

Individual Meet Entries Report

2009 Eastern Zone LC Championships 12-Aug-09 to 15-Aug-09 LC Meters

Location: MCoy Natatorium Penn State University

# 1 Women 11-12 200 Back			Sarah Fredericksen (14)	VA-VA	1:02.04L
Remedy Rule (12)	VA-VA	2:26.82L	Allie Christy (14)	VA-VA	1:02.48L
Jessica Arnold (12)	VA-VA	2:31.17L	Victoria Barley (14)	VA-VA	1:02.94L
Allie Criss (12)	VA-VA	2:39.94L	Katelyn Admire (13)	VA-VA	1:03.06L
Anna Dickinson (12)	VA-VA	2:41.53L	Madison Baker (14)	VA-VA	1:03.59L
Mary Bernadette Escobar (12)	VA-VA	2:42.11L	Jennifer Vieni (14)	VA-VA	1:03.68L
Annie Boone (11)	VA-VA	2:43.64L	Danielle Kimball (14)	VA-VA	1:04.04L
# 2 Men 11-12 200 Back			# 8 Men 13-14 100 Free		
Trey Berry (12)	VA-VA	2:32.99L	Lucas Alvarez (14)	VA-VA	57.96L
Connor Bergeron (12)	VA-VA	2:35.75L	Anthony Shields (14)	VA-VA	58.82L
Drew Vipperman (12)	VA-VA	2:40.48L	Nicholas Dyer (14)	VA-VA	59.21L
Austin Ebel (12)	VA-VA	2:40.86L	Peter Stoffel (13)	VA-VA	59.23L
Cj Higdon (12)	VA-VA	2:41.60L	Jesse Burnley (14)	VA-VA	59.32L
Max Tempkin (11)	VA-VA	2:43.46L	Nate DaCruz (13)	VA-VA	59.77L
# 3 Women 13-14 800 Free			Nicholas DeLeon (14)	VA-VA	1:00.06L
Madison Boswell (13)	VA-VA	9:31.96L	# 9 Women 15-18 100 Free		
Sarah Fredericksen (14)	VA-VA	9:38.11L	Hannah Hoffert (15)	VA-VA	1:03.06L
# 4 Men 13-14 800 Free			Lindsey Winston (15)	VA-VA	1:03.35L
Samuel Stronko (14)	VA-VA	9:01.63L	# 10 Men 15-18 100 Free		
John Denning (14)	VA-VA	9:06.91L	Ben Gastrock (16)	VA-VA	55.81L
Alex Rayle (14)	VA-VA	9:10.35L	Benjamin Quay (17)	VA-VA	57.01L
Shane Condon (14)	VA-VA	9:14.21L	Jake Shafer (16)	VA-VA	57.16L
Andrew Vevoda (13)	VA-VA	9:25.82L	Mike Young (16)	VA-VA	57.46L
Alex Henderson (14)	VA-VA	9:31.76L	Grant Minick (15)	VA-VA	57.60L
Jacob Moyar (14)	VA-VA	9:31.83L	Peter Lord (15)	VA-VA	58.05L
Josh York (13)	VA-VA	9:34.96L	Adam Mustafa (15)	VA-VA	58.15L
# 5 Women 11-12 100 Free			# 11 Women 11-12 50 Breast		
Remedy Rule (12)	VA-VA	1:01.33L	Susan Hynes (12)	VA-VA	36.66L
Sydney Pesetti (12)	VA-VA	1:03.94L	Taylor Shores (12)	VA-VA	38.15L
Susan Hynes (12)	VA-VA	1:04.83L	# 12 Men 11-12 50 Breast		
# 6 Men 11-12 100 Free			James Kegelmann (12)	VA-VA	33.66L
William Shields (12)	VA-VA	1:01.21L	Garrett Simon (12)	VA-VA	34.63L
Trey Berry (12)	VA-VA	1:01.60L	Logan Ziegler (12)	VA-VA	37.01L
Ian Ho (12)	VA-VA	1:03.72L	Owen van Krimpen (12)	VA-VA	37.34L
Max Tempkin (11)	VA-VA	1:04.45L	Brian Lee (12)	VA-VA	38.16L
Jacob Smith (12)	VA-VA	1:04.61L	Daniel Arris (11)	VA-VA	38.81L
Cj Higdon (12)	VA-VA	1:04.94L	# 13 Women 15-18 800 Free		
Townley Haas (12)	VA-VA	1:05.15L	Lauren Baker (15)	VA-VA	9:46.62L
Brian Lee (12)	VA-VA	1:05.47L	Hannah Hoffert (15)	VA-VA	9:55.90L
Brandon Washington (12)	VA-VA	1:05.70L	# 14 Men 15-18 800 Free		
Logan Ziegler (12)	VA-VA	1:06.07L	Jerry Burton (15)	VA-VA	8:50.67L
# 7 Women 13-14 100 Free			Peter Lord (15)	VA-VA	9:23.15L
MaryElizabeth Warhol (14)	VA-VA	59.97L			
Hailey Lane (14)	VA-VA	1:01.60L			

