

Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name		Age/Yr				
Women 15-18 50 Free									
1	27.96	L L ZONE	F	Sweetnam, Hope	17	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
2	28.23	L ZONE	F	Harrison, Caitlyn M	15	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	28.37	L ZONE	S	Lahvic, Kelly	15	NOVA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	28.51	L ZONE	F	Gaskill, Kali E	16	PWSC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
5	28.58	L ZONE	F	Foley, Aileen	17	SQST	- VA	5/18/2006	17th Annual Poseidon Classic
6	28.59	L ZONE	F	Murphy, Mary C	18	WAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
7	28.65	L ZONE	P	Kelley, Rebecca G	16	NOVA	- VA	6/8/2006	2006 NC Charlotte UltraSwim
8	28.77	L ZONE	F	Wentzel, Ashley M	15	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
9	28.82	L ZONE	P	Foley, Caitlin K	15	ODAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
10	28.89	L ZONE	P	Owenby, Meredith	17	NOVA	- VA	7/13/2006	PVS Senior LC Champs 2006
Women 15-18 100 Free									
1	1:00.68	L ZONE	P	Harrison, Caitlyn M	15	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
2	1:00.78	L ZONE	F	Murphy, Mary C	18	WAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	1:01.22	L ZONE	F	Sweetnam, Hope	17	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	1:01.28	L ZONE	P	Wentzel, Ashley M	15	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
5	1:01.59	L ZONE	F	Boyer, Paige A	15	WAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
6	1:01.66	L ZONE	F	Kane, Jennifer R	17	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
7	1:01.80	L ZONE	P	Alles, Courtney M	18	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
8	1:01.81	L ZONE	P	Bartholomew, Erin K	15	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
9	1:01.94	L ZONE	P	Gaskill, Kali E	16	PWSC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
10	1:02.60	L ZONE	P	Metzinger, Julie R	16	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
Women 15-18 200 Free									
1	2:09.63	L ZONE	P	Zimmerman, Kelsey A	15	NOVA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
2	2:10.79	L ZONE	F	Murphy, Mary C	18	WAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	2:11.35	L ZONE	P	Kane, Jennifer R	17	SQST	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	2:12.17	L ZONE	P	Alles, Courtney M	18	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
5	2:12.23	L ZONE	P	Endsley, Paige E	16	PSDN	- VA	7/13/2006	PVS Senior LC Champs 2006
6	2:13.06	L ZONE	F	Bartholomew, Erin K	15	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
7	2:13.48	L ZONE	P	Childress, Lauren A	17	CCA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
8	2:14.34	L ZONE	P	Sweetnam, Hope	17	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
9	2:14.94	L ZONE	P	Fini, Kelly A	16	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
10	2:15.17	L ZONE	F	Aheron, Grace	15	CCA	- VA	6/16/2006	2006 NC Capital City Invitational
Women 15-18 400 Free									
1	4:33.48	L ZONE	P	Zimmerman, Kelsey A	15	NOVA	- VA	6/8/2006	2006 NC Charlotte UltraSwim
2	4:33.67	L ZONE	F	Endsley, Paige E	16	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	4:35.12	L ZONE	F	Bartholomew, Erin K	15	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	4:38.16	L ZONE	P	Kane, Jennifer R	17	SQST	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
5	4:41.18	L ZONE	P	Linkenauer, Anna W	18	WAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
6	4:42.18	L ZONE	P	Kloster, Alix H	16	TIDE	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
7	4:42.20	L ZONE	F	Alles, Courtney M	18	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
8	4:43.72	L ZONE	F	Douglas, Kerry A	17	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
9	4:44.71	L ZONE	F	Locher, Chrystina M	17	ODAC	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
10	4:44.81	L ZONE	F	Fini, Kelly A	16	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
Women 15-18 1500 Free									
1	18:02.88	L ZONE	F	Zimmerman, Kelsey A	15	NOVA	- VA	7/13/2006	PVS Senior LC Champs 2006
