

2007-2008 Virginia Swimming Long Course
Zone Team Top 10
July 2008, Age Up Date = 8/6/2008

Women 15-18 50 Free

1	27.99 L	F	Holmgaard, Kelsey L	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
2	28.45 L	F	White, Susanna	15	LY	-	VA 6/27/2008Lynchburg Firecracker Invitational 200
3	28.51 L	P	Colasurdo, Rachel A	17	TIDE	-	VA 3/13/20082008 PV Speedo Championship Series
4	28.63 L	P	Robinson, Jessica L	16	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
5	28.75 L	P	Rich, Kimberly N	15	TIDE	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
6	28.81 L	P	Rudolph, Jackie	17	TIDE	-	VA 6/5/20082008 NC Charlotte UltraSwim
7	28.89 L	P	Saunders, Christa Ann	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
8	28.95 L L	F	Goforth, Sara C	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
9	28.97 L	P	Deal, Abbie	18	GATR	-	VA 3/27/20082008 Central Zone Section 3 Champio
10*	29.03 L	P	Zimmerman, Kelsey	17	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
10*	29.03 L	F	Foley, Caitlin K	17	ODAC	-	VA 5/10/20082008 TAC Mother's Day Classic BB+

Women 15-18 100 Free

1	1:00.72 L	P	Rudolph, Jackie	17	TIDE	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	1:00.96 L	P	Holmgaard, Kelsey L	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
3	1:01.32 L	P	White, Susanna	15	LY	-	VA 6/5/20082008 NC Charlotte UltraSwim
4	1:01.37 L	F	Colasurdo, Rachel A	17	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
5	1:01.83 L	P	Haulsee, Alison	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
6	1:02.16 L	P	O'Donnell, Catherine E	15	WAC	-	VA 3/13/20082008 PV Speedo Championship Series
7	1:02.49 L	F	Johnson, Heather M	15	CGBD	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
8	1:02.63 L	P	Rich, Kimberly N	15	TIDE	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
9	1:02.66 L	P	Hall, Casey	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
10	1:02.85 L	P	Bayer, Meredith M	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial

Women 15-18 200 Free

1	2:07.89 L	P	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	2:09.65 L	P	Rudolph, Jackie	17	TIDE	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	2:10.59 L	F	Zimmerman, Kelsey	17	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
4	2:11.47 L	P	Bartholomew, Erin K	17	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
5	2:13.08 L	F	Sweeney, Casey	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
6	2:13.16 L	P	O'Donnell, Catherine E	15	WAC	-	VA 3/13/20082008 PV Speedo Championship Series
7	2:13.42 L	F	Holmgaard, Kelsey L	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
8	2:13.55 L	P	Colasurdo, Rachel A	17	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
9	2:13.77 L	P	Obeck, Brooke A	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
10	2:14.64 L	P	Johnson, Heather M	15	CGBD	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on

Women 15-18 400 Free

1	4:29.58 L	P	Rudolph, Jackie	17	TIDE	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	4:30.19 L	P	Zimmerman, Kelsey	17	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	4:31.27 L	P	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
4	4:38.58 L	P	Obeck, Brooke A	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
5	4:39.20 L	P	O'Donnell, Catherine E	15	WAC	-	VA 3/13/20082008 PV Speedo Championship Series
6	4:39.29 L	F	Bartholomew, Erin K	17	PSDN	-	VA 5/3/20082008 Jeff Rouse Open Invitational
7	4:42.38 L	F	Sweeney, Casey	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
8	4:42.96 L	F	Boyle, Casie N	15	QDD	-	VA 6/7/2008Rays LC A/BB/B/C Meet
9	4:43.92 L	F	Larsen, Elizabeth	15	SQST	-	VA 5/24/20082008 PV Virginia State LC Champs
10	4:45.15 L	P	Deal, Abbie	18	GATR	-	VA 3/27/20082008 Central Zone Section 3 Champio

Women 15-18 800 Free

1	9:18.74 L	F	Zimmerman, Kelsey	17	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	9:22.75 L	F	Bartholomew, Erin K	17	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	9:29.21 L	F	Obeck, Brooke A	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
4	9:31.87 L	F	Haulsee, Alison	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
5	9:33.93 L	F	Sweeney, Casey	17	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
6	9:38.48 L	F	O'Donnell, Catherine E	15	WAC	-	VA 3/13/20082008 PV Speedo Championship Series
7	9:38.70 L	F	Rudolph, Jackie	17	TIDE	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
8	9:45.02 L	F	Spicher, Rebecca L	15	ODAC	-	VA 5/10/20082008 TAC Mother's Day Classic BB+
9	9:53.00 L	F	Singer, Jessica L	16	ODAC	-	VA 6/20/20082008 NC ECSL LC Championships
10	9:54.19 L	F	Brennan, Rachael	16	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on

