

Individual Top Times

Show Long Course Only

Time	P/F/S	Event					
Aceino, Alexander M (14) M							PSDN -VA
26.93 L	ZONE F	50 Free	6/24/2005	NAC Summer Sizzler			
2:11.81 L	ZONE P	200 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
4:37.19 L	ZONE F	400 Free	5/19/2005	16th Annual Poseidon Classic			
9:36.50 L	ZONE F	800 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
18:23.71 L	ZONE F	1500 Free	6/24/2005	NAC Summer Sizzler			
ANTHONY, Mac (13) M							NOVA -VA
26.32 L L	ZONE F	50 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
58.18 L	ZONE F	100 Free	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:09.40 L	ZONE F	200 Free	6/17/2005	2005 Edwin C. Cuttino Memorial			
4:38.54 L	ZONE F	400 Free	8/11/2004	Eastern Zone Age Group Long Course Champs			
1:07.75 L	ZONE P	100 Back	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:24.42 L	ZONE F	200 Back	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:26.96 L	ZONE P	200 IM	6/17/2005	2005 Edwin C. Cuttino Memorial			
5:14.32 L	ZONE F	400 IM	6/17/2005	2005 Edwin C. Cuttino Memorial			
Baumler, Matthew S (14) M							WAC -VA
26.23 L	ZONE P	50 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
57.62 L	ZONE F	100 Free	4/29/2005	Carol Chidester Memorial Long Course Meet			
2:06.09 L	ZONE F	200 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
4:30.46 L	ZONE F	400 Free	4/29/2005	Carol Chidester Memorial Long Course Meet			
1:04.72 L	ZONE F	100 Back	4/29/2005	Carol Chidester Memorial Long Course Meet			
2:23.61 L	ZONE P	200 Back	5/20/2005	Josh Weaver Memorial Meet on the Hill			
1:01.39 L	ZONE F	100 Fly	5/20/2005	Josh Weaver Memorial Meet on the Hill			
2:15.71 L	ZONE F	200 Fly	5/20/2005	Josh Weaver Memorial Meet on the Hill			
2:28.97 L	ZONE P	200 IM	5/20/2005	Josh Weaver Memorial Meet on the Hill			
5:11.50 L	ZONE F	400 IM	4/29/2005	Carol Chidester Memorial Long Course Meet			
Covert, Michael K (13) M							VACS -VA
27.41 L	ZONE F	50 Free	5/7/2005	5th Annual Jeff Rouse Meet			
1:00.98 L	ZONE F	100 Free	5/19/2005	16th Annual Poseidon Classic			
1:06.60 L	ZONE F	100 Back	5/7/2005	5th Annual Jeff Rouse Meet			
2:23.18 L	ZONE F	200 Back	5/19/2005	16th Annual Poseidon Classic			
1:07.97 L	ZONE F	100 Fly	6/23/2005	2005 Commonwealth Games			
2:29.11 L	ZONE P	200 IM	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
Ferguson, Stuart G (14) M							PSDN -VA
1:01.15 L	ZONE P	100 Free	6/24/2005	NAC Summer Sizzler			
1:09.30 L	ZONE F	100 Back	5/19/2005	16th Annual Poseidon Classic			
1:10.73 L	ZONE F	100 Breast	8/11/2004	Eastern Zone Age Group Long Course Champs			
2:34.15 L	ZONE F	200 Breast	8/11/2004	Eastern Zone Age Group Long Course Champs			
1:03.25 L	ZONE P	100 Fly	8/11/2004	Eastern Zone Age Group Long Course Champs			
2:21.37 L	ZONE F	200 Fly	6/24/2005	NAC Summer Sizzler			
2:20.99 L	ZONE F	200 IM	8/11/2004	Eastern Zone Age Group Long Course Champs			
5:07.85 L	ZONE P	400 IM	8/11/2004	Eastern Zone Age Group Long Course Champs			
Fischetti, Brian R (14) M							PSDN -VA
28.05 L	ZONE F	50 Free	5/7/2005	5th Annual Jeff Rouse Meet			
1:06.42 L	ZONE F	100 Back	6/24/2005	NAC Summer Sizzler			
