

Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time		P/F/S	Name		Age/Yr				
Women 11-12 50 Free										
1	28.75	L	ZONE	F	Johnson, Morgan	12	LASO	-	VA	5/19/2006 Josh Weaver Memorial Meet on the Hill
2	29.02	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	6/23/2006 2006 NC 18th Furniture City Invitational
3	29.28	L	ZONE	F	Jones, Kaitlin S	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
4	29.43	L	ZONE	F	Ward, Colleen A	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
5	29.44	L	ZONE	F	Bishop, Gabrielle R	12	WAC	-	VA	7/20/2006 2006 LC Age-Group Championship
6	30.10	L	ZONE	P	Flinn, Mary	12	RAYS	-	VA	7/20/2006 2006 LC Age-Group Championship
7	30.20	L	ZONE	F	Hines, Taylor J	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
8	30.28	L	ZONE	F	Chromik, Caroline M	11	UCGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
9	30.39	L	ZONE	P	Ryan, Leah S	12	PSDN	-	VA	7/27/2006 VSI LONG COURSE SENIOR CHAMP
10	30.41	L	ZONE	F	Nunn, Emma C	12	NOVA	-	VA	5/19/2006 Josh Weaver Memorial Meet on the Hill
Women 11-12 100 Free										
1	1:01.94	L	ZONE	F	Johnson, Morgan	12	LASO	-	VA	7/20/2006 2006 LC Age-Group Championship
2	1:02.84	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	5/19/2006 Josh Weaver Memorial Meet on the Hill
3	1:03.44	L	ZONE	F	Ward, Colleen A	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
4	1:04.13	L	ZONE	F	Jones, Kaitlin S	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
5	1:04.33	L	ZONE	F	Nunn, Emma C	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
6	1:04.75	L	ZONE	F	Ryan, Leah S	12	PSDN	-	VA	7/20/2006 2006 LC Age-Group Championship
7	1:06.10	L	ZONE	F	Flinn, Mary	12	RAYS	-	VA	7/20/2006 2006 LC Age-Group Championship
8	1:06.14	L	ZONE	P	Iverson, Kayla N	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
9	1:06.54	L	ZONE	F	Smith, Haley	11	TAC	-	VA	7/20/2006 2006 LC Age-Group Championship
10	1:06.55	L	ZONE	F	Kennedy, Maddie L	12	CCA	-	VA	7/20/2006 2006 LC Age-Group Championship
Women 11-12 200 Free										
1	2:13.32	L	ZONE	F	Johnson, Morgan	12	LASO	-	VA	7/20/2006 2006 LC Age-Group Championship
2	2:15.70	L	ZONE	F	Nunn, Emma C	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
3	2:17.70	L	ZONE	F	Jones, Kaitlin S	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
4	2:18.25	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	5/19/2006 Josh Weaver Memorial Meet on the Hill
5	2:22.07	L	ZONE	P	Kennedy, Maddie L	12	CCA	-	VA	7/27/2006 VSI LONG COURSE SENIOR CHAMP
6	2:22.40	L	ZONE	P	Ward, Colleen A	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
7	2:23.02	L	ZONE	F	Ryan, Leah S	12	PSDN	-	VA	7/20/2006 2006 LC Age-Group Championship
8	2:23.14	L	ZONE	P	Egress, Alexandra B	12	TIDE	-	VA	7/20/2006 2006 LC Age-Group Championship
9	2:23.29	L	ZONE	F	Smith, Haley	11	TAC	-	VA	7/20/2006 2006 LC Age-Group Championship
10	2:24.14	L	ZONE	F	Iverson, Kayla N	12	SQST	-	VA	6/22/2006 2006 Chick-fil-A Invitational
Women 11-12 400 Free										
1	4:40.31	L	ZONE	F	Nunn, Emma C	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
2	4:43.34	L	ZONE	F	Johnson, Morgan	12	LASO	-	VA	7/20/2006 2006 LC Age-Group Championship
