

2009 Virginia Swimming Long Course
Zone Team Top 10
June 2009, Age Up Date = 8/12/2009

	Time		P/F/S	Name	Age/Yr		
Men 13-14 50 Free							
1	25.78	L Zone	F	Cameron Johnston	14	SQST VA	6/26/2009 CGBD Summer Madness LC Invitational
2	26.38	L Zone	F	Curtis Stallings	14	ODAC VA	5/15/2009 2009 NC RSA Good Stuff Long Course
3	26.48	L Zone	P	Joseph Lupacchino	14	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
4	26.52	L Zone	F	Henry Bassett	14	NOVA VA	6/6/2009 OBX Swim Club LSC A/BB/B/C
5	27.10	L Zone	S	Lucas Alvarez	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
6	27.21	L Zone	F	Jesse Burnley	14	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
7	27.29	L Zone	F	Thomas Fauls	13	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	27.39	L Zone	F	Thomas Ferguson	14	PSDN VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
9	27.43	L Zone	S	Taylor Copeland	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
10	27.48	L Zone	F	Nicholas Dyer	14	TAC VA	6/6/2009 OBX Swim Club LSC A/BB/B/C
Men 13-14 100 Free							
1	56.54	L Zone	F	Cameron Johnston	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
2	58.27	L Zone	F	Curtis Stallings	14	ODAC VA	5/15/2009 2009 NC RSA Good Stuff Long Course
3*	58.55	L Zone	F	Ryan Mitchell	14	GATR VA	6/19/2009 Coventry Commonwealth Games of VA
3*	58.55	L Zone	F	Joseph Lupacchino	14	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
5	59.14	L Zone	F	Henry Bassett	14	NOVA VA	6/6/2009 OBX Swim Club LSC A/BB/B/C
6	59.93	L Zone	F	Lucas Alvarez	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
7	59.94	L Zone	F	Nathaniel DaCruz	13	TIDE VA	6/6/2009 OBX Swim Club LSC A/BB/B/C
8	59.95	L Zone	F	Shane Condon	14	BAC VA	6/19/2009 Coventry Commonwealth Games of VA
9	1:00.06	L Zone	F	Nicholas DeLeon	14	TAC VA	6/12/2009 2009 NC WAVE Capital City Invitational
10	1:00.17	L Zone	F	Thomas Ferguson	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
Men 13-14 200 Free							
1	2:06.94	L Zone	F	Cameron Johnston	14	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	2:07.68	L Zone	F	Joseph Lupacchino	14	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3	2:08.40	L Zone	F	Ryan Mitchell	14	GATR VA	6/19/2009 Coventry Commonwealth Games of VA
4	2:08.41	L Zone	F	Shane Condon	14	BAC VA	6/19/2009 Coventry Commonwealth Games of VA
5*	2:09.63	L Zone	F	Lucas Alvarez	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
5*	2:09.63	L Zone	F	John Denning	14	TAC VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
7	2:10.04	L Zone	F	Nicholas DeLeon	14	TAC VA	6/12/2009 2009 NC WAVE Capital City Invitational
8	2:10.20	L Zone	P	Brett Barden	13	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
9	2:11.64	L Zone	F	Andrew Vevoda	13	TCAC VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
10	2:11.83	L Zone	F	Alex Rayle	14	SMAC VA	6/19/2009 Coventry Commonwealth Games of VA
Men 13-14 400 Free							
1	4:31.35	L Zone	F	Cameron Johnston	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
2	4:31.61	L Zone	F	Shane Condon	14	BAC VA	6/26/2009 Lynchburg Firecracker Invitational 2009
3	4:32.57	L Zone	F	Brett Barden	13	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
4	4:34.01	L Zone	F	Ryan Mitchell	14	GATR VA	6/19/2009 Coventry Commonwealth Games of VA
5	4:34.77	L Zone	P	Zack Browne	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	4:35.18	L Zone	F	John Denning	14	TAC VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
7	4:35.25	L Zone	F	Andrew Vevoda	13	TCAC VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	4:35.42	L Zone	P	Anthony Shields	14	QDD VA	5/22/2009 Youngstown Long Course Invite Sr.