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# 15 Women 13-14 100 Breast			Colin Hess (18)	VA-VA	2:17.43L
Allie Christy (14)	VA-VA	1:19.49L	Michael Fox-Moles (16)	VA-VA	2:20.08L
Hailey Lane (14)	VA-VA	1:20.36L	# 31 Women 10 & Under 100 Free		
Sarah Brallier (14)	VA-VA	1:22.90L	Bryn Gvozdas (10)	VA-VA	1:09.40L
Victoria Barley (14)	VA-VA	1:23.80L	Emily Koegl (10)	VA-VA	1:10.00L
# 16 Men 13-14 100 Breast			Meghan Burton (10)	VA-VA	1:13.60L
Carl Fuhs (14)	VA-VA	1:12.96L	Hailey Ladd (10)	VA-VA	1:13.77L
Deion Dean (13)	VA-VA	1:15.49L	Tessa Muzzy (10)	VA-VA	1:13.77L
Jack Stockhausen (14)	VA-VA	1:15.65L	# 32 Men 10 & Under 100 Free		
Anthony Shields (14)	VA-VA	1:16.28L	Brian Hynes (10)	VA-VA	1:06.47L
Zach Switzer (14)	VA-VA	1:16.43L	Mitchell Smith (10)	VA-VA	1:11.52L
Daniel Stockner (14)	VA-VA	1:17.51L	Joshua Thompson (10)	VA-VA	1:11.63L
# 17 Women 15-18 100 Breast			Trey Lowe III (10)	VA-VA	1:12.95L
Megan Lisbon (17)	VA-VA	1:21.55L	Brandon Hamblin (9)	VA-VA	1:13.91L
Mariauna Moss (15)	VA-VA	1:24.81L	Ben Klipp (10)	VA-VA	1:13.99L
# 18 Men 15-18 100 Breast			Clark Beach (10)	VA-VA	1:14.47L
Benjamin Quay (17)	VA-VA	1:09.14L	Eric Arrington (10)	VA-VA	1:14.81L
Tyler Kauppert (17)	VA-VA	1:14.55L	Matthew Hunter Hellams (10)	VA-VA	1:15.04L
# 19 Women 11-12 100 Fly			# 33 Women 10 & Under 50 Breast		
Sydney Pesetti (12)	VA-VA	1:10.01L	Claire Ostrowski (10)	VA-VA	40.47L
Megan Motter (11)	VA-VA	1:13.40L	Caroline Cherry (10)	VA-VA	43.52L
Mary Bernadette Escobar (12)	VA-VA	1:13.58L	Tessa Muzzy (10)	VA-VA	44.57L
# 20 Men 11-12 100 Fly			# 34 Men 10 & Under 50 Breast		
Owen van Krimpen (12)	VA-VA	1:08.34L	Keith Myburgh (9)	VA-VA	40.85L
William Shields (12)	VA-VA	1:09.19L	Austin Tate (10)	VA-VA	41.89L
Jacob Smith (12)	VA-VA	1:11.66L	Joshua Thompson (10)	VA-VA	42.57L
Townley Haas (12)	VA-VA	1:14.35L	Trey Lowe III (10)	VA-VA	44.44L
# 21 Women 13-14 200 Fly			Adam Smith (10)	VA-VA	44.64L
Madison Boswell (13)	VA-VA	2:23.42L	Joshua Jung (9)	VA-VA	44.65L
Allie Christy (14)	VA-VA	2:28.95L	# 35 Women 10 & Under 100 Fly		
Michelle McDonnell (14)	VA-VA	2:30.45L	Jordan Morling (10)	VA-VA	1:16.24L
Sarah Fredericksen (14)	VA-VA	2:31.21L	Camryn Curry (10)	VA-VA	1:20.14L
Madison Baker (14)	VA-VA	2:32.14L	Bryn Gvozdas (10)	VA-VA	1:26.68L
# 22 Men 13-14 200 Fly			Emily Koegl (10)	VA-VA	1:27.99L
Nicholas DeLeon (14)	VA-VA	2:15.71L	# 36 Men 10 & Under 100 Fly		
Alex Montes de Oca (14)	VA-VA	2:15.71L	Brian Hynes (10)	VA-VA	1:12.06L
Samuel Stronko (14)	VA-VA	2:20.92L	Keith Myburgh (9)	VA-VA	1:15.38L
Alex Henderson (14)	VA-VA	2:27.81L	Miles McAllister (10)	VA-VA	1:19.25L
# 23 Women 15-18 200 Fly			Joshua Jung (9)	VA-VA	1:22.50L
Elizabeth Harrison (16)	VA-VA	2:31.44L	Mitchell Smith (10)	VA-VA	1:23.73L
Ellen Cook (15)	VA-VA	2:49.45L	Clark Beach (10)	VA-VA	1:24.23L
# 24 Men 15-18 200 Fly			Austin Tate (10)	VA-VA	1:25.36L
			Ben Klipp (10)	VA-VA	1:25.81L
			Brandon Hamblin (9)	VA-VA	1:26.05L
			Nicholas Schoenig (9)	VA-VA	1:26.68L