3	4:48.61	L	ZONE	F	Jones, Kaitlin S	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
4	4:53.19	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	5/19/2006 Josh Weaver Memorial Meet on the Hill
5	4:55.25	L	ZONE	F	Kennedy, Maddie L	12	CCA	-	VA	7/20/2006 2006 LC Age-Group Championship
6	4:55.65	L	ZONE	F	Carner, Amanda D	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
7	4:55.74	L	ZONE	F	Campbell, Katie	12	CCA	-	VA	6/16/2006 2006 NC Capital City Invitational
8	4:59.04	L	ZONE	F	Iverson, Kayla N	12	SQST	-	VA	7/20/2006 2006 LC Age-Group Championship
9	4:59.10	L	ZONE	F	Egress, Alexandra B	12	TIDE	-	VA	7/20/2006 2006 LC Age-Group Championship
10	5:01.29	L	ZONE	F	Kloster, Ella L	12	TIDE	-	VA	7/20/2006 2006 LC Age-Group Championship
Women 11-12 50 Back										
1	33.50	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
2	34.32	L	ZONE	F	Freeland, Olivia L	12	WAC	-	VA	7/20/2006 2006 LC Age-Group Championship
3	34.98	L	ZONE	F	Ward, Colleen A	12	CGBD	-	VA	6/10/2006 7th Annual Blue and Yellow Intrasquad
4	35.27	L	ZONE	F	Cronk, Natalie A	12	CYAC	-	VA	7/20/2006 2006 LC Age-Group Championship
5	35.28	L	ZONE	F	Chromik, Caroline M	11	UCGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
6	35.33	L	ZONE	P	Gray, Nicole A	11	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
7	35.39	L	ZONE	P	Parrish, Ashton R	12	VACS	-	VA	7/20/2006 2006 LC Age-Group Championship
8	35.50	L	ZONE	F	Leigh, Rachel E	12	NOVA	-	VA	6/23/2006 2006 NC 18th Furniture City Invitational
9	35.74	L	ZONE	F	Carner, Amanda D	12	CGBD	-	VA	6/10/2006 7th Annual Blue and Yellow Intrasquad
Women 11-12 100 Back										
1	1:11.03	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	6/23/2006 2006 NC 18th Furniture City Invitational
2	1:13.26	L	ZONE	F	Ward, Colleen A	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
3	1:14.34	L	ZONE	F	Carner, Amanda D	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
4	1:14.81	L	ZONE	F	Leigh, Rachel E	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
5	1:15.60	L	ZONE	F	Cronk, Natalie A	12	CYAC	-	VA	7/14/2006 2006 Upper SE Regional YMCA Champi
6	1:15.95	L	ZONE	P	Gray, Nicole A	11	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
7	1:16.26	L	ZONE	F	Parrish, Ashton R	12	VACS	-	VA	7/20/2006 2006 LC Age-Group Championship
8	1:16.33	L	ZONE	F	Melkun, Hannah	12	RAYS	-	VA	7/20/2006 2006 LC Age-Group Championship
9	1:16.65	L	ZONE	F	Egress, Alexandra B	12	TIDE	-	VA	7/20/2006 2006 LC Age-Group Championship
10	1:16.83	L	ZONE	F	Nunn, Emma C	12	NOVA	-	VA	6/3/2006 RAYS LC A/B/BB/C MEET
Women 11-12 200 Back										
1	2:31.88	L	ZONE	F	Carner, Amanda D	12	CGBD	-	VA	7/20/2006 2006 LC Age-Group Championship
2	2:32.70	L	ZONE	F	Snidow, Lindsay R	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
3	2:40.79	L	ZONE	F	Parrish, Ashton R	12	VACS	-	VA	7/20/2006 2006 LC Age-Group Championship
4	2:41.24	L	ZONE	F	Leigh, Rachel E	12	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
5	2:42.53	L	ZONE	P	Gray, Nicole A	11	NOVA	-	VA	7/20/2006 2006 LC Age-Group Championship
6	2:42.60	L	ZONE	F	Smith, Macey	12	UCGBD	-	VA	7/20/2006 2006 LC Age-Group Championship

