

Virginia Swimming LC Zone Team Top 10 thru May 2011 Age Up Date = 10 August 2011

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Women 15-18 50 Free									
1	28.02	L	ZONE	F	Clark, Leigh-Ann	15	CGBD VA	5/15/2011	12th Annual Blue & Yellow Intrasquad Meet
2	28.11	L	ZONE	F	Phillips, Julianne	18	VYAC VA	5/27/2011	2011 PV Virginia LC State Championships
3	28.22	L	ZONE	F	Lane, Hailey	16	UNOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
4	28.24	L	ZONE	F	Vay, Meredith	15	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
5	28.39	L	ZONE	F	Kimball, Danielle	16	CGBD VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the H
6	28.44	L	L ZONE	F	Vieni, Jennifer	16	VA VA	8/11/2010	2010 Eastern Zone LC Championships
7	28.51	L	ZONE	F	Tomko, Chelsea	18	VA VA	8/11/2010	2010 Eastern Zone LC Championships
8	28.67	L	ZONE	F	Adkins, Claire	16	CCA VA	5/20/2011	2011 HOKI May Invitational
9	28.88	L	ZONE	F	Kula, Audrey	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
10	29.11	L		F	Rogers, Cat	16	QDD VA	6/3/2011	2011 PV SNOW LC Invitational
Women 15-18 100 Free									
1	1:00.76	L	ZONE	P	Phillips, Julianne	18	VYAC VA	5/27/2011	2011 PV Virginia LC State Championships
2	1:01.44	L	L ZONE	F	Vay, Meredith	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
3	1:01.66	L	ZONE	F	Kimball, Danielle	16	CGBD VA	6/3/2011	OBX Swimaroo 2011
4	1:01.81	L	ZONE	P	Bandman, Casey	17	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
5	1:01.84	L	ZONE	F	Cronk, Natalie	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
6	1:02.05	L	ZONE	P	Lane, Hailey	16	UNOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
7	1:02.18	L	ZONE	F	Nester, Jane	16	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
8	1:02.21	L	ZONE	F	Kula, Audrey	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
9	1:02.34	L	ZONE	F	Roseberry, Natalee	17	HOKI VA	6/24/2011	2011 SE Ultimate Challenge
10	1:02.85	L	ZONE	F	White, Hannah	16	TAC VA	4/29/2011	2011 TAC LC Spring Fling
Women 15-18 200 Free									
1	2:10.93	L	ZONE	F	Kish, MK	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	2:11.44	L	ZONE	F	Lane, Hailey	16	UNOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the H
3	2:12.22	L	ZONE	P	Phillips, Julianne	18	VYAC VA	5/27/2011	2011 PV Virginia LC State Championships
4	2:13.11	L	ZONE	F	Nester, Jane	16	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
5	2:13.82	L	ZONE	F	Hall, Bailey	16	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the H
6	2:14.73	L	ZONE	F	Cronk, Natalie	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
7	2:14.75	L	ZONE	F	Fredericksen, Sarah	16	LY VA	5/20/2011	2011 HOKI May Invitational
8	2:14.96	L	ZONE	F	Kula, Audrey	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
9	2:15.31	L	ZONE	F	Henry, Kelly	15	PWSC VA	5/27/2011	2011 PV Virginia LC State Championships
10	2:15.71	L	ZONE	P	Fuller, Selina	15	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
Women 15-18 400 Free									
1	4:37.55	L	ZONE	F	Phillips, Julianne	18	VYAC VA	5/27/2011	2011 PV Virginia LC State Championships
2	4:38.03	L	ZONE	P	Loud, Shannon	16	ODAC VA	6/16/2011	XLIV Santa Clara International Invitational
3	4:38.45	L	ZONE	F	Fredericksen, Sarah	16	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational
4	4:39.32	L	ZONE	F	Kish, MK	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
5	4:39.83	L	ZONE	F	Hall, Bailey	16	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
6	4:40.07	L	ZONE	F	Lane, Hailey	16	UNOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
7	4:41.11	L	ZONE	F	Nester, Jane	16	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
8	4:42.45	L	ZONE	F	Fuller, Selina	15	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
9	4:43.34	L	ZONE	F	Kula, Audrey	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
10	4:43.85	L	ZONE	F	Cronk, Natalie	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
Women 15-18 800 Free									
1	9:29.30	L	ZONE	F	Hall, Bailey	16	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the H
2	9:36.94	L	ZONE	F	Fredericksen, Sarah	16	LY VA	5/20/2011	2011 HOKI May Invitational
3	9:39.59	L	ZONE	F	Williams, Loren	15	ODAC VA	6/3/2011	OBX Swimaroo 2011
4	9:41.58	L	ZONE	F	White, Hannah	16	TAC VA	4/29/2011	2011 TAC LC Spring Fling
5	9:46.35	L	ZONE	F	Kish, MK	15	NOVA VA	4/29/2011	Carol Chidester Memorial Swim Meet
6	9:46.88	L	ZONE	F	Vay, Meredith	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships

