

## VIRGINIA SWIMMING 2005 LONG COURSE ZONE TEAM UNIFORM

Please fill out and return immediately to:

**Pam Parrish**  
**Virginia Swimming, Inc.**  
**13317 Rollingwood Lane**  
**Montpelier, VA 23192**  
**pamela.parrish@anthem.com**

Indicate size required. All sizes are adult sizes.

Swimsuit (Aquablade) \_\_\_\_\_  
T-shirts (one long/one short sleeve) \_\_\_\_\_

The following are Speedo Uniform Pieces. Sizes are: XS, S, M, L, XL \*\*\*

Jacket \_\_\_\_\_  
Long Pants \_\_\_\_\_  
Shorts \_\_\_\_\_

Included as part of the uniform is a large "Virginia" towel and two swim caps.

We will be offering an optional Speedo backpack bag. If you want the backpack, it is an ADDITIONAL fee of \$35. Please indicate here if you want the Speedo backpack. Yes/No

NAME: \_\_\_\_\_

Address: \_\_\_\_\_

Phone # \_\_\_\_\_

Email: \_\_\_\_\_ (please include this as it's the easiest way for us to send you updates that are time critical.)