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7	2:42.76	L	ZONE	F	Melkun, Hannah	12	RAYS	- VA	7/20/2006	2006 LC Age-Group Championship
8	2:42.82	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	6/3/2006	RAYS LC A/B/BB/C MEET
9	2:43.06	L	ZONE	F	Ward, Colleen A	12	CGBD	- VA	6/25/2006	Coventry Commonwealth Games of VA
10	2:43.13	L	ZONE	F	Cronk, Natalie A	12	CYAC	- VA	7/20/2006	2006 LC Age-Group Championship
Women 11-12 50 Breast										
1	36.56	L	ZONE	F	Wingfield, Amber N	12	LY	- VA	7/20/2006	2006 LC Age-Group Championship
2	36.89	L	ZONE	P	Johnson, Morgan	12	LASO	- VA	7/20/2006	2006 LC Age-Group Championship
3	37.46	L	ZONE	F	Carnes, Blair M	11	NOVA	- VA	6/23/2006	2006 NC 18th Furniture City Invitational
4	37.70	L	ZONE	F	Wilson, Carter P	12	NOVA	- VA	6/23/2006	2006 NC 18th Furniture City Invitational
5	38.62	L	ZONE	P	Melkun, Hannah	12	RAYS	- VA	7/20/2006	2006 LC Age-Group Championship
6	38.88	L	ZONE	F	Young, Katie A	12	CCA	- VA	7/20/2006	2006 LC Age-Group Championship
7	38.94	L	ZONE	F	Campbell, Katie	12	CCA	- VA	7/20/2006	2006 LC Age-Group Championship
8	39.14	L	ZONE	P	Motsenbocker, Paula	11	RAYS	- VA	7/20/2006	2006 LC Age-Group Championship
9	39.16	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
10	39.20	L	ZONE	F	Page, Chelsea N	12	WAC	- VA	7/20/2006	2006 LC Age-Group Championship
Women 11-12 100 Breast										
1	1:21.02	L	ZONE	F	Carnes, Blair M	11	NOVA	- VA	5/6/2006	6th Annual Jeff Rouse Open Invitational
2	1:21.39	L	ZONE	F	Johnson, Morgan	12	LASO	- VA	7/20/2006	2006 LC Age-Group Championship
3	1:22.22	L	ZONE	F	Campbell, Katie	12	CCA	- VA	7/20/2006	2006 LC Age-Group Championship
4	1:22.47	L	ZONE	F	Young, Katie A	12	CCA	- VA	7/20/2006	2006 LC Age-Group Championship
5	1:23.27	L	ZONE	F	Wingfield, Amber N	12	LY	- VA	7/20/2006	2006 LC Age-Group Championship
6	1:25.31	L	ZONE	F	Ross, Olivia C	11	PSDN	- VA	7/20/2006	2006 LC Age-Group Championship
7	1:25.67	L	ZONE	F	Carner, Amanda D	12	CGBD	- VA	7/20/2006	2006 LC Age-Group Championship
8	1:25.74	L	ZONE	F	Leigh, Rachel E	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
9	1:25.95	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	6/3/2006	RAYS LC A/B/BB/C MEET
10	1:26.10	L	ZONE	F	deBarros, Kristen M	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
Women 11-12 200 Breast										
1	2:53.09	L	ZONE	F	Carnes, Blair M	11	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
2	2:56.08	L	ZONE	F	Young, Katie A	12	CCA	- VA	6/16/2006	2006 NC Capital City Invitational
3	2:58.09	L	ZONE	F	Carner, Amanda D	12	CGBD	- VA	7/20/2006	2006 LC Age-Group Championship
4	3:00.29	L	ZONE	P	Campbell, Katie	12	CCA	- VA	7/27/2006	VSI LONG COURSE SENIOR CHAMP
5	3:00.99	L	ZONE	F	Wilson, Carter P	12	NOVA	- VA	6/23/2006	2006 NC 18th Furniture City Invitational
6	3:01.77	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
7	3:02.01	L	ZONE	T	Wingfield, Amber N	12	LY	- VA	7/7/2006	Summer Awards TT 2006
8	3:02.77	L	ZONE	F	Zoldork, Natalie C	12	VACS	- VA	7/20/2006	2006 LC Age-Group Championship
9	3:02.94	L	ZONE	F	Godwin, Meaghan K	12	PSDN	- VA	7/20/2006	2006 LC Age-Group Championship
10	3:03.05	L	ZONE	P	Leigh, Rachel E	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
