

2009 Virginia Swimming Long Course
Zone Team Top 10
June 2009, Age Up Date = 8/12/2009

	Time		P/F/S	Name	Age/Yr		
Men 15-18 50 Free							
1	25.09	L Zone	F	Chadwick Smith	16	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
2	25.28	L Zone	F	Bryce Hartman	15	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
3*	25.77	L Zone	P	Evan Rutherford	18	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3*	25.77	L Zone	F	Garret Lynn	15	US VA	6/26/2009 CGBD Summer Madness LC Invitational
5	25.82	L Zone	F	Matthew Baumler	18	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	25.83	L Zone	P	Lewis Witherow	18	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
7	25.90	L Zone	F	Ned Tyler	17	PSDN VA	4/24/2009 2009 PV Machine LC Classic
8	25.97	L Zone	F	Thomas Heckelman	18	TIDE VA	6/6/2009 OBX Swim Club LSC A/BB/B/C
9	26.00	L Zone	F	Brook Reynard	18	FUAC VA	6/26/2009 Lynchburg Firecracker Invitational 2009
10	26.10	L Zone	S	Benjamin Colley	15	WAC VA	6/26/2009 CGBD Summer Madness LC Invitational
Men 15-18 100 Free							
1	55.64	L Zone	F	Michael Camper	16	RAYS VA	6/25/2009 SWIM FEST 2009
2	55.73	L Zone	F	Garret Lynn	15	US VA	6/26/2009 CGBD Summer Madness LC Invitational
3	56.11	L Zone	F	Lewis Witherow	18	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
4	56.33	L Zone	F	Chadwick Smith	16	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
5	56.38	L Zone	P	Jonathan Keltner	18	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
6	56.56	L Zone	P	Matthew Baumler	18	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	56.72	L Zone	F	Kevin Hunt	16	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
8	56.96	L Zone	F	Thomas Heckelman	18	TIDE VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
9	57.37	L Zone	F	Benjamin Colley	15	WAC VA	6/26/2009 CGBD Summer Madness LC Invitational
10	57.45	L Zone	P	Peyton Bailey	15	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
Men 15-18 200 Free							
1	1:59.19	L Zone	F	Michael Camper	16	RAYS VA	6/5/2009 NBAC 2009 Long Course
2	2:00.52	L Zone	F	Zach Paryzek	15	US VA	6/26/2009 CGBD Summer Madness LC Invitational
3	2:01.16	L Zone	F	Anthony Zoldork	15	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
4	2:01.19	L Zone	F	Rodney Fentress	15	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
5	2:01.86	L Zone	F	Ben Gastrock	16	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
6	2:02.83	L Zone	F	Kevin Hunt	16	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	2:02.99	L Zone	F	Garret Lynn	15	US VA	5/23/2009 2009 PV Virginia State LC Champs
8	2:04.16	L Zone	F	William Nicely	15	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
9	2:04.66	L Zone	F	Matthew Baumler	18	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
10	2:04.77	L Zone	F	John Williams	15	LY VA	5/15/2009 12th Annual YSSC May LC Coaches
Men 15-18 400 Free							
1	4:14.10	L Zone	F	Anthony Zoldork	15	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	4:16.06	L Zone	F	Michael Camper	16	RAYS VA	6/25/2009 SWIM FEST 2009
3	4:19.71	L Zone	F	John Williams	15	LY VA	5/15/2009 12th Annual YSSC May LC Coaches
4	4:20.87	L Zone	F	Matthew Latimer	16	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
5	4:22.01	L Zone	F	Rodney Fentress	15	TIDE VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
6	4:22.77	L Zone	F	Gregory Stoffa	15	QDD VA	6/27/2009 Winchester LC Invitational
7	4:22.80	L Zone	F	William Nicely	15	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	4:23.31	L Zone	F	Zach Paryzek	15	US VA	5/23/2009 2009 PV Virginia State LC Champs
9	4:23.95	L Zone	P	Christian Vivadelli	15	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
10	4:24.73	L Zone	F	John Pettyjohn	16	LY VA	6/26/2009 Lynchburg Firecracker Invitational 2009
Men 15-18 800 Free							
1	8:46.80	L Zone	F	Michael Camper	16	RAYS VA	6/25/2009 SWIM FEST 2009
2	8:56.46	L Zone	F	Zach Paryzek	15	VA VA	8/6/2008 2008 Eastern Zone LC Championships
3	9:00.24	L Zone	F	Rodney Fentress	15	TIDE VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
4	9:03.30	L Zone	F	William Nicely	15	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
5	9:04.54	L Zone	F	Christian Vivadelli	15	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	9:04.98	L Zone	F	Gregory Stoffa	15	QDD VA	6/27/2009 Winchester LC Invitational