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# 36 Men 10 & Under 100 Fly			# 45 Women 15-18 200 Back		
Thomas Wiley (10)	VA-VA	1:27.32L	Megan Lisbon (17)	VA-VA	2:28.64L
Ethan Beach (10)	VA-VA	1:28.50L	Elizabeth Harrison (16)	VA-VA	2:32.19L
			Lindsey Winston (15)	VA-VA	2:35.04L
# 39 Women 11-12 100 Back			# 46 Men 15-18 200 Back		
Remedy Rule (12)	VA-VA	1:08.85L	Michael Fox-Moles (16)	VA-VA	2:14.37L
Jessica Arnold (12)	VA-VA	1:10.37L	Justin Barden (15)	VA-VA	2:16.26L
Mary Bernadette Escobar (12)	VA-VA	1:14.50L	Austin Glass (15)	VA-VA	2:21.70L
Anna Dickinson (12)	VA-VA	1:14.63L			
Allie Criss (12)	VA-VA	1:15.46L			
Annie Boone (11)	VA-VA	1:16.04L			
# 40 Men 11-12 100 Back			# 47 Women 11-12 200 Free		
Connor Bergeron (12)	VA-VA	1:12.24L	Remedy Rule (12)	VA-VA	2:10.81L
Adam Snyder (12)	VA-VA	1:12.56L	Jessica Arnold (12)	VA-VA	2:16.23L
James Kegelman (12)	VA-VA	1:14.00L	Susan Hynes (12)	VA-VA	2:19.66L
Jacob Smith (12)	VA-VA	1:15.88L	Mary Bernadette Escobar (12)	VA-VA	2:21.95L
Max Tempkin (11)	VA-VA	1:15.88L	Allie Criss (12)	VA-VA	2:22.30L
Austin Ebel (12)	VA-VA	1:16.15L			
Drew Viperman (12)	VA-VA	1:16.18L			
# 41 Women 13-14 200 Back			# 48 Men 11-12 200 Free		
MaryElizabeth Warhol (14)	VA-VA	2:24.41L	William Shields (12)	VA-VA	2:08.70L
Katelyn Admire (13)	VA-VA	2:34.37L	Trey Berry (12)	VA-VA	2:13.28L
Danielle Kimball (14)	VA-VA	2:36.19L	Cj Higdon (12)	VA-VA	2:18.22L
			Ian Ho (12)	VA-VA	2:18.80L
			Max Tempkin (11)	VA-VA	2:20.96L
			Drew Viperman (12)	VA-VA	2:22.50L
# 42 Men 13-14 200 Back			# 49 Women 13-14 200 Free		
Jesse Burnley (14)	VA-VA	2:16.42L	MaryElizabeth Warhol (14)	VA-VA	2:09.27L
Shane Condon (14)	VA-VA	2:16.44L	Sarah Fredericksen (14)	VA-VA	2:14.61L
Alex Montes de Oca (14)	VA-VA	2:18.14L	Hailey Lane (14)	VA-VA	2:16.02L
Zach Switzer (14)	VA-VA	2:21.82L	Katelyn Admire (13)	VA-VA	2:17.11L
Michael Sell (14)	VA-VA	2:24.40L	Victoria Barley (14)	VA-VA	2:18.56L
Josh York (13)	VA-VA	2:24.66L			
Alex Rayle (14)	VA-VA	2:26.32L			
Anthony Shields (14)	VA-VA	2:29.31L			
Nate DaCruz (13)	VA-VA	2:29.72L			
Nicholas Dyer (14)	VA-VA	2:29.82L			
Alex Henderson (14)	VA-VA	2:30.34L			
# 43 Women 11-12 200 Breast			# 50 Men 13-14 200 Free		
Susan Hynes (12)	VA-VA	2:50.38L	Lucas Alvarez (14)	VA-VA	2:04.25L
Megan Motter (11)	VA-VA	3:02.13L	Samuel Stronko (14)	VA-VA	2:04.25L
Courtney Adams (12)	VA-VA	3:04.33L	Shane Condon (14)	VA-VA	2:05.79L
			John Denning (14)	VA-VA	2:06.03L
			Nicholas DeLeon (14)	VA-VA	2:07.35L
			Alex Rayle (14)	VA-VA	2:07.74L
			Jesse Burnley (14)	VA-VA	2:08.71L
			Andrew Vevoda (13)	VA-VA	2:11.64L
# 44 Men 11-12 200 Breast			# 51 Women 15-18 200 Free		
James Kegelman (12)	VA-VA	2:39.42L	Lauren Baker (15)	VA-VA	2:12.65L
Garrett Simon (12)	VA-VA	2:48.23L	Hannah Hoffert (15)	VA-VA	2:14.30L
Trey Berry (12)	VA-VA	3:02.46L			
Owen van Krimpen (12)	VA-VA	3:04.00L			
Logan Ziegler (12)	VA-VA	3:06.00L			
Brandon Washington (12)	VA-VA	3:07.84L			
			# 52 Men 15-18 200 Free		
			Ben Gastrock (16)	VA-VA	1:58.16L
			Benjamin Quay (17)	VA-VA	1:58.89L
			Jerry Burton (15)	VA-VA	2:02.50L