9	4:35.55	L Zone	F	Lucas Alvarez	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
10	4:35.64	L Zone	F	Samuel Stronko	14	QDD VA	5/2/2009 2009 Jeff Rouse Open Invitational
Men 13-14 800 Free							
1	9:25.82	L Zone	F	Andrew Vevoda	13	TCAC VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
2	9:26.97	L Zone	F	Samuel Stronko	14	QDD VA	6/27/2009 Winchester LC Invitational
3	9:31.12	L Zone	F	John Denning	14	TAC VA	6/26/2009 CGBD Summer Madness LC Invitational
4	9:31.78	L Zone	F	Cameron Johnston	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
5	9:38.69	L Zone	F	Brett Barden	13	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	9:40.63	L Zone	F	Alex Rayle	14	SMAC VA	6/19/2009 Coventry Commonwealth Games of VA
7	9:45.59	L Zone	F	Nicholas DeLeon	14	TAC VA	6/26/2009 CGBD Summer Madness LC Invitational
8	9:51.84	L Zone	F	Joshua York	13	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
9	9:52.38	L Zone	F	Michael Sell	14	RAYS VA	6/13/2009 2009 PV Swim Like a FISH LC

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10	9:53.12 L		F	Taylor Copeland	14	NOVA VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
Men 13-14 1500 Free							
1	17:56.42 L	Zone	F	Andrew Vevoda	13	TCAC VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	18:04.62 L	Zone	F	Alex Rayle	14	SMAC VA	6/19/2009 Coventry Commonwealth Games of VA
3	18:12.03 L	Zone	F	Shane Condon	14	BAC VA	5/2/2009 2009 Jeff Rouse Open Invitational
4	18:16.67 L	Zone	F	Cameron Johnston	14	SQST VA	6/5/2009 2009 EST Summer Sizzler Prelims &
5	18:39.86 L		F	Bradford Hancock	13	SEVA VA	5/30/2009 TIDE Distance Meet 2009
6	18:40.58 L		F	James Henderson	14	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	18:46.34 L		F	Jacob Lescault	14	CYAC VA	6/26/2009 Lynchburg Firecracker Invitational 2009
8	18:53.22 L		F	Ethan Mernin	14	QDD VA	5/2/2009 2009 Jeff Rouse Open Invitational
9	18:53.97 L		F	Preston Dunham	14	ODAC VA	5/30/2009 TIDE Distance Meet 2009
10	18:55.69 L		F	Jacob Moyar	14	BAC VA	6/26/2009 Lynchburg Firecracker Invitational 2009
Men 13-14 100 Back							
1	1:02.67 L	Zone	F	Taylor Copeland	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
2	1:03.58 L	Zone	P	Jesse Burnley	14	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
3	1:05.48 L	Zone	F	Shane Condon	14	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
4	1:05.90 L	Zone	F	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
5	1:06.12 L	Zone	F	Anthony Shields	14	QDD VA	6/5/2009 2009 PV SNOW LC Invitational
6	1:06.15 L	Zone	F	Thomas Ferguson	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
7	1:06.54 L	Zone	F	Henry Bassett	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	1:07.17 L	Zone	P	Cameron Johnston	14	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
9	1:07.28 L	Zone	F	Peter Ferguson	14	PSDN VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
10	1:07.44 L	Zone	F	Alejandro Montes de Oca	14	BASS VA	6/26/2009 Lynchburg Firecracker Invitational 2009
Men 13-14 200 Back							
1	2:18.59 L	Zone	F	Jesse Burnley	14	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
2	2:19.51 L	Zone	F	Taylor Copeland	14	NOVA VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
3	2:21.04 L	Zone	P	Thomas Ferguson	14	VA VA	8/6/2008 2008 Eastern Zone LC Championships
4	2:21.59 L	Zone	P	Shane Condon	14	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
5	2:24.70 L	Zone	P	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	2:24.99 L	Zone	F	Alejandro Montes de Oca	14	BASS VA	5/2/2009 2009 Jeff Rouse Open Invitational
7	2:25.45 L	Zone	F	Joshua York	13	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
8	2:27.48 L	Zone	F	Zachary Switzer	14	BASS VA	6/26/2009 Lynchburg Firecracker Invitational 2009
9	2:28.05 L	Zone	F	Michael Sell	14	WAYS VA	6/13/2009 2009 PV Swim Like a FISH LC
10	2:28.21 L	Zone	F	Austin Chung	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
Men 13-14 100 Breast							
1	1:13.01 L	Zone	F	Clark Hou	14	NOVA VA	6/19/2009 Coventry Commonwealth Games of VA
2	1:14.04 L	Zone	F	Cameron Johnston	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
3	1:14.67 L	Zone	F	Carl Fuhs	14	TIDE VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
4	1:14.79 L	Zone	F	Zack Browne	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
5	1:15.13 L	Zone	F	Elijah Holstege	14	UNCYA VA	6/26/2009 Lynchburg Firecracker Invitational 2009
6	1:15.16 L	Zone	P	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	1:16.79 L	Zone	F	Taylor Bassett	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
8	1:17.07 L	Zone	F	Lucas Alvarez	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
9	x1:17.11 L	Zone	F	Dylan Philippart	14	WAYS VA	6/25/2009 SWIM FEST 2009