7	9:08.29	L Zone	F	Jerry Burton	15	TIDE VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
8	9:09.11	L Zone	F	John Resch	17	VA VA	8/6/2008 2008 Eastern Zone LC Championships
9	9:11.55	L Zone	F	William Belt	18	VA VA	8/6/2008 2008 Eastern Zone LC Championships

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10	9:12.21	L Zone	F	James Cook	16	LY VA	6/5/2009	2009 SE LC Chattanooga Invite
Men 15-18 1500 Free								
1	17:02.99	L Zone	F	Zach Paryzek	15	US VA	5/23/2009	2009 PV Virginia State LC Champs
2	17:15.82	L Zone	F	William Belt	18	VA VA	8/6/2008	2008 Eastern Zone LC Championships
3	17:19.18	L Zone	F	Michael Camper	16	RAYS VA	5/2/2009	2009 Jeff Rouse Open Invitational
4	17:24.30	L Zone	F	Matthew Latimer	16	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
5	17:29.20	L Zone	F	Mark Adams	16	CCA VA	6/12/2009	2009 NC WAVE Capital City Invitational
6	17:29.46	L Zone	F	John Resch	17	VA VA	8/6/2008	2008 Eastern Zone LC Championships
7	17:33.31	L Zone	F	Anthony Zoldork	15	VACS VA	6/26/2009	Lynchburg Firecracker Invitational 2009
8	17:37.99	L Zone	F	John Williams	15	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009
9	17:39.92	L Zone	F	Travis Kerner	15	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
10	17:39.95	L Zone	F	James Cook	16	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009
Men 15-18 100 Back								
1	1:02.66	L Zone	F	Salvatore Russo	15	CCA VA	6/12/2009	2009 NC WAVE Capital City Invitational
2	1:02.85	L Zone	F	Michael Camper	16	RAYS VA	6/5/2009	NBAC 2009 Long Course
3	1:02.98	L Zone	F	Michael Fox-Moles	16	STAT VA	6/6/2009	OBX Swim Club LSC A/BB/B/C
4	1:03.01	L Zone	F	Benjamin Colley	15	WAC VA	5/23/2009	2009 PV Virginia State LC Champs
5	1:03.31	L Zone	F	Matthew Baumlner	18	CGBD VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
6	1:03.33	L Zone	P	Christian Vivadelli	15	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
7	1:03.36	L Zone	P	Chase Copeland	17	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
8	1:03.42	L Zone	P	Lewis Witherow	18	BAC VA	5/23/2009	2009 PV Virginia State LC Champs
9	1:03.67	L Zone	F	Peyton Bailey	15	CGBD VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
10	1:04.16	L Zone	F	Joshua Reynolds	16	VA VA	8/6/2008	2008 Eastern Zone LC Championships
Men 15-18 200 Back								
1	2:15.32	L Zone	F	Michael Camper	16	RAYS VA	5/2/2009	2009 Jeff Rouse Open Invitational
2	2:15.95	L Zone	P	Joshua Reynolds	16	VA VA	8/6/2008	2008 Eastern Zone LC Championships
3	2:17.28	L Zone	F	John Williams	15	LY VA	5/15/2009	12th Annual YSSC May LC Coaches
4	2:17.44	L Zone	P	Salvatore Russo	15	CCA VA	6/12/2009	2009 NC WAVE Capital City Invitational
5	2:17.98	L Zone	F	Chase Copeland	17	NOVA VA	5/1/2009	Speedo Spring Challenge A/BB/B/C Meet
6	2:18.40	L Zone	P	Christian Vivadelli	15	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
7	2:19.30	L Zone	P	Dusty Graves	17	VA VA	8/6/2008	2008 Eastern Zone LC Championships
8	2:19.44	L Zone	P	Matthew Latimer	16	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
9	2:20.01	L Zone	F	Justin Barden	15	BASS VA	6/6/2009	OBX Swim Club LSC A/BB/B/C
10	2:20.35	L Zone	F	Michael Fox-Moles	16	STAT VA	6/6/2009	OBX Swim Club LSC A/BB/B/C
Men 15-18 100 Breast								
1	1:09.64	L Zone	F	Andrew Strait	17	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
2	1:10.91	L Zone	F	Jason Haigh	17	WAC VA	5/1/2009	Speedo Spring Challenge A/BB/B/C Meet
3	1:11.39	L Zone	F	William Nicely	15	SQST VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
4	1:11.68	L Zone	P	Alexander Masters	16	US VA	5/23/2009	2009 PV Virginia State LC Champs
5	1:11.85	L Zone	F	Kei Lamberson	18	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
6	1:13.28	L Zone	F	Nicolas Howell	17	TAC VA	6/6/2009	OBX Swim Club LSC A/BB/B/C
7	1:13.30	L Zone	F	Michael Perez	18	QDD VA	6/5/2009	2009 PV SNOW LC Invitational
8	1:13.63	L Zone	F	Chase Williams	15	VA VA	8/6/2008	2008 Eastern Zone LC Championships
9	1:13.86	L Zone	F	Carter Head	16	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009
10	1:14.26	L	P	Daniel Copeland	18	VA VA	8/6/2008	2008 Eastern Zone LC Championships
Men 15-18 200 Breast								
1	2:32.10	L Zone	F	Andrew Strait	17	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
2	2:36.71	L Zone	F	Jason Haigh	17	WAC VA	5/1/2009	Speedo Spring Challenge A/BB/B/C Meet
3	2:37.01	L Zone	F	Chase Williams	15	VA VA	8/6/2008	2008 Eastern Zone LC Championships