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# 52 Men 15-18 200 Free			David Weisberg (17)	VA-VA	5:06.30L
David Weisberg (17)	VA-VA	2:03.87L	Austin Glass (15)	VA-VA	5:06.32L
Mike Young (16)	VA-VA	2:05.41L	# 65 Women 10 & Under 100 Back		
Peter Lord (15)	VA-VA	2:05.64L	Bryn Gvozdas (10)	VA-VA	1:19.62L
Grant Minick (15)	VA-VA	2:07.07L	Claire Ostrowski (10)	VA-VA	1:21.99L
Jake Shafer (16)	VA-VA	2:07.33L	Meghan Burton (10)	VA-VA	1:22.85L
Adam Mustafa (15)	VA-VA	2:07.55L	Kelsey Childress (10)	VA-VA	1:23.36L
# 53 Women 11-12 50 Fly			Hailey Ladd (10)	VA-VA	1:24.81L
Sydney Pesetti (12)	VA-VA	32.26L	# 66 Men 10 & Under 100 Back		
Georgia DaCruz (11)	VA-VA	32.46L	Brian Hynes (10)	VA-VA	1:18.59L
# 54 Men 11-12 50 Fly			Clark Beach (10)	VA-VA	1:20.24L
Owen van Krimpen (12)	VA-VA	30.09L	Miles McAllister (10)	VA-VA	1:20.91L
William Shields (12)	VA-VA	30.46L	Adam Smith (10)	VA-VA	1:22.73L
Brian Lee (12)	VA-VA	32.00L	Joshua Jung (9)	VA-VA	1:22.81L
Jacob Smith (12)	VA-VA	32.20L	Ethan Beach (10)	VA-VA	1:24.46L
Townley Haas (12)	VA-VA	32.32L	Austin Tate (10)	VA-VA	1:25.37L
Ian Ho (12)	VA-VA	32.55L	Nicholas Schoenig (9)	VA-VA	1:25.46L
Daniel Arris (11)	VA-VA	33.07L	Eric Arrington (10)	VA-VA	1:26.33L
# 55 Women 13-14 400 IM			Thomas Wiley (10)	VA-VA	1:26.38L
Madison Boswell (13)	VA-VA	5:19.12L	# 67 Women 10 & Under 200 Free		
Michelle McDonnell (14)	VA-VA	5:25.59L	Emily Koegl (10)	VA-VA	2:30.85L
Madison Baker (14)	VA-VA	5:29.53L	Hailey Ladd (10)	VA-VA	2:34.90L
# 56 Men 13-14 400 IM			Jordan Morling (10)	VA-VA	2:35.50L
John Denning (14)	VA-VA	4:57.74L	Kelsey Childress (10)	VA-VA	2:38.83L
Alex Montes de Oca (14)	VA-VA	5:00.92L	# 68 Men 10 & Under 200 Free		
Lucas Alvarez (14)	VA-VA	5:03.25L	Keith Myburgh (9)	VA-VA	2:26.83L
Josh York (13)	VA-VA	5:05.67L	Joshua Thompson (10)	VA-VA	2:30.26L
Zach Switzer (14)	VA-VA	5:06.20L	Ben Klipp (10)	VA-VA	2:33.63L
Michael Sell (14)	VA-VA	5:07.08L	Trey Lowe III (10)	VA-VA	2:34.68L
Alex Rayle (14)	VA-VA	5:09.05L	Miles McAllister (10)	VA-VA	2:35.83L
Nicholas DeLeon (14)	VA-VA	5:09.20L	# 69 Women 10 & Under 50 Fly		
Samuel Stronko (14)	VA-VA	5:11.25L	Jordan Morling (10)	VA-VA	34.27L
Jacob Moyar (14)	VA-VA	5:15.19L	Bryn Gvozdas (10)	VA-VA	34.59L
# 57 Women 15-18 400 IM			Meghan Burton (10)	VA-VA	35.98L
Lindsey Winston (15)	VA-VA	5:20.58L	Caroline Cherry (10)	VA-VA	36.49L
Megan Lisbon (17)	VA-VA	5:22.24L	Claire Ostrowski (10)	VA-VA	36.90L
Lauren Baker (15)	VA-VA	5:23.96L	Hailey Ladd (10)	VA-VA	37.08L
Elizabeth Harrison (16)	VA-VA	5:24.78L	# 70 Men 10 & Under 50 Fly		
# 58 Men 15-18 400 IM			Brian Hynes (10)	VA-VA	32.95L
Ben Gastrock (16)	VA-VA	4:52.82L	Brandon Hamblin (9)	VA-VA	34.60L
Jerry Burton (15)	VA-VA	4:59.87L	Mitchell Smith (10)	VA-VA	34.77L
Justin Barden (15)	VA-VA	5:02.67L	Clark Beach (10)	VA-VA	35.19L
Peter Lord (15)	VA-VA	5:03.08L	Miles McAllister (10)	VA-VA	36.30L
Bobby Brajdic (16)	VA-VA	5:06.07L	Austin Tate (10)	VA-VA	36.69L
Adam Mustafa (15)	VA-VA	5:06.28L	Ethan Beach (10)	VA-VA	37.46L

