Subway Commonwealth Games of VA	
8	1:16.82	L	F	Shelby Stanley	11	CCA VA	6/15/2012	2012 NC HPSC Furniture City I	
9	1:17.31	L	F	Amanda Blaha	11	YGR VA	6/15/2012	Last Chance Meet	
10	1:17.72	L	F	Cailin Carroll	12	QSTS VA	6/29/2012	CGBD Summer Madness LC	
Women 11-12 200 Back									
1	2:32.87	L Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
2	2:34.69	L Zone	F	Alex Slayton	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
3	2:39.19	L Zone	F	Madeleine Hadd	12	NOVA VA	6/29/2012	CGBD Summer Madness LC	
4	2:39.52	L Zone	F	Maddie Morello	12	CGBD VA	5/10/2012	Poseidon Classic	
5	2:42.36	L	F	Sabrina Mikeal	12	STAT VA	6/22/2012	Subway Commonwealth Games of VA	
6	2:44.50	L	F	Cabell Whitlow	12	GATR VA	5/10/2012	Poseidon Classic	
7	2:44.81	L	F	Taylor Summerlin	12	GATR VA	5/10/2012	Poseidon Classic	
8	2:45.09	L	F	Lacey Kramer	12	BAC VA	5/10/2012	Poseidon Classic	
9	2:45.81	L	F	Lauren Meeker	12	NOVA VA	5/10/2012	Poseidon Classic	
10	2:45.99	L	F	Carter Catherine Roehrle	12	WAC VA	6/29/2012	CGBD Summer Madness LC	

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Women 11-12 50 Breast									
1	37.85	L Zone	F	Charlotte Rumsey	12	SMAC VA	6/8/2012	2012 NBAC Long Course	
2	38.01	L Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
3	38.40	L Zone	F	Cailin Carroll	12	QSTS VA	5/10/2012	Poseidon Classic	
4	38.58	L Zone	F	Maura Graff	11	NOVA VA	1/13/2012	2012 NC RSA January Jubilee Meet	
5	39.31	L Zone	F	Chelsea Marsteller	12	CGBD VA	3/24/2012	2012 SEVA LC Head Start Meet	
6	39.45	L Zone	F	Nicole Nguyen	12	SEVA VA	6/1/2012	2012 TAC LC Spring Luau	
7	39.76	L	F	Carter Bristow	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
8	39.90	L	F	Ashley Meyer	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
9	40.16	L	F	Grace Edwards	11	YGR VA	6/29/2012	CGBD Summer Madness LC	
10	40.25	L	F	Jacqueline Tinneney	11	SEVA VA	6/29/2012	CGBD Summer Madness LC	
Women 11-12 100 Breast									
1	1:23.95	L Zone	F	Charlotte Rumsey	12	SMAC VA	6/8/2012	2012 NBAC Long Course	
2	1:24.61	L Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
3	1:26.03	L Zone	P	Carter Bristow	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
4	1:26.27	L	F	Shelby Stanley	11	CCA VA	6/15/2012	2012 NC HPSC Furniture City I	
5	1:26.29	L	F	Maura Graff	11	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
6	1:26.39	L	P	Ashley Meyer	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
7	1:26.55	L	F	Chelsea Marsteller	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
8	1:26.74	L	F	Taylor Summerlin	12	GATR VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
9	1:26.92	L	P	Nikki Rizer	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
10	1:26.98	L	F	Cailin Carroll	12	QSTS VA	6/15/2012	Last Chance Meet	
Women 11-12 200 Breast									
1	2:56.80	L Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
2	3:00.60	L Zone	F	Ashley Meyer	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	

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3	3:02.53 L	F	Carter Bristow	12	NOVA VA	6/29/2012	CGBD Summer Madness LC	
4	3:02.58 L	F	Taylor Summerlin	12	GATR VA	1/13/2012	2012 NC RSA January Jubilee Meet	
5	3:05.54 L	F	Rebecca Rogers	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
6	3:05.57 L	F	Cailin Carroll	12	QSTS VA	5/10/2012	Poseidon Classic	
7	3:05.60 L	F	Bella Seip	12	BAC VA	6/29/2012	CGBD Summer Madness LC	
8	3:05.80 L	F	Chelsea Marsteller	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
9	3:08.26 L	F	Jacqueline Tinneney	11	SEVA VA	6/29/2012	CGBD Summer Madness LC	
10	3:08.38 L	F	Nikki Rizer	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	