Women 15-18 1500 Free

1	17:55.01 L	F	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	17:55.07 L	F	Rudolph, Jackie	17	TIDE	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	18:20.29 L	F	Larsen, Elizabeth	15	SQST	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
4	18:26.79 L	F	Spicher, Rebecca L	15	ODAC	-	VA 5/17/20082008 PV FISH LC Derby
5	18:27.88 L	F	Justis, Susan M	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
6	18:34.10 L	F	O'Donnell, Catherine E	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
7	18:46.85 L	F	Colasurdo, Rachel A	17	TIDE	-	VA 5/31/2008TIDE Mile Meet 2008
8	18:52.94 L	F	Leddy, Kiera A	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
9	18:54.78 L	F	Brennan, Rachael	16	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
10	18:57.33 L	F	Abar, Keegan J	15	SMAC	-	VA 6/6/2008NBAC 2008 Long Course Championshi

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Women 15-18 100 Back

1	1:09.52	L L	F	Elliott, Jennifer	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
2	1:09.93	L	F	White, Sarah R	15	ODAC	-	VA 5/17/20082008 PV FISH LC Derby
3	1:10.19	L	P	Justis, Susan M	15	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
4	1:10.27	L	F	Saunders, Christa Ann	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
5	1:10.38	L	F	Aheron, Grace	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
6	1:10.42	L	F	Johnson, Heather M	15	CGBD	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
7	1:10.46	L	P	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
8	1:10.52	L L	F	Rudolph, Jackie	17	TIDE	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
9	1:10.96	L	P	Wash, Kelsey	17	NOVA	-	VA 3/13/20082008 PV Speedo Championship Series
10	1:11.08	L	F	Shanks, Lisa L	18	SEVA	-	VA 4/25/2008NAAC Elite LCM Meet

Women 15-18 200 Back

1	2:25.69	L	P	Justis, Susan M	15	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	2:27.62	L	P	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	2:28.71	L	F	Wash, Kelsey	17	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
4	2:29.78	L	P	Bayer, Meredith M	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
5	2:31.15	L	P	Elliott, Jennifer	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
6	2:32.78	L	P	LaVay, Emily J	15	CGBD	-	VA 6/26/2008TYR Summer Classic LC Invitational
7	2:33.03	L	F	Bartholomew, Erin K	17	PSDN	-	VA 5/3/20082008 Jeff Rouse Open Invitational
8*	2:33.59	L	P	Johnson, Heather M	15	CGBD	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
8*	2:33.59	L	F	Holmgaard, Kelsey L	17	CCA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
10	2:33.60	L	F	Kessler, Kate L	17	UNPSD	-	VA 5/3/20082008 Jeff Rouse Open Invitational

Women 15-18 100 Breast

1	1:17.53	L	P	Randall, Shelby M	17	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	1:18.37	L	P	Larsen, Elizabeth	15	SQST	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
3	1:18.73	L	F	Boyer, Kindyl S	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
4	1:18.83	L	F	Goforth, Sara C	15	UN-4	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
5	1:19.08	L	F	Sweeney, Casey	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
6	1:19.22	L	P	Holland, Samm	18	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
7	1:19.55	L	F	Livingston, April M	16	QDD	-	VA 6/7/2008Rays LC A/BB/B/C Meet
8	1:20.45	L	F	Staib, Noey	16	BAC	-	VA 6/7/2008Rays LC A/BB/B/C Meet
9	1:20.57	L	F	Holmgaard, Kelsey L	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
10	1:21.07	L	F	Lahvic, Kelly	17	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on

