

2009 Virginia Swimming Long Course
Zone Team Top 10
June 2009, Age Up Date = 8/12/2009

Time		P/F/S	Name	Age/Yr			
Women 13-14 50 Free							
1	28.40 L Zone	F	Caroline Buscaglia	14	SQST VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
2	28.99 L Zone	F	Kayla Brumbaum	14	UN VA	6/5/2009	NBAC 2009 Long Course
3	29.03 L Zone	S	Haley Smith	14	TIDE VA	6/26/2009	CGBD Summer Madness LC Invitational
4	29.04 L Zone	F	Alexandria Gharbo	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
5	29.08 L Zone	F	Isabelle Little	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
6	29.16 L Zone	S	Athena Summa	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
7	29.22 L Zone	S	Danielle Kimball	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
8	29.23 L Zone	F	Hannah Augst	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
9	29.25 L Zone	P	Katelyn Admire	13	VA VA	8/6/2008	2008 Eastern Zone LC Championships
10	29.26 L Zone	S	Elizabeth Maltby	14	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
Women 13-14 100 Free							
1	1:00.88 L Zone	F	Nicole Gray	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
2	1:01.34 L Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
3	1:01.72 L Zone	P	Caroline Buscaglia	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
4	1:02.37 L Zone	F	Alexandria Gharbo	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
5	1:02.77 L Zone	P	Madison Boswell	13	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
6	1:02.82 L L Zone	F	Haley Smith	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
7	1:03.36 L Zone	F	Sarah Fredericksen	14	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009
8	1:03.37 L Zone	F	Athena Summa	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
9	1:03.61 L Zone	F	Margaret Sweeney	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
10	1:04.09 L Zone	P	Elizabeth Maltby	14	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
Women 13-14 200 Free							
1	2:09.81 L Zone	P	Nicole Gray	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
2	2:12.85 L Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
3	2:13.22 L Zone	F	Athena Summa	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational
4	2:14.61 L Zone	F	Sarah Fredericksen	14	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009
5	2:14.93 L Zone	F	Caroline Buscaglia	14	SQST VA	6/5/2009	2009 EST Summer Sizzler Prelims &
6	2:15.25 L Zone	F	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
7	2:16.29 L Zone	F	Bailey Hall	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
8	2:17.04 L Zone	P	Haley Smith	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
9	2:17.35 L Zone	F	Margaret Sweeney	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
10	2:17.73 L Zone	P	Heidi Turner	14	QDD VA	5/22/2009	Youngstown Long Course Invite Sr.
Women 13-14 400 Free							
1	4:36.69 L Zone	F	Nicole Gray	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
2	4:39.24 L Zone	F	Bailey Hall	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
3	4:40.70 L Zone	F	Elizabeth Maltby	14	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
4	4:41.55 L Zone	F	Madison Boswell	13	PSDN VA	6/26/2009	6th Annual YSSC Firecracker Invitational
5	4:41.59 L Zone	F	Sarah Fredericksen	14	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009
6	4:42.69 L Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/5/2009	2009 EST Summer Sizzler Prelims &
7	4:43.11 L Zone	F	Caroline Buscaglia	14	SQST VA	6/5/2009	2009 EST Summer Sizzler Prelims &
8	4:50.07 L Zone	F	Athena Summa	14	CGBD VA	6/5/2009	2009 EST Summer Sizzler Prelims &
9	4:53.04 L	F	Heidi Turner	14	QDD VA	5/22/2009	Youngstown Long Course Invite Sr.
10	4:54.86 L	F	Hannah White	14	TAC VA	6/12/2009	2009 NC WAVE Capital City Invitational
Women 13-14 800 Free							
1	9:22.26 L Zone	F	Nicole Gray	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial
2	9:35.51 L Zone	F	Bailey Hall	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships
3	9:56.46 L	F	Sarah Fredericksen	14	LY VA	6/5/2009	2009 SE LC Chattanooga Invite
4	9:59.30 L	F	Heidi Turner	14	QDD VA	6/27/2009	Winchester LC Invitational
5	10:00.42 L	F	Emma Skelley	13	QDD VA	6/5/2009	2009 PV SNOW LC Invitational
6	10:01.20 L	F	Caroline Buscaglia	14	SQST VA	6/19/2009	2009 Edwin C. Cuttino Memorial
7	10:02.02 L	F	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
8	10:02.25 L	F	Elizabeth Maltby	14	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on
9	10:06.09 L	F	Madison Baker	14	SQST VA	6/26/2009	CGBD Summer Madness LC Invitational