10	1:17.35 L	Zone	F	Andrew Vice	14	TIDE VA	6/26/2009 CGBD Summer Madness LC Invitational
Men 13-14 200 Breast							
1	2:39.65 L	Zone	F	Clark Hou	14	NOVA VA	6/19/2009 Coventry Commonwealth Games of VA
2	2:41.73 L	Zone	P	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3	2:42.18 L	Zone	F	Zack Browne	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
4	2:42.24 L	Zone	F	Cameron Johnston	14	SQST VA	6/26/2009 CGBD Summer Madness LC Invitational
5	2:45.26 L	Zone	F	Carl Fuhs	14	TIDE VA	5/1/2009 Speedo Spring Challenge A/BB/B/C Meet
6	2:45.63 L	Zone	F	Taylor Bassett	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
7	2:49.94 L	Zone	F	Elijah Holstege	14	UNCYA VA	6/19/2009 Coventry Commonwealth Games of VA
8	2:50.00 L	Zone	P	Matthew Wallace	13	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on

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9	x2:50.09 L Zone F	Dylan Philippart	14	RAYS VA	6/25/2009 SWIM FEST 2009
10	2:50.31 L Zone F	Lucas Alvarez	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
Men 13-14 100 Fly					
1	1:02.74 L Zone F	Thomas Ferguson	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
2	1:03.03 L Zone F	Cameron Johnston	14	SQST VA	6/5/2009 2009 EST Summer Sizzler Prelims &
3	1:03.11 L Zone F	Alejandro Montes de Oca	14	BASS VA	6/26/2009 Lynchburg Firecracker Invitational 2009
4	1:03.55 L Zone F	Zack Browne	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
5	1:03.78 L Zone F	Joseph Lupacchino	14	VACS VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
6	1:03.87 L Zone P	Taylor Copeland	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	1:04.38 L Zone F	Nicholas DeLeon	14	TAC VA	6/12/2009 2009 NC WAVE Capital City Invitational
8	1:04.48 L Zone F	Anthony Shields	14	QDD VA	5/2/2009 2009 Jeff Rouse Open Invitational
9	1:04.77 L Zone P	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
10	1:05.12 L Zone F	Thomas Fauls	13	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
Men 13-14 200 Fly					
1	2:16.17 L Zone F	Zack Browne	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
2	2:18.23 L Zone P	Cameron Johnston	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
3	2:19.31 L Zone F	Preston Dunham	14	ODAC VA	5/15/2009 2009 NC RSA Good Stuff Long Course
4	2:21.77 L Zone F	Nicholas DeLeon	14	TAC VA	6/12/2009 2009 NC WAVE Capital City Invitational
5	2:25.56 L Zone F	Alejandro Montes de Oca	14	BASS VA	6/26/2009 Lynchburg Firecracker Invitational 2009
6	2:25.82 L Zone F	Samuel Stronko	14	QDD VA	6/5/2009 2009 PV SNOW LC Invitational
7	2:26.40 L Zone F	Taylor Copeland	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
8	2:26.44 L Zone F	Charles Bowles	14	CGBD VA	6/26/2009 CGBD Summer Madness LC Invitational
9	2:27.49 L Zone F	Thomas Fauls	13	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
10	2:28.89 L Zone F	Harrison Dudding	13	VA VA	8/6/2008 2008 Eastern Zone LC Championships
Men 13-14 200 IM					
1	2:21.42 L Zone P	Cameron Johnston	14	SQST VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	2:22.87 L Zone F	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
3	2:23.05 L Zone F	Zack Browne	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
4	2:24.82 L Zone F	Taylor Copeland	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
5	2:25.71 L Zone F	Alejandro Montes de Oca	14	BASS VA	6/26/2009 Lynchburg Firecracker Invitational 2009
6	2:25.90 L Zone F	Shane Condon	14	BAC VA	6/26/2009 Lynchburg Firecracker Invitational 2009
7	2:26.12 L Zone F	Thomas Ferguson	14	PSDN VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
8	2:27.00 L Zone F	Lucas Alvarez	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
9	2:27.22 L Zone F	Peter Ferguson	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational
10	2:27.47 L Zone F	Zachary Switzer	14	BASS VA	6/26/2009 Lynchburg Firecracker Invitational 2009
Men 13-14 400 IM					
1	5:00.49 L Zone F	Charles Bowles	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
2	5:01.18 L Zone F	Zack Browne	14	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
3	5:06.92 L Zone F	Cameron Johnston	14	SQST VA	6/19/2009 2009 Edwin C. Cuttino Memorial
4	5:07.56 L Zone F	Lucas Alvarez	14	CGBD VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
5	5:09.95 L Zone F	Brett Barden	13	NOVA VA	6/19/2009 2009 Edwin C. Cuttino Memorial
6	5:10.90 L Zone P	Taylor Copeland	14	NOVA VA	5/14/2009 2009 NC Josh Weaver Memorial Meet on
7	5:13.85 L Zone F	Shane Condon	14	BAC VA	6/19/2009 Coventry Commonwealth Games of VA
8	5:16.54 L Zone F	Jesse Burnley	14	BAC VA	6/26/2009 Lynchburg Firecracker Invitational 2009
9	5:16.57 L Zone F	Wyatt Grubb	14	BAC VA	5/23/2009 2009 PV Virginia State LC Champs
10	5:16.86 L Zone F	Thomas Ferguson	14	PSDN VA	6/26/2009 6th Annual YSSC Firecracker Invitational