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# 70 Men 10 & Under 50 Fly			Kelsey Stroud (14)	VA-VA	4:48.29L
Matthew Hunter Hellams (10)	VA-VA	37.88L			
Nicholas Schoenig (9)	VA-VA	37.96L			
# 73 Women 13-14 100 Back			# 80 Men 13-14 400 Free		
MaryElizabeth Warhol (14)	VA-VA	1:07.41L	Samuel Stronko (14)	VA-VA	4:22.74L
Michelle McDonnell (14)	VA-VA	1:10.13L	John Denning (14)	VA-VA	4:23.39L
Katelyn Admire (13)	VA-VA	1:11.72L	Shane Condon (14)	VA-VA	4:25.24L
Hailey Lane (14)	VA-VA	1:12.61L	Alex Rayle (14)	VA-VA	4:28.47L
Danielle Kimball (14)	VA-VA	1:12.62L	Michael Sell (14)	VA-VA	4:29.95L
Jennifer Vieni (14)	VA-VA	1:12.94L	Anthony Shields (14)	VA-VA	4:30.09L
# 74 Men 13-14 100 Back			Nicholas DeLeon (14)	VA-VA	4:33.56L
Jesse Burnley (14)	VA-VA	1:03.46L	Andrew Vevoda (13)	VA-VA	4:34.69L
Shane Condon (14)	VA-VA	1:03.69L	Jacob Moyer (14)	VA-VA	4:36.56L
Anthony Shields (14)	VA-VA	1:04.28L			
Alex Montes de Oca (14)	VA-VA	1:05.27L	# 81 Women 15-18 400 Free		
Zach Switzer (14)	VA-VA	1:06.00L	Lauren Baker (15)	VA-VA	4:40.20L
Michael Sell (14)	VA-VA	1:06.83L	Hannah Hoffert (15)	VA-VA	4:44.04L
Josh York (13)	VA-VA	1:07.85L	Elizabeth Harrison (16)	VA-VA	4:45.72L
Nate DaCruz (13)	VA-VA	1:08.44L			
Nicholas Dyer (14)	VA-VA	1:09.68L	# 82 Men 15-18 400 Free		
# 75 Women 15-18 100 Back			Jerry Burton (15)	VA-VA	4:16.55L
Megan Lisbon (17)	VA-VA	1:09.06L	Ben Gastrock (16)	VA-VA	4:17.91L
Lindsey Winston (15)	VA-VA	1:12.57L	David Weisberg (17)	VA-VA	4:24.16L
# 76 Men 15-18 100 Back			Peter Lord (15)	VA-VA	4:25.02L
Michael Fox-Moles (16)	VA-VA	1:01.62L	Adam Mustafa (15)	VA-VA	4:27.08L
Justin Barden (15)	VA-VA	1:02.89L			
Mike Young (16)	VA-VA	1:04.31L	# 83 Women 11-12 400 Free		
Austin Glass (15)	VA-VA	1:05.81L	Remedy Rule (12)	VA-VA	4:34.56L
# 77 Women 11-12 50 Back			Jessica Arnold (12)	VA-VA	4:44.83L
Jessica Arnold (12)	VA-VA	33.29L	Sydney Pesetti (12)	VA-VA	4:53.43L
Annie Boone (11)	VA-VA	33.99L	Allie Criss (12)	VA-VA	4:56.40L
Mary Bernadette Escobar (12)	VA-VA	34.66L	Megan Motter (11)	VA-VA	4:58.88L
Anna Dickinson (12)	VA-VA	35.07L	Mary Bernadette Escobar (12)	VA-VA	5:00.43L
Allie Criss (12)	VA-VA	35.50L			
# 78 Men 11-12 50 Back			# 84 Men 11-12 400 Free		
James Kegelma (12)	VA-VA	33.27L	William Shields (12)	VA-VA	4:39.98L
Connor Bergeron (12)	VA-VA	33.69L	Garrett Simon (12)	VA-VA	4:42.40L
Adam Snyder (12)	VA-VA	33.85L	Cj Higdon (12)	VA-VA	4:48.01L
Jacob Smith (12)	VA-VA	33.95L	Trey Berry (12)	VA-VA	4:50.41L
Max Tempkin (11)	VA-VA	34.26L	Ian Ho (12)	VA-VA	4:52.76L
Austin Ebel (12)	VA-VA	34.90L	Townley Haas (12)	VA-VA	4:54.36L
Townley Haas (12)	VA-VA	35.12L	Drew Viperman (12)	VA-VA	4:59.86L
# 79 Women 13-14 400 Free			# 85 Women 13-14 200 Breast		
Sarah Fredericksen (14)	VA-VA	4:40.79L	Sarah Brallier (14)	VA-VA	2:53.75L
			Victoria Barley (14)	VA-VA	2:56.87L
			Allie Christy (14)	VA-VA	2:57.33L
			# 86 Men 13-14 200 Breast		
			Jack Stockhausen (14)	VA-VA	2:42.59L
			Daniel Stockner (14)	VA-VA	2:43.46L
			Zach Switzer (14)	VA-VA	2:44.51L