Women 11-12 50 Fly										
1	31.87	L	ZONE	F	Johnson, Morgan	12	LASO	- VA	7/20/2006	2006 LC Age-Group Championship
2	32.08	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
3*	32.09	L	ZONE	F	Summa, Athena	11	CGBD	- VA	7/20/2006	2006 LC Age-Group Championship
3*	32.09	L	ZONE	F	Iverson, Kayla N	12	SQST	- VA	7/20/2006	2006 LC Age-Group Championship
5	32.21	L	ZONE	F	Leigh, Rachel E	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
6	32.52	L	ZONE	F	Monahan, Bailie C	12	QDD	- VA	7/20/2006	2006 LC Age-Group Championship
7	32.88	L	ZONE	F	Ward, Colleen A	12	CGBD	- VA	7/20/2006	2006 LC Age-Group Championship
8*	32.89	L	ZONE	P	Robinson, Molly	11	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
8*	32.89	L	ZONE	P	Smith, Haley	11	TAC	- VA	7/20/2006	2006 LC Age-Group Championship
10	33.01	L	ZONE	P	Jones, Kaitlin S	12	SQST	- VA	7/20/2006	2006 LC Age-Group Championship
Women 11-12 100 Fly										
1	1:09.91	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
2	1:11.32	L	ZONE	F	Johnson, Morgan	12	LASO	- VA	7/20/2006	2006 LC Age-Group Championship
3	1:13.62	L	ZONE	F	Jones, Kaitlin S	12	SQST	- VA	7/20/2006	2006 LC Age-Group Championship
4	1:13.93	L	ZONE	F	Summa, Athena	11	CGBD	- VA	7/20/2006	2006 LC Age-Group Championship
5	1:14.12	L	ZONE	F	Monahan, Bailie C	12	QDD	- VA	7/20/2006	2006 LC Age-Group Championship
6	1:14.36	L	ZONE	F	Cronk, Natalie A	12	CYAC	- VA	7/20/2006	2006 LC Age-Group Championship
7	1:14.39	L	ZONE	P	Robinson, Molly	11	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
8	1:14.80	L	ZONE	F	Snidow, Lindsay R	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
9	1:15.24	L	ZONE	F	Sweeney, Maggie	11	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
10	1:15.39	L	ZONE	F	Carner, Amanda D	12	CGBD	- VA	5/19/2006	Josh Weaver Memorial Meet on the Hill
Women 11-12 200 Fly										
1	2:27.89	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	6/23/2006	2006 NC 18th Furniture City Invitational
2	2:43.85	L	ZONE	F	Smith, Haley	11	TAC	- VA	7/20/2006	2006 LC Age-Group Championship
3	2:44.06	L	ZONE	F	Robinson, Molly	11	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
Women 11-12 200 IM										
1	2:32.36	L	ZONE	F	Nunn, Emma C	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
2	2:34.33	L	ZONE	F	Johnson, Morgan	12	LASO	- VA	6/23/2006	2006 BASA Ultimate Challenge
3	2:35.72	L	ZONE	F	Carner, Amanda D	12	CGBD	- VA	7/20/2006	2006 LC Age-Group Championship
4	2:39.79	L	ZONE	P	Campbell, Katie	12	CCA	- VA	7/20/2006	2006 LC Age-Group Championship
5*	2:40.54	L	ZONE	P	Snidow, Lindsay R	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
5*	2:40.54	L	ZONE	P	Leigh, Rachel E	12	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
7	2:41.42	L	ZONE	P	Melkun, Hannah	12	RAYS	- VA	7/20/2006	2006 LC Age-Group Championship
8	2:43.13	L	ZONE	F	Cronk, Natalie A	12	CYAC	- VA	7/14/2006	2006 Upper SE Regional YMCA Champi

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Time P/F/S Name

Age/Yr

9	2:43.37	L	ZONE	F	Gray, Nicole A	11	NOVA	- VA	7/20/2006	2006 LC Age-Group Championship
10	2:43.45	L	ZONE	F	Jones, Kaitlin S	12	SQST	- VA	5/6/2006	6th Annual Jeff Rouse Open Invitational