Women 15-18 200 Breast

1	2:46.96	L	F	Larsen, Elizabeth	15	SQST	-	VA 5/24/20082008 PV Virginia State LC Champs
2	2:47.17	L	F	Boyer, Kindyl S	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
3	2:47.66	L	F	Goforth, Sara C	15	UN-4	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
4	2:49.07	L	P	Holland, Samm	18	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
5	2:49.55	L	P	Dula, Teresa	15	NOVA	-	VA 3/13/20082008 PV Speedo Championship Series
6	2:50.56	L	F	Livingston, April M	16	QDD	-	VA 6/20/2008Coventry Commonwealth Games of Vir
7	2:50.86	L	F	Sweeney, Casey	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
8*	2:50.91	L	P	Randall, Shelby M	17	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
8*	2:50.91	L	F	Kim, Sarah E	16	PSDN	-	VA 5/3/20082008 Jeff Rouse Open Invitational
10	2:52.87	L	F	Morrison, Addy B	16	CGBD	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on

Women 15-18 100 Fly

1	1:05.44	L	P	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	1:06.19	L	F	Obeck, Brooke A	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
3	1:07.46	L	F	White, Sarah R	15	ODAC	-	VA 5/17/20082008 PV FISH LC Derby
4	1:07.80	L	F	Bayer, Meredith M	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
5	1:08.03	L	F	Martter, Kyle	17	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
6	1:08.34	L	P	Luchsinger, Ashley N	16	TIDE	-	VA 3/13/20082008 PV Speedo Championship Series
7	1:08.67	L	P	Jennings, Lacy E	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
8	1:08.72	L	F	Dula, Teresa	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
9	1:09.07	L	F	Campbell, Emily	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
10	1:09.24	L	P	Colasurdo, Rachel A	17	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours

Women 15-18 200 Fly

1	2:20.61	L	P	Haulsee, Alison	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	2:21.25	L	P	Obeck, Brooke A	15	NOVA	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	2:26.10	L	P	Aheron, Grace	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
4	2:27.63	L	F	Dula, Teresa	15	NOVA	-	VA 3/13/20082008 PV Speedo Championship Series
5	2:28.53	L	F	Martter, Kyle	17	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
6	2:28.80	L	P	Bayer, Meredith M	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
7	2:30.52	L	P	Elliott, Jennifer	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
8	2:32.28	L	F	Wash, Kelsey	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
9	2:32.70	L	F	Zoldork, Rachel M	16	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
10	2:33.11	L	F	Campbell, Emily	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial

Women 15-18 200 IM

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1	2:27.81 L	P	White, Susanna	15	LY	-	VA 6/5/20082008 NC Charlotte UltraSwim
2	2:27.85 L	P	Holland, Samm	18	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	2:31.47 L	F	Justis, Susan M	15	VA	-	VA 8/8/2007Eastern Zone Age Group Long Cours
4	2:31.61 L	F	Sweeney, Casey	17	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
5	2:31.71 L	F	Boyle, Casie N	15	QDD	-	VA 6/7/2008Rays LC A/BB/B/C Meet
6	2:31.90 L	F	Holmgaard, Kelsey L	17	CCA	-	VA 6/27/2008Lynchburg Firecracker Invitational 200
7	2:32.55 L	P	Aheron, Grace	17	CCA	-	VA 6/13/20082008 NC WAVE Capital City Invitationa
8	2:32.63 L	F	Haulsee, Alison	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
9	2:32.85 L	P	Colasurdo, Rachel A	17	TIDE	-	VA 3/13/20082008 PV Speedo Championship Series
10	2:33.12 L	F	LaVay, Emily J	15	CGBD	-	VA 6/26/2008TYR Summer Classic LC Invitational

Women 15-18 400 IM

1	5:08.45 L	F	Haulsee, Alison	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
2	5:11.46 L	P	Holland, Samm	18	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
3	5:13.89 L	F	Dula, Teresa	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
4	5:14.41 L	F	Sweeney, Casey	17	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
5	5:15.11 L	P	Randall, Shelby M	17	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
6	5:16.38 L	F	Bayer, Meredith M	15	NOVA	-	VA 6/13/20082008 Edwin C. Cuttino Memorial
7	5:16.77 L	F	Obeck, Brooke A	15	NOVA	-	VA 5/16/20082008 NC Josh Weaver Memorial Meet on
8	5:17.19 L	P	White, Susanna	15	LY	-	VA 6/5/20082008 NC Charlotte UltraSwim
9	5:17.23 L	P	Justis, Susan M	15	PSDN	-	VA 6/5/20082008 NC Charlotte UltraSwim
10	5:19.21 L	F	LaVay, Emily J	15	CGBD	-	VA 6/26/2008TYR Summer Classic LC Invitational