2:23.47 L	ZONE F	200 Back	6/24/2005	NAC Summer Sizzler			
1:14.35 L	ZONE F	100 Breast	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
2:49.58 L	ZONE P	200 Breast	6/24/2005	NAC Summer Sizzler			
2:28.58 L	ZONE P	200 IM	8/11/2004	Eastern Zone Age Group Long Course Champs			
Good, Hunter L (14) M							VAST -VA
27.81 L	ZONE F	50 Free	6/23/2005	2005 Commonwealth Games			
1:01.27 L	ZONE F	100 Free	6/23/2005	2005 Commonwealth Games			
1:16.94 L	ZONE F	100 Breast	5/7/2005	5th Annual Jeff Rouse Meet			
2:46.68 L	ZONE F	200 Breast	6/23/2005	2005 Commonwealth Games			
Gregg, Evan M (14) M							SWAT -VA
27.19 L	ZONE F	50 Free	6/24/2005	2005 BASA Ultimate Challenge			
59.85 L	ZONE F	100 Free	6/24/2005	2005 BASA Ultimate Challenge			
2:12.40 L	ZONE F	200 Free	6/24/2005	2005 BASA Ultimate Challenge			
4:36.46 L	ZONE F	400 Free	5/13/2005	2005 NC New South Swimming LC			
1:08.43 L	ZONE F	100 Back	5/13/2005	2005 NC New South Swimming LC			
2:30.47 L	ZONE F	200 Back	6/24/2005	2005 BASA Ultimate Challenge			
1:17.92 L	ZONE F	100 Breast	6/24/2005	2005 BASA Ultimate Challenge			
2:24.65 L	ZONE F	200 IM	5/13/2005	2005 NC New South Swimming LC			
Hurdle, Kohl (14) M							TPHN -VA
27.81 L	ZONE F	50 Free	6/17/2005	2005 Edwin C. Cuttino Memorial			
4:36.46 L	ZONE F	400 Free	6/17/2005	2005 Edwin C. Cuttino Memorial			
9:39.68 L	ZONE F	800 Free	5/19/2005	16th Annual Poseidon Classic			
1:07.09 L	ZONE F	100 Back	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:21.38 L	ZONE F	200 Back	5/19/2005	16th Annual Poseidon Classic			
1:18.56 L	ZONE F	100 Breast	5/19/2005	16th Annual Poseidon Classic			
2:41.93 L	ZONE F	200 Breast	6/17/2005	2005 Edwin C. Cuttino Memorial			

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Time	P/F/S	Event				
1:04.95 L	ZONE F	100 Fly	6/17/2005	2005 Edwin C. Cuttino Memorial		
2:29.61 L	ZONE F	200 Fly	5/19/2005	16th Annual Poseidon Classic		
2:19.52 L	ZONE F	200 IM	6/17/2005	2005 Edwin C. Cuttino Memorial		
4:59.01 L	ZONE F	400 IM	6/17/2005	2005 Edwin C. Cuttino Memorial		
Johnson, Tim (13) M						ODAC -VA
27.73 L	ZONE P	50 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill		
59.89 L	ZONE P	100 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill		
2:09.92 L	ZONE F	200 Free	6/23/2005	2005 Commonwealth Games		
4:39.24 L	ZONE F	400 Free	6/23/2005	2005 Commonwealth Games		
18:26.34 L	ZONE F	1500 Free	6/23/2005	2005 Commonwealth Games		
1:05.92 L	ZONE F	100 Fly	6/23/2005	2005 Commonwealth Games		
2:30.07 L	ZONE F	200 Fly	6/23/2005	2005 Commonwealth Games		
Lamberson, Kei T (14) M						SEVA -VA
1:09.40 L	ZONE F	100 Back	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
2:32.03 L	ZONE F	200 Back	5/19/2005	16th Annual Poseidon Classic		
2:28.03 L	ZONE F	200 IM	5/19/2005	16th Annual Poseidon Classic		
5:18.44 L	ZONE P	400 IM	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
Litz, Justin T (14) M						NOVA -VA
27.35 L	ZONE F	50 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill		
58.41 L	ZONE P	100 Free	7/14/2005	PVS Senior LC Champs 2005		
2:06.96 L	ZONE F	200 Free	6/17/2005	2005 Edwin C. Cuttino Memorial		
4:26.68 L	ZONE F	400 Free	6/17/2005	2005 Edwin C. Cuttino Memorial		