2009 Virginia Swimming Long Course
Zone Team Top 10
June 2009, Age Up Date = 8/12/2009

	Time		P/F/S	Name	Age/Yr		
10	10:06.73 L		F	Isabelle Little	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
Women 13-14 1500 Free							
1	18:27.24 L	Zone	F	Madison Boswell	13	PSDN VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	19:02.18 L	Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/5/2009 2009 EST Summer Sizzler Prelims &
3	19:28.14 L		F	Sarah Fredericksen	14	LY VA	6/26/2009 Lynchburg Firecracker Invitational 2009
4	19:31.95 L		F	Emily Gay	14	BAC VA	5/2/2009 2009 Jeff Rouse Open Invitational
5	19:35.91 L		F	Madison Baker	14	SQST VA	5/2/2009 2009 Jeff Rouse Open Invitational
6	19:46.27 L		F	Kelsey Hahn	14	PSDN VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	19:46.93 L		F	Emily Egress	14	TIDE VA	5/30/2009 TIDE Distance Meet 2009
8	19:47.01 L		F	Emma Skelley	13	QDD VA	5/2/2009 2009 Jeff Rouse Open Invitational
9	19:49.99 L		F	Rebecca Phillips	14	ODAC VA	5/30/2009 TIDE Distance Meet 2009
10	19:57.27 L		F	Erica Mendel	14	SQST VA	6/5/2009 2009 EST Summer Sizzler Prelims &
Women 13-14 100 Back							
1	1:08.64 L	Zone	F	Nicole Gray	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	1:09.33 L	Zone	F	MaryElizabeth Warhol	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3	1:10.22 L	Zone	F	Christine Areson	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
4	1:10.80 L	Zone	F	Kali Edsall	13	CCA VA	6/12/2009 2009 NC WAVE Capital City Invitational
5	1:11.46 L	Zone	F	Caroline Buscaglia	14	SQST VA	6/5/2009 2009 EST Summer Sizzler Prelims &
6	1:11.72 L	Zone	F	Katelyn Admire	13	VA VA	8/6/2008 2008 Eastern Zone LC Championships
7	1:12.37 L	L Zone	F	Michelle McDonnell	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
8	1:12.96 L	Zone	F	Hannah Augst	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
9	1:13.11 L	Zone	F	Mary Kish	13	NOVA VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
10	1:13.38 L	Zone	F	Athena Summa	14	CGBD VA	6/5/2009 2009 EST Summer Sizzler Prelims &
Women 13-14 200 Back							
1	2:29.20 L	Zone	P	Nicole Gray	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
2	2:30.38 L	Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/5/2009 2009 EST Summer Sizzler Prelims &
3	2:30.74 L	Zone	F	Christine Areson	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
4	2:31.98 L	Zone	F	Caroline Buscaglia	14	SQST VA	6/5/2009 2009 EST Summer Sizzler Prelims &
5	2:33.83 L	Zone	P	Mary Kish	13	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
6	2:34.37 L	Zone	F	Katelyn Admire	13	VA VA	8/6/2008 2008 Eastern Zone LC Championships
7	2:35.42 L	Zone	F	Chelsea Harpool	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
8	2:36.95 L	Zone	P	Taylor Hague	14	VA VA	8/6/2008 2008 Eastern Zone LC Championships
9	2:37.61 L		P	Kali Edsall	13	CCA VA	6/12/2009 2009 NC WAVE Capital City Invitational
10	2:37.98 L		F	Michelle McDonnell	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
Women 13-14 100 Breast							
1	1:17.10 L	Zone	F	Alexandria Gharbo	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
2	1:17.41 L	Zone	F	Molly Robinson	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
3	1:17.77 L	Zone	P	Kayla Brumbaum	14	VA VA	8/6/2008 2008 Eastern Zone LC Championships
4	1:20.10 L	Zone	F	Lindsey Page	13	US VA	6/26/2009 CGBD Summer Madness LC Invitational
5	1:21.60 L	Zone	F	Nicalina Marciante	14	WAC VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
6	1:21.81 L	Zone	F	Sommer Harris	13	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
7	1:22.25 L	Zone	F	Taylor Cartagena	13	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	1:22.45 L	Zone	F	Katelynn Happney	14	NOVA VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
9	1:22.84 L	Zone	F	Isabelle Little	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
10	1:22.90 L	Zone	F	Sarah Brallier	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
Women 13-14 200 Breast							
1	2:49.17 L	Zone	F	Kayla Brumbaum	14	UNRAY VA	6/25/2009 SWIM FEST 2009
2	2:49.91 L	Zone	P	Molly Robinson	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
3	2:51.09 L	Zone	F	Sommer Harris	13	VA VA	8/6/2008 2008 Eastern Zone LC Championships
4	2:52.41 L	Zone	P	Katelynn Happney	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
5	2:52.60 L	Zone	P	Taylor Cartagena	13	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
6	2:53.57 L	Zone	F	Lindsey Page	13	VA VA	8/6/2008 2008 Eastern Zone LC Championships
7	2:53.75 L	Zone	P	Sarah Brallier	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
8	2:55.97 L	Zone	P	Christine Areson	14	VA VA	8/6/2008 2008 Eastern Zone LC Championships