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	Time		P/F/S	Name	Age/Yr				
7	9:48.29	L	ZONE	F	Lavay, Emily	18	WAC VA	6/3/2011	OBX Swimaroo 2011
8	9:48.98	L		F	Mendel, Erica	16	PSDN VA	5/20/2011	2011 PV Machine LC Classic
9	9:49.81	L		F	Terpenny, Haley	15	HOKI VA	5/20/2011	2011 HOKI May Invitational
10	9:52.03	L		F	Fuller, Selina	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
Women 15-18 1500 Free									
1	18:07.55	L	ZONE	F	Hall, Bailey	16	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
2	18:15.56	L	ZONE	F	Fredericksen, Sarah	16	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational
3	18:37.40	L	ZONE	F	McKinley, Emma	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
4	18:40.56	L	ZONE	F	Fuller, Selina	15	NOVA VA	6/24/2011	2011 Coventry Commonwealth Games of V
5	18:50.12	L		F	Vay, Meredith	15	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
6	18:59.02	L		F	Terpenny, Haley	15	HOKI VA	6/24/2011	2011 SE Ultimate Challenge
7	19:00.72	L		F	Mendel, Erica	16	PSDN VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
8	19:05.70	L		F	Baker, Madison	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
9	19:06.85	L		F	Harris, Sommer	15	PSDN VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
10	19:07.09	L		F	Acevedo, Elena	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
Women 15-18 100 Back									
1	1:08.49	L	L ZONE	F	Fuller, Selina	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	1:08.64	L	L ZONE	F	Loud, Shannon	16	ODAC VA	6/16/2011	XLIV Santa Clara International Invitational
3	1:08.79	L	ZONE	F	Phillips, Julianne	18	VYAC VA	5/27/2011	2011 PV Virginia LC State Championships
4	1:09.27	L	ZONE	F	Kimball, Danielle	16	CGBD VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
5	1:09.52	L	ZONE	F	Kish, MK	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
6	1:09.92	L	ZONE	F	Davis, Melissa	17	BAC VA	5/27/2011	2011 PV Virginia LC State Championships
7	1:10.13	L	ZONE	F	Pollard, Ashton	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
8	1:10.20	L	ZONE	F	Cheripka, Alicia	17	QDD VA	6/3/2011	2011 PV SNOW LC Invitational
9	1:10.30	L	ZONE	F	Tomenchok, Kira	15	PSDN VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
10	1:10.91	L	ZONE	F	Reilly, Dorothy	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
Women 15-18 200 Back									
1	2:27.30	L	ZONE	P	Loud, Shannon	16	ODAC VA	6/16/2011	XLIV Santa Clara International Invitational
2	2:29.34	L	ZONE	P	Fuller, Selina	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
3	2:29.66	L	ZONE	P	Reilly, Dorothy	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
4	2:30.74	L	ZONE	F	Davis, Melissa	17	BAC VA	5/27/2011	2011 PV Virginia LC State Championships
5	2:30.90	L	ZONE	P	Bandman, Casey	17	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
6	2:30.91	L	ZONE	P	Kish, MK	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
7	2:30.93	L	ZONE	P	Tomenchok, Kira	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
8	2:30.97	L	ZONE	F	Kimball, Danielle	16	CGBD VA	6/3/2011	OBX Swimaroo 2011
9	2:31.26	L	ZONE	F	Pollard, Ashton	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
10	2:33.09	L	ZONE	P	Cartagena, Taylor	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
Women 15-18 100 Breast									
1	1:14.89	L	ZONE	F	Harris, Sommer	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	1:20.15	L	ZONE	F	Cronk, Natalie	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
3	1:20.66	L	ZONE	F	Lane, Annie	15	UNCCA VA	5/20/2011	2011 HOKI May Invitational
4	1:20.78	L	ZONE	F	Wingfield, Amber	17	LY VA	5/20/2011	2011 HOKI May Invitational
5	1:20.87	L	ZONE	F	Lomicka, Jennifer	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
6	1:21.55	L	ZONE	P	Wood, Ellis	16	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
7	1:21.98	L	ZONE	F	Neilan, Larissa	15	BASS VA	4/29/2011	2011 Jeff Rouse Open Invitational
8	1:22.05	L	ZONE	F	Brallier, Sarah	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
9	1:22.23	L	ZONE	F	Christy, Allie	16	WAC VA	4/29/2011	2011 TAC LC Spring Fling
10	1:22.25	L	ZONE	F	Cartagena, Taylor	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
Women 15-18 200 Breast									
1	2:43.51	L	ZONE	F	Harris, Sommer	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	2:51.62	L	ZONE	F	Cronk, Natalie	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V