Women 11-12 50 Fly

1	31.39 L	Zone	F	Ashley Huang	12	CYAC VA	6/22/2012	Subway Commonwealth Games of VA	
2	32.11 L	Zone	F	Alex Slayton	12	CGBD VA	3/24/2012	2012 SEVA LC Head Start Meet	
3	32.28 L	Zone	F	Sabrina Mikeal	12	STAT VA	5/25/2012	2012 PV Virginia LC State	
4	32.31 L	Zone	F	Nicole Nguyen	12	SEVA VA	5/10/2012	Poseidon Classic	
5	32.36 L	Zone	F	Chelsea Marsteller	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
6	32.39 L	Zone	F	Randi Palandro	12	TAC VA	6/21/2012	2012 NC GSA Eastern Invitation	
7	32.62 L	Zone	F	Clair Cortright	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
8	33.28 L		F	Madeleine Hadd	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
9	33.34 L		F	Carter Catherine Roehrle	12	WAC VA	6/1/2012	2012 TAC LC Spring Luau	
10	33.38 L		F	Cailin Carroll	12	QSTS VA	6/15/2012	Last Chance Meet	

Women 11-12 100 Fly

1	1:11.13 L	Zone	F	Madeleine Hadd	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
2	1:12.42 L	Zone	F	Clair Cortright	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
3	1:12.53 L	Zone	F	Ashley Huang	12	CYAC VA	6/22/2012	Subway Commonwealth Games of VA	
4	1:12.77 L	Zone	F	Lauren Meeker	12	NOVA VA	6/22/2012	Subway Commonwealth Games of VA	
5	1:12.80 L	Zone	F	Emma Muzzy	11	CCA VA	6/15/2012	2012 NC HPSC Furniture City I	
6	1:13.06 L	Zone	F	Lauryn Nilson	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	

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7	1:13.19 L Zone	F	Alex Slayton	12	CGBD VA	5/10/2012	Poseidon Classic	
8	1:13.22 L Zone	F	Shelby Stanley	11	CCA VA	1/13/2012	2012 NC RSA January Jubilee Meet	
9	1:13.43 L Zone	F	Shelby Raber	11	HOKI VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
10	1:14.26 L	F	Sabrina Mikeal	12	STAT VA	5/25/2012	2012 PV Virginia LC State	

Women 11-12 200 Fly

1	2:34.12 L Zone	F	Madeleine Hadd	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
2	2:39.99 L Zone	F	Emma Muzzy	11	CCA VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
3	2:43.11 L Zone	F	Taylor Summerlin	12	GATR VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
4	2:44.47 L	F	Lauren Meeker	12	NOVA VA	6/29/2012	CGBD Summer Madness LC	
5	2:44.68 L	F	Clair Cortright	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
6	2:44.83 L	F	Lauryn Nilson	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
7	2:46.43 L	F	Emma Hartley	12	WAC VA	6/29/2012	CGBD Summer Madness LC	
8	2:46.44 L	F	Cabell Whitlow	12	GATR VA	5/10/2012	Poseidon Classic	
9	2:50.08 L	F	Meaghan Payne	12	QSTS VA	6/29/2012	CGBD Summer Madness LC	
10	2:50.76 L	F	Rebecca Rogers	12	NOVA VA	6/29/2012	CGBD Summer Madness LC	

Women 11-12 200 IM

1	2:39.36 L Zone	F	Alex Slayton	12	CGBD VA	6/1/2012	2012 TAC LC Spring Luau	
2	2:39.40 L Zone	F	Maddie Morello	12	CGBD VA	6/29/2012	CGBD Summer Madness LC	
3	2:40.19 L Zone	F	Callie Dickinson	12	TIDE VA	6/29/2012	CGBD Summer Madness LC	
4	2:40.37 L Zone	F	Madeleine Hadd	12	NOVA VA	5/18/2012	2012 NC Josh Weaver Memorial M	
5	2:40.47 L Zone	F	Clair Cortright	12	NOVA VA	6/15/2012	2012 NC HPSC Furniture City I	
6	2:41.16 L	F	Emma Muzzy	11	CCA VA	6/15/2012	2012 NC HPSC Furniture City I	
7	2:41.40 L	F	Carter Catherine Roehrl	12	WAC VA	6/29/2012	CGBD Summer Madness LC	
8	2:41.77 L	F	Taylor Summerlin	12	GATR VA	5/10/2012	Poseidon Classic	
9	2:42.05 L	F	Shelby Raber	11	HOKI VA	6/1/2012	HOKI Trials Tune-Up and AG Meet	
10	2:43.15 L	F	Shelby Stanley	11	CCA VA	5/5/2012	2012 HOKI MAY TRI MEET	