2009 Virginia Swimming Long Course
Zone Team Top 10
June 2009, Age Up Date = 8/12/2009

	Time		P/F/S	Name	Age/Yr				
9	2:56.24	L Zone	P	Alexandria Gharbo	14	CGBD VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
10	2:57.61	L Zone	F	Casey Morrison	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational	
Women 13-14 100 Fly									
1	1:06.33	L Zone	F	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
2	1:06.62	L Zone	F	Caroline Buscaglia	14	SQST VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
3*	1:06.78	L Zone	F	Athena Summa	14	CGBD VA	6/5/2009	2009 EST Summer Sizzler Prelims &	
3*	1:06.78	L Zone	F	Molly Robinson	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
5	1:07.53	L Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/5/2009	2009 EST Summer Sizzler Prelims &	
6	1:08.53	L Zone	P	Margaret Sweeney	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
7	1:08.62	L Zone	F	Nicole Gray	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
8	1:08.79	L Zone	F	Sarah Fredericksen	14	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009	
9	1:08.90	L Zone	F	Haley Smith	14	TIDE VA	6/26/2009	CGBD Summer Madness LC Invitational	
10	1:09.31	L Zone	F	Hannah Harper	13	GATR VA	6/5/2009	2009 EST Summer Sizzler Prelims &	
Women 13-14 200 Fly									
1	2:23.50	L Zone	F	Bailey Hall	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
2	2:25.95	L Zone	F	Molly Robinson	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial	
3	2:27.46	L Zone	P	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
4	2:31.40	L Zone	P	Haley Smith	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
5	2:31.70	L Zone	P	Margaret Sweeney	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
6	2:31.75	L Zone	P	Caroline Buscaglia	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
7	2:32.18	L Zone	F	Nicole Gray	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial	
8	2:33.74	L Zone	F	Sarah Fredericksen	14	LY VA	6/26/2009	Lynchburg Firecracker Invitational 2009	
9	2:34.26	L Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational	
10	2:35.12	L Zone	F	Alexandra Christy	14	WAC VA	5/1/2009	Speedo Spring Challenge A/BB/B/C Meet	
Women 13-14 200 IM									
1	2:28.42	L Zone	F	Nicole Gray	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
2	2:30.93	L Zone	F	Christine Areson	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
3	2:31.18	L Zone	F	Athena Summa	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational	
4	2:32.03	L Zone	F	Molly Robinson	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial	
5	2:33.14	L Zone	F	Alexandria Gharbo	14	CGBD VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
6	2:33.53	L Zone	F	Madison Boswell	13	PSDN VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
7	2:34.08	L Zone	F	MaryElizabeth Warhol	14	CGBD VA	6/5/2009	2009 EST Summer Sizzler Prelims &	
8	2:35.05	L Zone	P	Taylor Hague	14	SQST VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
9	2:35.70	L Zone	P	Margaret Sweeney	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
10	2:35.85	L Zone	F	Mary Kish	13	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
Women 13-14 400 IM									
1	5:16.14	L Zone	F	Nicole Gray	14	NOVA VA	5/14/2009	2009 NC Josh Weaver Memorial Meet on	
2	5:16.24	L Zone	F	Molly Robinson	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial	
3	5:18.99	L Zone	F	Bailey Hall	14	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial	
4	5:20.20	L Zone	F	Athena Summa	14	CGBD VA	6/26/2009	CGBD Summer Madness LC Invitational	
5	5:21.75	L Zone	F	Madison Boswell	13	PSDN VA	5/2/2009	2009 Jeff Rouse Open Invitational	
6	5:25.19	L Zone	P	Christine Areson	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
7	5:25.73	L Zone	P	Margaret Sweeney	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
8	5:28.12	L Zone	P	Haley Smith	14	VA VA	8/6/2008	2008 Eastern Zone LC Championships	
9	5:28.36	L Zone	F	Mary Kish	13	NOVA VA	6/19/2009	2009 Edwin C. Cuttino Memorial	
10	5:30.21	L Zone	F	Madison Baker	14	SQST VA	6/26/2009	CGBD Summer Madness LC Invitational	