2	18:04.63	L ZONE	F	Endsley, Paige E	16	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	18:32.80	L ZONE	F	Bartholomew, Erin K	15	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	18:36.50	L ZONE	F	Kane, Jennifer R	17	SQST	- VA	6/22/2006	2006 Chick-fil-A Invitational
5	18:39.19	L ZONE	F	Kloster, Alix H	16	TIDE	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
6	18:40.75	L ZONE	F	Tenser, Anne K	15	PSDN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
Women 15-18 100 Back									
1	1:08.56	L ZONE	F	Aheron, Grace	15	CCA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
2	1:08.84	L ZONE	F	Barrientos, April A	17	TIDE	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	1:09.27	L ZONE	P	Sweetnam, Hope	17	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	1:09.30	L ZONE	P	Hartmann, Caki	16	TPHN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
5	1:10.06	L ZONE	F	Swecker, Morgan E	15	BAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
6	1:10.12	L ZONE	P	Dunn, Jessica J	16	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
7	1:10.20	L ZONE	P	Hart, Mary Anne A	16	CCA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
8	1:10.34	L ZONE	F	Shanks, Lisa L	16	TPHN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
9	1:10.51	L ZONE	F	Linkenauer, Anna W	18	WAC	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
10	1:10.56	L ZONE	F	Childress, Lauren A	17	CCA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
Women 15-18 200 Back									
1	2:27.39	L ZONE	F	Linkenauer, Anna W	18	WAC	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
2	2:27.41	L ZONE	F	Aheron, Grace	15	CCA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
3	2:27.89	L ZONE	F	Barrientos, April A	17	TIDE	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
4	2:29.39	L ZONE	F	Zimmerman, Kelsey A	15	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
5	2:30.43	L ZONE	F	Childress, Lauren A	17	CCA	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
6	2:31.55	L ZONE	F	Hartmann, Caki	16	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
7	2:31.58	L ZONE	P	Shanks, Lisa L	16	TPHN	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
8	2:31.65	L ZONE	F	Dunn, Jessica J	16	QDD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP
9	2:32.00	L ZONE	F	Sweetnam, Hope	17	CGBD	- VA	7/27/2006	VS LONG COURSE SENIOR CHAMP

Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name		Age/Yr				
10	2:32.37	L	ZONE	P	Wash, Kelsey	15	NOVA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
Women 15-18 100 Breast										
1	1:16.13	L	ZONE	F	Boyer, Paige A	15	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
2	1:16.82	L	ZONE	F	McDonnell, Katherine J	18	UBASS	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
3	1:17.43	L	ZONE	P	Randall, Shelby M	15	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
4	1:17.98	L	ZONE	P	Kelley, Rebecca G	16	NOVA	- VA	7/13/2006	PVS Senior LC Champs 2006
5	1:19.04	L	ZONE	F	Linkenauer, Anna W	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
6	1:19.12	L	ZONE	F	Fox, Brittany L	16	PWSC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
7	1:19.61	L	ZONE	P	Lupacchino, Erika L	17	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
8	1:19.77	L	ZONE	P	Endsley, Paige E	16	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
9	1:20.69	L	ZONE	F	Fiskus, Lauren A	17	TPHN	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
10	1:20.90	L	ZONE	P	Webber, Staci M	16	QDD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
Women 15-18 200 Breast										
1	2:47.52	L	ZONE	F	Boyer, Paige A	15	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
2	2:50.22	L	ZONE	P	Randall, Shelby M	15	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
3	2:50.63	L	ZONE	P	Fiskus, Lauren A	17	TPHN	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
4	2:50.81	L	ZONE	F	Linkenauer, Anna W	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
5	2:51.71	L	ZONE	F	Alles, Courtney M	18	QDD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
6*	2:52.16	L	ZONE	F	Fredericks, Dana K	16	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
6*	2:52.16	L	ZONE	P	Holland, Samm	16	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
