

Virginia Swimming LC Zone Team Top 10 thru May 2011 Age Up Date = 10 August 2011

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Men 15-18 50 Free									
1	25.15	L	ZONE	F	Coor, Wil	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
2	25.19	L	ZONE	F	Pierce, Harrison	15	TIDE VA	6/3/2011	OBX Swimaroo 2011
3	25.25	L	ZONE	F	Burnley, Jesse	16	BAC VA	5/27/2011	2011 PV Virginia LC State Championships
4	25.49	L	ZONE	P	Hunt, Kevin	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
5	25.54	L	ZONE	F	Burns, Brian	17	TCAC VA	3/26/2011	2011 SEVA LC Head Start Meet
6	25.67	L	ZONE	F	Paryzek, Zac	17	TCAC VA	6/10/2011	2011 NC WAVE Capital City Invitational
7	25.71	L	ZONE	F	Russell, Billy	17	SEVA VA	6/3/2011	OBX Swimaroo 2011
8	25.75	L	ZONE	P	Hilker, John	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
9	25.83	L	ZONE	F	Hubert, Eddie	18	SEVA VA	6/3/2011	OBX Swimaroo 2011
10	25.84	L	ZONE	F	Fauls, Henry	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
Men 15-18 100 Free									
1	54.60	L	ZONE	F	Burnley, Jesse	16	BAC VA	5/27/2011	2011 PV Virginia LC State Championships
2	54.78	L	ZONE	F	Coor, Wil	17	VA VA	8/11/2010	2010 Eastern Zone LC Championships
3	55.86	L	ZONE	F	Minick, Grant	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
4	55.91	L	ZONE	P	Paryzek, Zac	17	TCAC VA	6/10/2011	2011 NC WAVE Capital City Invitational
5	55.94	L	ZONE	F	Lockman, Matt	16	GATR VA	6/24/2011	2011 Coventry Commonwealth Games of V
6	56.00	L	ZONE	P	Hunt, Kevin	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
7	56.04	L	ZONE	F	Lupacchino, Joseph	16	VACS VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
8	56.33	L	ZONE	F	DaCruz, Nate	15	TIDE VA	6/3/2011	OBX Swimaroo 2011
9	56.42	L	ZONE	P	Hilker, John	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
10	56.61	L	ZONE	F	Mikeal, Jessup	16	STAT VA	3/26/2011	2011 SEVA LC Head Start Meet
Men 15-18 200 Free									
1	2:00.41	L	ZONE	F	Hunt, Kevin	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
2	2:00.91	L	ZONE	F	Paryzek, Zac	17	TCAC VA	6/10/2011	2011 NC WAVE Capital City Invitational
3	2:02.31	L	ZONE	F	Burnley, Jesse	16	BAC VA	5/27/2011	2011 PV Virginia LC State Championships
4	2:03.16	L	ZONE	F	Nester, John	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
5	2:03.42	L	ZONE	P	Coor, Wil	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
6	2:03.75	L	ZONE	F	Carter, Ryan	17	CGBD VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
7	2:04.29	L	ZONE	F	Martin, Luke	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
8	2:04.40	L	ZONE	F	Erickson, Steffen	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
9	2:04.44	L	ZONE	F	White, Logan	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
10	2:04.66	L	ZONE	F	Lockman, Matt	16	GATR VA	6/24/2011	2011 Coventry Commonwealth Games of V
Men 15-18 400 Free									
1	4:17.96	L	ZONE	F	Cook, Andrew	18	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational
2	4:19.62	L	ZONE	F	Hunt, Kevin	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
3	4:20.45	L	ZONE	F	Mustafa, Adam	17	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
4	4:21.21	L	ZONE	F	Stronko, Samuel	16	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
5	4:21.29	L	ZONE	F	Paryzek, Zac	17	TCAC VA	6/10/2011	2011 NC WAVE Capital City Invitational
6	4:22.20	L	ZONE	F	Vevoda, Andrew	15	CYAC VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
7	4:22.54	L	ZONE	F	Nester, John	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
8	4:22.95	L	ZONE	F	Barden, Brett	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
9	4:24.05	L	ZONE	F	Erickson, Steffen	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
10	4:24.71	L	ZONE	F	Johnson, Matthew	17	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
Men 15-18 800 Free									
1	8:59.56	L	ZONE	F	Vevoda, Andrew	15	CYAC VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
2	9:03.58	L	ZONE	F	Henderson, Alex	16	VACS VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
3	9:03.88	L	ZONE	F	Nester, John	17	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the I
4	9:04.85	L	ZONE	F	Stronko, Samuel	16	QDD VA	6/3/2011	2011 PV SNOW LC Invitational
5	9:06.13	L	ZONE	F	Barden, Brett	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
6	9:06.56	L	ZONE	F	Browne, Zack	16	NOVA VA	4/29/2011	Carol Chidester Memorial Swim Meet