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# 86 Men 13-14 200 Breast			Mike Young (16)	VA-VA	1:02.85L
Carl Fuhs (14)	VA-VA	2:45.26L	Grant Minick (15)	VA-VA	1:02.86L
Deion Dean (13)	VA-VA	2:51.45L	Jake Shafer (16)	VA-VA	1:03.01L
			Austin Glass (15)	VA-VA	1:03.34L
			Bobby Brajdic (16)	VA-VA	1:03.48L
# 87 Women 15-18 200 Breast			# 101 Women 10 & Under 50 Back		
Megan Lisbon (17)	VA-VA	2:55.16L	Bryn Gvozdaz (10)	VA-VA	36.88L
Lindsey Winston (15)	VA-VA	2:55.17L	Meghan Burton (10)	VA-VA	37.21L
# 88 Men 15-18 200 Breast			Caroline Cherry (10)	VA-VA	39.03L
Benjamin Quay (17)	VA-VA	2:35.29L	Kelsey Childress (10)	VA-VA	39.03L
Ben Gastrock (16)	VA-VA	2:37.41L	Hailey Ladd (10)	VA-VA	39.37L
Bobby Brajdic (16)	VA-VA	2:40.70L			
# 89 Women 11-12 100 Breast			# 102 Men 10 & Under 50 Back		
Susan Hynes (12)	VA-VA	1:21.23L	Clark Beach (10)	VA-VA	37.10L
Courtney Adams (12)	VA-VA	1:23.96L	Miles McAllister (10)	VA-VA	37.26L
# 90 Men 11-12 100 Breast			Adam Smith (10)	VA-VA	38.26L
James Kegelman (12)	VA-VA	1:14.18L	Mitchell Smith (10)	VA-VA	38.54L
Garrett Simon (12)	VA-VA	1:17.56L	Eric Arrington (10)	VA-VA	39.13L
Logan Ziegler (12)	VA-VA	1:25.25L	Matthew Hunter Hellams (10)	VA-VA	39.71L
Brian Lee (12)	VA-VA	1:25.35L	Ethan Beach (10)	VA-VA	40.07L
Connor Bergeron (12)	VA-VA	1:26.33L			
Brandon Washington (12)	VA-VA	1:26.86L	# 103 Women 10 & Under 400 Free		
# 91 Women 13-14 100 Fly			Emily Koegl (10)	VA-VA	5:15.39L
Madison Boswell (13)	VA-VA	1:05.59L	Jordan Morling (10)	VA-VA	5:22.56L
Allie Christy (14)	VA-VA	1:07.55L	Kelsey Childress (10)	VA-VA	5:29.22L
Michelle McDonnell (14)	VA-VA	1:07.83L	Camryn Curry (10)	VA-VA	5:31.05L
Sarah Fredericksen (14)	VA-VA	1:08.79L			
Madison Baker (14)	VA-VA	1:10.48L	# 104 Men 10 & Under 400 Free		
# 92 Men 13-14 100 Fly			Keith Myburgh (9)	VA-VA	4:58.09L
Alex Montes de Oca (14)	VA-VA	1:00.76L	Joshua Thompson (10)	VA-VA	5:12.47L
Anthony Shields (14)	VA-VA	1:02.98L	Trey Lowe III (10)	VA-VA	5:19.41L
Nicholas DeLeon (14)	VA-VA	1:03.92L	Joshua Jung (9)	VA-VA	5:21.65L
Lucas Alvarez (14)	VA-VA	1:04.75L	Miles McAllister (10)	VA-VA	5:25.48L
Josh York (13)	VA-VA	1:04.80L	Ben Klipp (10)	VA-VA	5:35.76L
Deion Dean (13)	VA-VA	1:06.39L			
Peter Stoffel (13)	VA-VA	1:06.84L	# 105 Women 10 & Under 100 Breast		
Samuel Stronko (14)	VA-VA	1:06.89L	Claire Ostrowski (10)	VA-VA	1:32.84L
Nate DaCruz (13)	VA-VA	1:06.97L	Jordan Morling (10)	VA-VA	1:33.61L
# 93 Women 15-18 100 Fly			Caroline Cherry (10)	VA-VA	1:36.84L
Lauren Baker (15)	VA-VA	1:10.47L	Tessa Muzzy (10)	VA-VA	1:37.77L
Elizabeth Harrison (16)	VA-VA	1:11.45L			
# 94 Men 15-18 100 Fly			# 106 Men 10 & Under 100 Breast		
Michael Fox-Moles (16)	VA-VA	58.82L	Joshua Thompson (10)	VA-VA	1:29.44L
Justin Barden (15)	VA-VA	1:02.11L	Keith Myburgh (9)	VA-VA	1:29.75L
Colin Hess (18)	VA-VA	1:02.15L	Austin Tate (10)	VA-VA	1:32.85L
			Joshua Jung (9)	VA-VA	1:37.40L
			Trey Lowe III (10)	VA-VA	1:37.72L
			Adam Smith (10)	VA-VA	1:37.89L
			# 109 Women 11-12 200 Fly		