9:16.52 L	ZONE F	800 Free	6/17/2005	2005 Edwin C. Cuttino Memorial		
1:07.28 L	ZONE P	100 Back	6/17/2005	2005 Edwin C. Cuttino Memorial		
2:20.42 L	ZONE P	200 Back	7/14/2005	PVS Senior LC Champs 2005		
2:41.47 L	ZONE P	200 Breast	7/14/2005	PVS Senior LC Champs 2005		
2:23.48 L	ZONE F	200 IM	6/17/2005	2005 Edwin C. Cuttino Memorial		
4:59.33 L	ZONE F	400 IM	6/17/2005	2005 Edwin C. Cuttino Memorial		
Matthews, Jake (14) M						PSDN -VA
1:09.19 L	ZONE P	100 Back	6/24/2005	NAC Summer Sizzler		
2:29.13 L	ZONE F	200 Back	5/19/2005	16th Annual Poseidon Classic		
1:17.00 L	ZONE P	100 Breast	6/24/2005	NAC Summer Sizzler		
2:49.12 L	ZONE F	200 Breast	6/24/2005	NAC Summer Sizzler		
Montes De Oca, Nick (13) M						BASS -VA
26.19 L	ZONE P	50 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
59.16 L L	ZONE F	100 Free	8/11/2004	Eastern Zone Age Group Long Course Champs		
2:07.90 L	ZONE P	200 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
1:05.17 L	ZONE S	100 Back	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
2:28.24 L	ZONE P	200 Back	8/11/2004	Eastern Zone Age Group Long Course Champs		
1:18.05 L	ZONE P	100 Breast	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
2:45.52 L	ZONE F	200 Breast	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
1:07.48 L	ZONE F	100 Fly	6/18/2005	Winchester Invitational		
2:21.56 L	ZONE F	200 IM	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
5:08.91 L	ZONE F	400 IM	6/18/2005	Winchester Invitational		
Pead, Daniel (14) M						VACS -VA
1:09.39 L	ZONE F	100 Back	5/19/2005	16th Annual Poseidon Classic		
2:28.66 L	ZONE F	200 Back	6/23/2005	2005 Commonwealth Games		
1:16.11 L	ZONE P	100 Breast	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
1:07.30 L	ZONE F	100 Fly	6/23/2005	2005 Commonwealth Games		
2:29.37 L	ZONE F	200 IM	6/23/2005	2005 Commonwealth Games		
5:21.20 L	ZONE F	400 IM	6/23/2005	2005 Commonwealth Games		
Ross, Brooks R (14) M						NOVA -VA
1:00.44 L	ZONE P	100 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
2:10.12 L	ZONE F	200 Free	6/17/2005	2005 Edwin C. Cuttino Memorial		
4:25.32 L	ZONE F	400 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
9:08.06 L	ZONE F	800 Free	6/17/2005	2005 Edwin C. Cuttino Memorial		
18:07.60 L	ZONE F	1500 Free	5/7/2005	5th Annual Jeff Rouse Meet		
2:29.64 L	ZONE F	200 IM	6/17/2005	2005 Edwin C. Cuttino Memorial		
5:13.36 L	ZONE F	400 IM	6/17/2005	2005 Edwin C. Cuttino Memorial		
Rubio, Fernando J (14) M						VACS -VA
2:12.77 L	ZONE P	200 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
4:37.38 L	ZONE P	400 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP		
2:29.42 L	ZONE F	200 Back	5/7/2005	5th Annual Jeff Rouse Meet		
2:27.34 L	ZONE F	200 IM	6/23/2005	2005 Commonwealth Games		
Shaw, Kj (14) M						NOVA -VA
27.28 L	ZONE P	50 Free	7/14/2005	PVS Senior LC Champs 2005		
1:00.67 L	ZONE P	100 Free	8/11/2004	Eastern Zone Age Group Long Course Champs		
1:05.92 L	ZONE P	100 Back	7/14/2005	PVS Senior LC Champs 2005		
2:30.04 L	ZONE P	200 Back	8/11/2004	Eastern Zone Age Group Long Course Champs		
1:01.08 L	ZONE P	100 Fly	7/14/2005	PVS Senior LC Champs 2005		
2:17.95 L	ZONE P	200 Fly	7/14/2005	PVS Senior LC Champs 2005		