Virginia Swimming LC Zone Team Top 10 **thru May 2011** **Age Up Date = 10 August 2011**

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
7	9:07.96	L	ZONE	F	Hancock, Brad	15	SEVA VA	6/3/2011	OBX Swimaroo 2011
8	9:10.08	L	ZONE	F	Hilker, John	18	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
9	9:10.27	L	ZONE	F	Dunham, Tristan	15	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
10	9:11.63	L	ZONE	F	Croasdell, Jacob	17	QDD VA	6/3/2011	2011 PV SNOW LC Invitational
Men 15-18 1500 Free									
1	17:01.09	L	ZONE	F	Cook, Andrew	18	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational
2	17:03.10	L	ZONE	F	Paryzek, Zac	17	TCAC VA	6/10/2011	2011 NC WAVE Capital City Invitational
3	17:11.46	L	ZONE	F	Parker, Kenneth	15	QDD VA	6/3/2011	2011 PV SNOW LC Invitational
4	17:17.95	L	ZONE	F	Barden, Brett	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
5	17:19.09	L	ZONE	F	Vevoda, Andrew	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
6	17:21.29	L	ZONE	F	Erickson, Steffen	15	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
7	17:24.65	L	ZONE	F	Stronko, Samuel	16	QDD VA	4/29/2011	2011 Jeff Rouse Open Invitational
8	17:27.19	L	ZONE	F	Drummond, Andrew	16	PSDN VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
9	17:38.46	L	ZONE	F	Wyand, Erik	16	VA VA	8/11/2010	2010 Eastern Zone LC Championships
10	17:39.93	L	ZONE	F	Kalna, Matt	17	SHKS VA	4/29/2011	2011 Jeff Rouse Open Invitational
Men 15-18 100 Back									
1	1:01.82	L	ZONE	P	Fox-Moles, Michael	18	STAT VA	5/27/2011	2011 PV Virginia LC State Championships
2	1:02.00	L	ZONE	F	Fauls, Henry	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
3	1:02.06	L	ZONE	F	Phelps, Zack	17	VA VA	8/11/2010	2010 Eastern Zone LC Championships
4	1:02.24	L	ZONE	F	York, Josh	15	QSTS VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
5	1:02.85	L	ZONE	F	Henderson, Alex	16	VACS VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
6	1:04.04	L	ZONE	F	Prichard, Jeffrey	17	VA VA	8/11/2010	2010 Eastern Zone LC Championships
7	1:04.33	L	ZONE	P	Moore, Cameron	17	NOVA VA	6/23/2011	2011 BSS TYR Summer Classic Long Cour
8	1:04.46	L	ZONE	F	DaCruz, Nate	15	TIDE VA	6/3/2011	OBX Swimaroo 2011
9	1:04.75	L	ZONE	P	Bailey, Connor	16	NOVA VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
10	1:05.04	L	ZONE	F	Pierce, Harrison	15	TIDE VA	6/3/2011	OBX Swimaroo 2011
Men 15-18 200 Back									
1	2:12.78	L	ZONE	F	Henderson, Alex	16	VACS VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
2	2:15.91	L	ZONE	P	York, Josh	15	QSTS VA	6/3/2011	2011 Eagle Swim Team Summer Sizzler
3	2:16.11	L	ZONE	F	Russo, Salvatore	17	CCA VA	5/20/2011	2011 HOKI May Invitational
4	2:16.50	L	ZONE	P	Fauls, Henry	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
5	2:17.21	L	ZONE	F	Prichard, Jeffrey	17	VA VA	8/11/2010	2010 Eastern Zone LC Championships
6	2:20.45	L	ZONE	F	Burnley, Jesse	16	BAC VA	4/29/2011	2011 Jeff Rouse Open Invitational
7	2:20.47	L	ZONE	F	Grubb, Wyatt	16	BAC VA	4/29/2011	2011 Jeff Rouse Open Invitational
8	2:20.64	L	ZONE	P	Latimer, Matthew	18	PSDN VA	6/24/2011	2011 SC YSSC 8th Firecracker Invite
9	2:20.95	L	ZONE	P	Phelps, Zack	17	VA VA	8/11/2010	2010 Eastern Zone LC Championships
10	2:21.21	L	ZONE	F	Kalna, Matt	17	SHKS VA	4/29/2011	2011 Jeff Rouse Open Invitational
Men 15-18 100 Breast									
1	1:09.77	L	ZONE	F	Hou, Clark	16	NOVA VA	4/29/2011	Carol Chidester Memorial Swim Meet
2	1:10.89	L	ZONE	F	Dean, Deion	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
3	1:11.92	L	ZONE	F	Jones, Trevor	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
4	1:12.06	L	ZONE	F	Soderman, Alex	18	LY VA	5/20/2011	2011 HOKI May Invitational
5*	1:12.58	L	ZONE	F	Balch, Chris	17	WAC VA	4/29/2011	2011 TAC LC Spring Fling
5*	1:12.58	L	ZONE	P	Polo, Brian	17	VACS VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
7	1:12.76	L	ZONE	F	Frayne, Ryan	16	TIDE VA	5/14/2011	TIDE 2011 LCM Challenge
8	1:12.78	L	ZONE	P	Bissell, Logan	18	CGBD VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
9	1:12.96	L	ZONE	F	McQuiggan, Jake	17	VACS VA	5/20/2011	2011 NC NCAC Josh Weaver Meet on the F
10	1:13.31	L	ZONE	F	Holstege, Eli	16	CYAC VA	6/24/2011	2011 Coventry Commonwealth Games of V
Men 15-18 200 Breast									
1	2:33.11	L	ZONE	F	Jones, Trevor	15	VA VA	8/11/2010	2010 Eastern Zone LC Championships
2	2:33.38	L	ZONE	P	Williams, Chase	17	ODAC VA	6/16/2011	XLIV Santa Clara International Invitational