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	Time		P/F/S	Name	Age/Yr				
3	2:51.97	L	ZONE	F	Acker, Seana	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
4	2:51.99	L	ZONE	F	Lane, Annie	15	UNCCA VA	5/20/2011	2011 HOKI May Invitational
5	2:52.03	L	ZONE	F	Brallier, Sarah	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
6	2:52.17	L	ZONE	F	Baker, Madison	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
7	2:53.02	L	ZONE	F	Wood, Ellis	16	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
8	2:54.86	L	ZONE	F	Shealy, Brittany	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
9	2:55.75	L	ZONE	F	Happney, Katelynn	16	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
10	2:55.83	L	ZONE	P	Murphy, Molly	15	BAC VA	5/27/2011	2011 PV Virginia LC State Championships
Women 15-18 100 Fly									
1	1:07.87	L	ZONE	F	McKinley, Emma	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
2	1:08.08	L	ZONE	F	Phillips, Julianne	18	VYAC VA	5/27/2011	2011 PV Virginia LC State Championships
3	1:08.15	L	ZONE	F	Fredericksen, Sarah	16	LY VA	5/20/2011	2011 HOKI May Invitational
4	1:08.44	L	ZONE	F	Kula, Audrey	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
5	1:08.46	L	ZONE	F	Tomenchok, Kira	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
6	1:08.73	L	ZONE	F	Wingfield, Amber	17	LY VA	5/20/2011	2011 HOKI May Invitational
7	1:09.04	L	ZONE	F	Terpenny, Haley	15	HOKI VA	5/20/2011	2011 HOKI May Invitational
8	1:09.07	L	ZONE	F	Reilly, Dorothy	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
9	1:09.32	L	ZONE	F	Harris, Sommer	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
10	1:09.39	L	ZONE	F	Lomicka, Jennifer	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the f
Women 15-18 200 Fly									
1	2:26.75	L	ZONE	F	Fredericksen, Sarah	16	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational
2	2:27.08	L	ZONE	F	Terpenny, Haley	15	HOKI VA	5/20/2011	2011 HOKI May Invitational
3	2:27.60	L	ZONE	P	Hall, Bailey	16	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the f
4	2:28.65	L	ZONE	F	McKinley, Emma	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
5	2:28.92	L	ZONE	F	Kula, Audrey	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
6	2:29.57	L	ZONE	F	Horn, Ali	18	GATR VA	6/10/2011	2011 NC HPSC 23rd Furniture City Invitatio
7	2:29.85	L	ZONE	F	Reilly, Dorothy	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
8	2:30.27	L	ZONE	P	Harris, Sommer	15	PSDN VA	5/12/2011	2011 NC Charlotte UltraSwim
9	2:30.85	L	ZONE	F	Williams, Logan	15	ODAC VA	6/3/2011	OBX Swimaroo 2011
10	2:31.65	L		P	Baker, Madison	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
Women 15-18 200 IM									
1	2:25.64	L	ZONE	F	Kish, MK	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	2:28.73	L	ZONE	P	Bandman, Casey	17	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
3	2:30.05	L	ZONE	F	Pollard, Ashton	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
4	2:32.23	L	ZONE	F	Tomko, Chelsea	18	VA VA	8/11/2010	2010 Eastern Zone LC Championships
5	2:32.35	L	ZONE	F	Lavay, Emily	18	WAC VA	5/27/2011	2011 PV Virginia LC State Championships
6	2:32.48	L	ZONE	F	Henry, Kelly	15	PWSC VA	5/27/2011	2011 PV Virginia LC State Championships
7	2:33.27	L	ZONE	F	Baker, Madison	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
8	2:33.87	L	ZONE	F	Fredericksen, Sarah	16	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational
9	2:34.41	L	ZONE	F	Shealy, Brittany	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the f
10	2:34.74	L	ZONE	F	Cartagena, Taylor	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
Women 15-18 400 IM									
1	5:10.00	L	ZONE	F	Kish, MK	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	5:16.09	L	ZONE	F	Cronk, Natalie	17	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
3	5:18.40	L	ZONE	F	Horn, Ali	18	GATR VA	6/10/2011	2011 NC HPSC 23rd Furniture City Invitatio
4	5:19.09	L	ZONE	F	Baker, Madison	16	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
5	5:22.20	L	ZONE	F	Lavay, Emily	18	WAC VA	5/27/2011	2011 PV Virginia LC State Championships
6	5:22.77	L	ZONE	F	Harris, Sommer	15	PSDN VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
7	5:23.06	L	ZONE	F	Fredericksen, Sarah	16	LY VA	6/3/2011	2011 SE LC Chattanooga Invite
8	5:23.16	L	ZONE	F	Hall, Bailey	16	NOVA VA	6/10/2011	2011 NC WAVE Capital City Invitational
9	5:24.34	L	ZONE	F	Cartagena, Taylor	15	NOVA VA	5/13/2011	2011 NC RSA Good Stuff Long Course Mee

	Time		P/F/S	Name	Age/Yr			
10	5:24.70	L	ZONE	F	Lomicka, Jennifer	17	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the H