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# 109 Women 11-12 200 Fly			# 117 Women 13-14 1500 Free		
Remedy Rule (12)	VA-VA	2:28.92L	Madison Boswell (13)	VA-VA	18:27.24L
Sydney Pesetti (12)	VA-VA	2:40.53L	Kelsey Stroud (14)	VA-VA	18:56.29L
# 110 Men 11-12 200 Fly			MaryElizabeth Warhol (14)	VA-VA	19:02.18L
Cj Higdon (12)	VA-VA	2:36.51L	# 118 Men 13-14 1500 Free		
Garrett Simon (12)	VA-VA	2:40.50L	John Denning (14)	VA-VA	17:29.56L
Owen van Krimpen (12)	VA-VA	2:41.97L	Shane Condon (14)	VA-VA	17:37.99L
# 111 Women 13-14 200 IM			Alex Rayle (14)	VA-VA	17:51.25L
MaryElizabeth Warhol (14)	VA-VA	2:30.08L	Michael Sell (14)	VA-VA	17:55.01L
Madison Boswell (13)	VA-VA	2:33.53L	Andrew Vevoda (13)	VA-VA	17:56.42L
Victoria Barley (14)	VA-VA	2:34.13L	Jacob Moyer (14)	VA-VA	18:07.76L
Allie Christy (14)	VA-VA	2:36.84L	Alex Henderson (14)	VA-VA	18:24.87L
Michelle McDonnell (14)	VA-VA	2:37.22L	# 119 Women 13-14 50 Free		
# 112 Men 13-14 200 IM			Victoria Barley (14)	VA-VA	28.39L
Alex Montes de Oca (14)	VA-VA	2:20.59L	Jennifer Vieni (14)	VA-VA	28.48L
Zach Switzer (14)	VA-VA	2:23.47L	Hailey Lane (14)	VA-VA	28.74L
Jesse Burnley (14)	VA-VA	2:25.06L	Danielle Kimball (14)	VA-VA	29.22L
Josh York (13)	VA-VA	2:25.51L	Katelyn Admire (13)	VA-VA	29.25L
Lucas Alvarez (14)	VA-VA	2:27.00L	# 120 Men 13-14 50 Free		
John Denning (14)	VA-VA	2:27.83L	Jesse Burnley (14)	VA-VA	26.19L
# 113 Women 15-18 200 IM			Lucas Alvarez (14)	VA-VA	26.46L
Lindsey Winston (15)	VA-VA	2:33.56L	Michael Sell (14)	VA-VA	27.04L
Megan Lisbon (17)	VA-VA	2:33.81L	Nicholas Dyer (14)	VA-VA	27.21L
# 114 Men 15-18 200 IM			Deion Dean (13)	VA-VA	27.48L
Ben Gastrock (16)	VA-VA	2:17.73L	Peter Stoffel (13)	VA-VA	27.59L
Benjamin Quay (17)	VA-VA	2:20.31L	Nate DaCruz (13)	VA-VA	27.69L
Justin Barden (15)	VA-VA	2:20.85L	# 121 Women 15-18 50 Free		
Jerry Burton (15)	VA-VA	2:21.69L	Hannah Hoffert (15)	VA-VA	28.84L
Michael Fox-Moles (16)	VA-VA	2:22.31L	Lexi Graves (15)	VA-VA	31.75L
Colin Hess (18)	VA-VA	2:22.68L	# 122 Men 15-18 50 Free		
Bobby Brajdic (16)	VA-VA	2:22.73L	Benjamin Quay (17)	VA-VA	25.86L
# 115 Women 11-12 200 IM			Mike Young (16)	VA-VA	26.05L
Susan Hynes (12)	VA-VA	2:37.96L	Grant Minick (15)	VA-VA	26.17L
Megan Motter (11)	VA-VA	2:38.86L	Jake Shafer (16)	VA-VA	26.25L
# 116 Men 11-12 200 IM			David Weisberg (17)	VA-VA	26.25L
Garrett Simon (12)	VA-VA	2:30.86L	Justin Barden (15)	VA-VA	26.30L
James Kegelman (12)	VA-VA	2:35.71L	Michael Fox-Moles (16)	VA-VA	26.35L
Owen van Krimpen (12)	VA-VA	2:38.71L	# 123 Women 11-12 50 Free		
Jacob Smith (12)	VA-VA	2:39.07L	Jessica Arnold (12)	VA-VA	28.81L
Cj Higdon (12)	VA-VA	2:39.35L	Sydney Pesetti (12)	VA-VA	28.90L
Brandon Washington (12)	VA-VA	2:41.68L	Anna Dickinson (12)	VA-VA	30.02L
Connor Bergeron (12)	VA-VA	2:42.54L	# 124 Men 11-12 50 Free		
Daniel Arris (11)	VA-VA	2:42.58L	William Shields (12)	VA-VA	28.09L
Ian Ho (12)	VA-VA	2:42.97L			