Virginia Swimming LC Zone Team Top 10 thru May 2011 Age Up Date = 10 August 2011

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
3	2:34.33	L	ZONE	F	Frayne, Ryan	16	TIDE VA	6/3/2011 OBX Swimaroo 2011
4	2:34.43	L	ZONE	F	Wallace, Matthew	15	VA VA	8/11/2010 2010 Eastern Zone LC Championships
5	2:35.09	L	ZONE	F	Hou, Clark	16	NOVA VA	5/13/2011 2011 NC RSA Good Stuff Long Course Mee
6	2:37.29	L	ZONE	F	Dean, Deion	15	VA VA	8/11/2010 2010 Eastern Zone LC Championships
7	2:38.66	L	ZONE	F	Browne, Zack	16	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour
8	2:40.15	L	ZONE	F	Head, Carter	18	LY VA	6/24/2011 2011 Lynchburg Firecracker Invitational
9	2:40.50	L	ZONE	F	Soderman, Alex	18	LY VA	5/20/2011 2011 HOKI May Invitational
10	2:40.56	L	ZONE	P	York, Josh	15	QSTS VA	6/3/2011 2011 Eagle Swim Team Summer Sizzler
Men 15-18 100 Fly								
1	59.10	L	ZONE	P	Williams, Chase	17	ODAC VA	6/16/2011 XLIV Santa Clara International Invitational
2	59.21	L	ZONE	F	Fauls, Henry	15	VA VA	8/11/2010 2010 Eastern Zone LC Championships
3	59.93	L	ZONE	P	Dunham, Preston	16	ODAC VA	6/16/2011 XLIV Santa Clara International Invitational
4	1:00.64	L	ZONE	F	Hunt, Kevin	18	NOVA VA	4/29/2011 Carol Chidester Memorial Swim Meet
5*	1:00.71	L	ZONE	F	Coor, Wil	17	VA VA	8/11/2010 2010 Eastern Zone LC Championships
5*	1:00.71	L	ZONE	F	Byrne, Francisco	17	PSDN VA	6/24/2011 2011 SC YSSC 8th Firecracker Invite
7	1:00.88	L	ZONE	F	Montes de Oca, Alex	16	BASS VA	4/29/2011 2011 Jeff Rouse Open Invitational
8	1:00.97	L	ZONE	F	York, Josh	15	QSTS VA	6/3/2011 2011 Eagle Swim Team Summer Sizzler
9	1:01.11	L	ZONE	F	Malone, Tom	17	CGBD VA	6/3/2011 OBX Swimaroo 2011
10	1:01.45	L	ZONE	F	Minick, Grant	17	QDD VA	4/29/2011 2011 Jeff Rouse Open Invitational
Men 15-18 200 Fly								
1	2:09.86	L	ZONE	P	Williams, Chase	17	ODAC VA	6/16/2011 XLIV Santa Clara International Invitational
2	2:10.34	L	ZONE	P	Dunham, Preston	16	ODAC VA	6/16/2011 XLIV Santa Clara International Invitational
3	2:13.82	L	ZONE	F	Cook, Andrew	18	LY VA	6/24/2011 2011 Lynchburg Firecracker Invitational
4	2:13.88	L	ZONE	P	Hunt, Kevin	18	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
5	2:15.02	L	ZONE	F	York, Josh	15	QSTS VA	6/24/2011 2011 SC YSSC 8th Firecracker Invite
6	2:15.43	L	ZONE	P	Nester, John	17	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