8	2:52.70	L	ZONE	F	Kane, Jennifer R	17	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
9	2:53.94	L	ZONE	F	Hom, Molly E	16	CGBD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
10	2:54.66	L	ZONE	P	Black, Elizabeth M	15	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
Women 15-18 100 Fly										
1	1:06.04	L	ZONE	F	Aheron, Grace	15	CCA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
2	1:06.69	L	ZONE	F	Murphy, Mary C	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
3	1:07.65	L	ZONE	F	Bechard, Sarah A	16	BAC	- VA	5/18/2006	17th Annual Poseidon Classic
4	1:07.83	L	ZONE	P	Owenby, Meredith	17	NOVA	- VA	7/13/2006	PVS Senior LC Champs 2006
5	1:07.94	L	ZONE	F	Ancellotti, Lindsay M	15	TPHN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
6	1:08.43	L	ZONE	F	Zimmerman, Kelsey A	15	NOVA	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
7	1:08.78	L	ZONE	P	Webber, Leah M	15	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
8	1:08.80	L	ZONE	P	Harrison, Caitlyn M	15	VA	- VA	8/10/2005	Eastern Zone Age Group Long Course
9	1:08.99	L	ZONE	P	Suhling, Sandy	16	RAYS	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
10*	1:09.11	L	ZONE	P	Martin, Allison B	15	CCA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
10*	1:09.11	L	ZONE	F	Brinks, Hannah E	18	RAYS	- VA	6/3/2006	RAYS LC A/B/BB/C MEET
Women 15-18 200 Fly										
1	2:25.84	L	ZONE	P	Zimmerman, Kelsey A	15	NOVA	- VA	6/8/2006	2006 NC Charlotte UltraSwim
2	2:26.37	L	ZONE	F	Murphy, Mary C	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
3	2:28.26	L	ZONE	P	Aheron, Grace	15	CCA	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
4	2:28.64	L	ZONE	F	Bagenstose, Meredith A	16	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
5	2:29.19	L	ZONE	F	Bechard, Sarah A	16	BAC	- VA	6/23/2006	2006 NC 18th Furniture City Invitational
6	2:30.14	L	ZONE	P	Ancellotti, Lindsay M	15	TPHN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
7	2:30.55	L	ZONE	P	Owenby, Meredith	17	NOVA	- VA	7/13/2006	PVS Senior LC Champs 2006
8	2:31.27	L	ZONE	F	Webber, Leah M	15	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
9	2:31.54	L	ZONE	F	Hubert, Jessica L	15	TPHN	- VA	6/3/2006	RAYS LC A/B/BB/C MEET
Women 15-18 200 IM										
1	2:27.00	L	ZONE	F	Linkenauer, Anna W	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
2	2:29.57	L	ZONE	F	McDonnell, Katherine J	18	UBASS	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
3	2:30.28	L	ZONE	P	Alles, Courtney M	18	QDD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
4	2:31.76	L	ZONE	F	Fox, Brittany L	16	PWSC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
5	2:32.01	L	ZONE	P	Randall, Shelby M	15	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
6	2:32.04	L	ZONE	P	Zimmerman, Kelsey A	15	NOVA	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
7	2:32.52	L	ZONE	F	Murphy, Mary C	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
8	2:32.84	L	ZONE	P	Sweetnam, Hope	17	CGBD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
9	2:33.20	L	ZONE	F	Hartman, Jackie	17	CGBD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
10	2:33.52	L	ZONE	P	Aheron, Grace	15	CCA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
Women 15-18 400 IM										
1	5:09.39	L	ZONE	P	Alles, Courtney M	18	QDD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
2	5:11.58	L	ZONE	F	Zimmerman, Kelsey A	15	NOVA	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
3	5:14.70	L	ZONE	F	Linkenauer, Anna W	18	WAC	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
4	5:18.81	L	ZONE	F	Aheron, Grace	15	CCA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
5	5:19.07	L	ZONE	F	Holland, Samm	16	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
6	5:20.09	L	ZONE	P	Douglas, Kerry A	17	CGBD	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
7	5:20.67	L	ZONE	F	Beckenstein, Allie	16	CYAC	- VA	7/14/2006	2006 Upper SE Regional YMCA Champi
8	5:21.51	L	ZONE	F	Childress, Lauren A	17	CCA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
9	5:21.74	L	ZONE	P	Randall, Shelby M	15	PSDN	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
10	5:24.61	L	ZONE	P	Owenby, Meredith	17	NOVA	- VA	7/13/2006	PVS Senior LC Champs 2006