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Time	P/F/S	Event					
2:30.54 L	ZONE P	200 IM	7/14/2005	PVS Senior LC Champs 2005			
5:17.01 L	ZONE P	400 IM	7/14/2005	PVS Senior LC Champs 2005			
Sheranek, Tom (14) M					NOVA	-VA	
26.68 L	ZONE F	50 Free	5/7/2005	5th Annual Jeff Rouse Meet			
57.35 L	ZONE F	100 Free	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:02.01 L	ZONE P	200 Free	7/14/2005	PVS Senior LC Champs 2005			
4:15.34 L	ZONE P	400 Free	7/14/2005	PVS Senior LC Champs 2005			
8:54.36 L	ZONE F	800 Free	7/14/2005	PVS Senior LC Champs 2005			
17:26.29 L	ZONE F	1500 Free	8/11/2004	Eastern Zone Age Group Long Course Champs			
59.99 L	ZONE F	100 Back	7/14/2005	PVS Senior LC Champs 2005			
2:09.28 L	ZONE F	200 Back	7/14/2005	PVS Senior LC Champs 2005			
1:07.63 L	ZONE F	100 Fly	5/7/2005	5th Annual Jeff Rouse Meet			
2:16.27 L	ZONE P	200 IM	7/14/2005	PVS Senior LC Champs 2005			
4:49.01 L	ZONE P	400 IM	7/14/2005	PVS Senior LC Champs 2005			
Vivadelli, Jh (14) M					NOVA	-VA	
2:08.28 L	ZONE P	200 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
4:26.45 L	ZONE F	400 Free	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
9:15.98 L	ZONE F	800 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
1:06.99 L	ZONE P	100 Back	7/9/2005	VSI LONG COURSE SENIOR CHAMPIONSHIP			
2:21.32 L	ZONE F	200 Back	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:26.24 L	ZONE P	200 Fly	6/17/2005	2005 Edwin C. Cuttino Memorial			
2:27.14 L	ZONE P	200 IM	5/20/2005	Josh Weaver Memorial Meet on the Hill			
Wensel, Seth (14) M					GATR	-VA	
1:00.60 L	ZONE F	100 Free	5/13/2005	2005 NC New South Swimming LC			
2:11.39 L	ZONE F	200 Free	6/17/2005	17th Furniture City Invitation			
4:36.46 L	ZONE F	400 Free	6/17/2005	17th Furniture City Invitation			
9:35.44 L	ZONE F	800 Free	8/11/2004	Eastern Zone Age Group Long Course Champs			
1:06.68 L	ZONE F	100 Fly	6/17/2005	17th Furniture City Invitation			
2:28.59 L	ZONE F	200 IM	5/13/2005	2005 NC New South Swimming LC			
5:18.53 L	ZONE P	400 IM	6/17/2005	17th Furniture City Invitation			
Wheelock, Trevor M (14) M					WAC	-VA	
27.02 L	ZONE F	50 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
1:00.95 L	ZONE P	100 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
2:11.33 L	ZONE F	200 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
1:05.50 L	ZONE F	100 Fly	5/20/2005	Josh Weaver Memorial Meet on the Hill			
Wilcox, Mason T (14) M					CGBD	-VA	
26.26 L	ZONE P	50 Free	6/17/2005	17th Furniture City Invitation			
56.83 L	ZONE F	100 Free	5/20/2005	Josh Weaver Memorial Meet on the Hill			
2:05.51 L L	ZONE F	200 Free	7/20/2005	2005-Speedo Champions Series			
4:37.20 L	ZONE F	400 Free	6/5/2005	Blue and Yellow Intrasquad Mee			
1:13.11 L	ZONE P	100 Breast	7/20/2005	2005-Speedo Champions Series			
2:34.72 L	ZONE F	200 Breast	7/20/2005	2005-Speedo Champions Series			
58.54 L	ZONE P	100 Fly	7/20/2005	2005-Speedo Champions Series			
2:16.68 L	ZONE P	200 Fly	7/20/2005	2005-Speedo Champions Series			
2:22.17 L	ZONE P	200 IM	7/20/2005	2005-Speedo Champions Series			
5:12.81 L	ZONE F	400 IM	6/5/2005	Blue and Yellow Intrasquad Mee			