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# 124 Men 11-12 50 Free			Brandon Hamblin (9)	VA-VA	32.55L
Trey Berry (12)	VA-VA	28.59L	Adam Smith (10)	VA-VA	33.35L
Ian Ho (12)	VA-VA	28.85L	Ethan Beach (10)	VA-VA	33.40L
Brian Lee (12)	VA-VA	29.07L	Trey Lowe III (10)	VA-VA	33.55L
Max Tempkin (11)	VA-VA	29.23L	Thomas Wiley (10)	VA-VA	33.71L
Daniel Arris (11)	VA-VA	29.26L	Eric Arrington (10)	VA-VA	33.80L
Austin Ebel (12)	VA-VA	29.30L	Nicholas Schoenig (9)	VA-VA	33.85L
Townley Haas (12)	VA-VA	29.51L	Matthew Hunter Hellams (10)	VA-VA	33.87L
# 125 Women 15-18 1500 Free					
Lauren Baker (15)	VA-VA	18:13.23L			
Hannah Hoffert (15)	VA-VA	19:15.83L			
# 126 Men 15-18 1500 Free					
Jerry Burton (15)	VA-VA	16:56.09L			
David Weisberg (17)	VA-VA	17:13.67L			
# 133 Women 10 & Under 200 IM					
Jordan Morling (10)	VA-VA	2:50.63L			
Emily Koegl (10)	VA-VA	2:58.03L			
Camryn Curry (10)	VA-VA	2:59.38L			
Claire Ostrowski (10)	VA-VA	3:00.08L			
# 134 Men 10 & Under 200 IM					
Keith Myburgh (9)	VA-VA	2:43.14L			
Brian Hynes (10)	VA-VA	2:47.92L			
Joshua Thompson (10)	VA-VA	2:52.18L			
Joshua Jung (9)	VA-VA	2:56.08L			
Austin Tate (10)	VA-VA	2:59.08L			
Adam Smith (10)	VA-VA	3:00.60L			
Mitchell Smith (10)	VA-VA	3:01.31L			
Ben Klipp (10)	VA-VA	3:01.34L			
Ethan Beach (10)	VA-VA	3:02.15L			
Clark Beach (10)	VA-VA	3:02.87L			
Thomas Wiley (10)	VA-VA	3:03.15L			
# 135 Women 10 & Under 50 Free					
Bryn Gvozdaz (10)	VA-VA	31.84L			
Emily Koegl (10)	VA-VA	31.90L			
Meghan Burton (10)	VA-VA	32.23L			
Caroline Cherry (10)	VA-VA	32.57L			
Claire Ostrowski (10)	VA-VA	32.64L			
Camryn Curry (10)	VA-VA	33.33L			
Tessa Muzzy (10)	VA-VA	33.53L			
Kelsey Childress (10)	VA-VA	33.67L			
Hailey Ladd (10)	VA-VA	33.69L			
# 136 Men 10 & Under 50 Free					
Brian Hynes (10)	VA-VA	30.59L			
Ben Klipp (10)	VA-VA	32.33L			
Mitchell Smith (10)	VA-VA	32.33L			

Individual Meet Entries Report**2009 Eastern Zone LC Championships 12-Aug-09 to 15-Aug-09 LC Meters**

Female IE's:	195	Total Athletes:	115
Male IE's:	359		
Total IE's:	554		

I hereby certify that all individuals on this entry form are registered members of USA Swimming and that they are eligible to compete in this meet.

Coach or Team Representative: _____
(Must be a USA Swimming Non-Athlete Member)