7	2:15.76	L	ZONE	F	Barden, Brett	15	VA VA	8/11/2010 2010 Eastern Zone LC Championships
8	2:16.51	L	ZONE	P	Ferguson, Thomas	16	PSDN VA	6/24/2011 2011 SC YSSC 8th Firecracker Invite
9	2:16.62	L	ZONE	F	Byrne, Francisco	17	PSDN VA	6/24/2011 2011 SC YSSC 8th Firecracker Invite
10	2:17.15	L	ZONE	P	Dudding, Gates	15	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour
Men 15-18 200 IM								
1	2:14.49	L	ZONE	P	Williams, Chase	17	ODAC VA	6/16/2011 XLIV Santa Clara International Invitational
2	2:16.72	L	ZONE	F	Fauls, Henry	15	VA VA	8/11/2010 2010 Eastern Zone LC Championships
3	2:16.75	L	ZONE	F	Martin, Luke	15	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour
4	2:16.99	L	ZONE	F	York, Josh	15	QSTS VA	6/3/2011 2011 Eagle Swim Team Summer Sizzler
5	2:17.27	L	ZONE	P	Barden, Brett	15	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
6	2:18.59	L	ZONE	F	Browne, Zack	16	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour
7	2:19.41	L	ZONE	P	Lupacchino, Joseph	16	VACS VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
8	2:19.43	L	ZONE	P	Hunt, Kevin	18	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
9	2:19.64	L	ZONE	F	Hou, Clark	16	NOVA VA	4/29/2011 Carol Chidester Memorial Swim Meet
10	2:20.00	L	ZONE	F	Mustafa, Adam	17	QDD VA	4/29/2011 2011 Jeff Rouse Open Invitational
Men 15-18 400 IM								
1	4:50.07	L	ZONE	F	Browne, Zack	16	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour
2	4:50.39	L	ZONE	F	York, Josh	15	VA VA	8/11/2010 2010 Eastern Zone LC Championships
3	4:52.60	L	ZONE	F	Henderson, Alex	16	VACS VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
4	4:52.82	L	ZONE	F	Barden, Brett	15	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
5	4:53.78	L	ZONE	F	Hunt, Kevin	18	NOVA VA	5/20/2011 2011 NC NCAC Josh Weaver Meet on the t
6	4:54.14	L	ZONE	F	Grubb, Wyatt	16	BAC VA	5/27/2011 2011 PV Virginia LC State Championships
7	4:56.07	L	ZONE	F	Mustafa, Adam	17	QDD VA	6/3/2011 2011 PV SNOW LC Invitational
8	4:58.74	L	ZONE	F	Erickson, Steffen	15	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour
9	4:59.50	L	ZONE	P	Chung, Austin	16	NOVA VA	6/23/2011 2011 BSS TYR Summer Classic Long Cour

**Virginia Swimming LC Zone Team Top 10
thru May 2011**
Age Up Date = 10 August 2011

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
10	5:00.06 L	ZONE F	Cook, Andrew	18	LY VA	6/24/2011	2011 Lynchburg Firecracker Invitational	