4	2:38.05	L Zone	F	Daniel Francis	17	QDD VA	3/5/2009	2009 Grand Prix
5	2:38.15	L Zone	F	Alexander Masters	16	US VA	5/1/2009	Speedo Spring Challenge A/BB/B/C Meet
6	2:38.20	L Zone	F	Anthony Zoldork	15	VACS VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
7	2:38.28	L Zone	P	William Nicely	15	SQST VA	6/19/2009	2009 Edwin C. Cuttino Memorial
8	2:40.50	L Zone	F	Michael Perez	18	QDD VA	3/5/2009	2009 Grand Prix

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9	2:40.69 L	Zone	F	Carter Head	16	LY VA	6/26/2009 Lynchburg Firecracker Invitational 2009
10	2:40.96 L		F	Kei Lamberson	18	CGBD VA	6/6/2009 OBX Swim Club LSC A/BB/B/C
Men 15-18 100 Fly							
1	59.11 L	Zone	F	Matthew Baumler	18	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	59.75 L	Zone	F	Garret Lynn	15	US VA	5/23/2009 2009 PV Virginia State LC Champs
3	1:00.18 L	Zone	P	Jonathan Keltner	18	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
4	1:00.64 L	Zone	F	Benjamin Colley	15	WAC VA	6/26/2009 CGBD Summer Madness LC Invitational
5	1:00.72 L	Zone	F	Michael Camper	16	RAYS VA	6/5/2009 NBAC 2009 Long Course
6*	1:01.60 L	Zone	F	Anthony Zoldork	15	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6*	1:01.60 L	Zone	F	Zach Paryzek	15	US VA	5/23/2009 2009 PV Virginia State LC Champs
8	1:02.16 L	Zone	F	Derek Simon	17	US VA	5/23/2009 2009 PV Virginia State LC Champs
9*	1:02.50 L	Zone	F	Rodney Fentress	15	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
9*	1:02.50 L	Zone	F	Austin Criss	15	GATR VA	5/8/2009 2009 NC NSS Long Course Invitational
Men 15-18 200 Fly							
1	2:13.70 L	Zone	F	Rodney Fentress	15	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
2	2:14.09 L	Zone	P	Anthony Zoldork	15	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3	2:15.19 L	Zone	F	Zach Paryzek	15	US VA	5/23/2009 2009 PV Virginia State LC Champs
4	2:16.78 L	Zone	F	Benjamin Colley	15	WAC VA	5/23/2009 2009 PV Virginia State LC Champs
5	2:17.18 L	Zone	F	Jonathan Nelson	15	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
6	2:17.21 L	Zone	F	Austin Criss	15	GATR VA	5/8/2009 2009 NC NSS Long Course Invitational
7	2:17.44 L	Zone	P	Matthew Baumler	18	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	2:18.09 L	Zone	P	John Nester	15	NOVA VA	6/12/2009 2009 NC WAVE Capital City Invitational
9	2:18.91 L	Zone	F	Michael Camper	16	RAYS VA	6/25/2009 SWIM FEST 2009
10	2:19.41 L	Zone	P	William Hockman	16	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
Men 15-18 200 IM							
1	2:16.12 L	Zone	F	Michael Camper	16	RAYS VA	6/5/2009 NBAC 2009 Long Course
2	2:17.38 L	Zone	F	William Nicely	15	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3	2:18.88 L	Zone	F	Anthony Zoldork	15	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
4	2:19.01 L	Zone	P	Andrew Strait	17	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
5	2:19.09 L	Zone	F	Kei Lamberson	18	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
6	2:19.93 L	Zone	P	Dusty Graves	17	VA VA	8/6/2008 2008 Eastern Zone LC Championships
7	2:20.32 L	Zone	F	Rodney Fentress	15	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
8	2:20.67 L	Zone	P	Timothy West	16	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
9*	2:20.94 L	Zone	F	Christopher Balch	15	WAC VA	5/23/2009 2009 PV Virginia State LC Champs
9*	2:20.94 L	Zone	F	Garret Lynn	15	US VA	6/26/2009 CGBD Summer Madness LC Invitational
Men 15-18 400 IM							
1	4:47.55 L	Zone	F	William Nicely	15	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	4:51.68 L	Zone	F	Michael Camper	16	RAYS VA	6/5/2009 NBAC 2009 Long Course
3	4:54.59 L	Zone	F	Rodney Fentress	15	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
4	4:54.80 L	Zone	F	Jonathan Nelson	15	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
5	4:55.43 L	Zone	F	Anthony Zoldork	15	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	4:55.88 L	Zone	F	Andrew Strait	17	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
7	4:56.59 L	Zone	F	Christian Vivadelli	15	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	4:57.14 L	Zone	P	Dusty Graves	17	VA VA	8/6/2008 2008 Eastern Zone LC Championships
9	4:57.32 L	Zone	P	Chase Copeland	17	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
10	4:57.41 L	Zone	F	Zach Paryzek	15	US VA	6/26/2009 CGBD Summer Madness LC Invitational