

**2011 VA LC SR Championships - 7/21/2011 to 7/24/2011**  
**50 M Course, Sanction #: NC-11091**

**VSI - Records**

1	Women Senior 1500 Free	16:36.72	8/10/2009	RACHEL NAURATH - NOVA
2	Men Senior 1500 Free	15:28.19	8/1/2006	JOHN MILLEN - NOVA
3	Women Senior 200 Free	1:59.57	7/7/2009	CHRISTINE I. MARSHALL - CGBD
4	Men Senior 200 Free	1:48.85	8/12/2006	DAVID WALTERS - TPHN
5	Women Senior 100 Breast	1:08.85	6/29/2008	JESSICA A. BOTZUM - UN-03
6	Men Senior 100 Breast	1:02.58	8/4/2008	STUART FERGUAON - PSDN
7	Women Senior 100 Fly	59.82	8/8/1998	MARY T. MEAGHER - ODAC
8	Men Senior 100 Fly	53.16	7/7/2004	PETER VERHOEF - CGBD
9	Women Senior 400 IM	4:50.39	3/17/2009	REBECCA RAINER - NOVA
10	Men Senior 400 IM	4:17.63	8/3/2010	TYLER HARRIS - PSDN
11	Women Senior 800 Free Relay	8:18.64	3/17/2009	NOVA - NOVA R. Naurath, A. Haulsee, A. Brown, A. Titley
12	Men Senior 800 Free Relay	7:39.62	8/14/2001	NOVA - NOVA Zurowski, Greenwood, Anderson, Finch
13	Women Senior 200 Free Relay	1:47.99	7/23/2011	QUEST SWIMMING - QUEST SWIMMING K Jones, K Iverson, M Vay, C Buscaglia
14	Men Senior 200 Free Relay	1:32.72	3/17/2009	HOKI - HOKI K. Botha, K. Tayla, R. Ulatowski, E. Gregg
15	Women Senior 200 Fly	2:09.13	8/8/1998	MARY T. MEAGHER - ODAC
16	Men Senior 200 Fly	1:58.65	7/23/2009	SAMUEL T. MCGRAW - UQDD
17	Women Senior 50 Free	25.44	6/29/2008	SARA M. SMITH - UN-01
18	Men Senior 50 Free	22.70	5/14/2009	KAAN TAYLA - HOKI
19	Women Senior 200 Breast	2:31.63	6/29/2008	JESSICA A. BOTZUM - UN-03
20	Men Senior 200 Breast	2:16.57	3/27/2001	GARY MARSHALL - UVA
21	Women Senior 100 Back	1:01.85	8/17/1992	KERRY O'HANLON - NOVA
22	Men Senior 100 Back	53.93	8/22/1991	JEFF ROUSE - QDD
23	Women Senior 400 Free	4:13.14	8/3/2010	RACHEL NAURATH - NOVA
24	Men Senior 400 Free	3:53.65	8/1/2006	JOHN MILLEN - NOVA
25	Women Senior 400 Medley Relay	4:17.19	8/10/2009	NOVA - NOVA E. Worrell, R. Rainer, A. Titley, R. Naurath
26	Men Senior 400 Medley Relay	3:49.82	8/14/2001	NOVA - NOVA Greenwood, Baird, Finch, Anderson
27	Women Senior 200 Medley Relay	1:59.70	7/24/2010	CCA - CCA L. Hines, K. Sisk, K. Edsall, K. Holmgaard
28	Men Senior 200 Medley Relay	1:46.27	7/24/2011	NOVA OF VIRGINIA AQUATICS, INC - NOVA OF VIRGINIA T Sheranek, H Knight, G Brown, T Stephens
29	Women Senior 200 Back	2:14.37	8/10/2009	KALLIE GOLDEN - PSDN
30	Men Senior 200 Back	1:59.37	3/1/1992	JEFF ROUSE - QDD
31	Women Senior 100 Free	55.56	7/7/2009	CHRISTINE I. MARSHALL - CGBD
32	Men Senior 100 Free	50.23	8/4/2009	PETER W. GEISSINGER. - UVAA
33	Women Senior 200 IM	2:16.36	8/8/1988	WHITNEY HEDGEPEETH - VACS
34	Men Senior 200 IM	2:02.34	8/4/2009	PETER T. BENNER - QDD
35	Women Senior 400 Free Relay	3:51.23	7/31/2007	NOVA - NOVA J. Lewis, S. Glover, M. Evo, J. Witt
36	Men Senior 400 Free Relay	3:28.83	8/12/2002	NOVA - NOVA L. Wagner, C. Greenwood, J. Haag, L. Anderson
37	Women Senior 800 Free	8:44.88	8/10/2009	RACHEL NAURATH - NOVA
38	Men Senior 800 Free	8:08.71	8/14/1984	JEFF UTSCH - BRAC
505	Women Senior 100 Breast	1:08.85	6/29/2008	JESSICA A. BOTZUM - UN-03
508	Men Senior 100 Fly	53.16	7/7/2004	PETER VERHOEF - CGBD
515	Women Senior 200 Fly	2:09.13	8/8/1998	MARY T. MEAGHER - ODAC
517	Women Senior 50 Free	25.44	6/29/2008	SARA M. SMITH - UN-01
522	Men Senior 100 Back	53.93	8/22/1991	JEFF ROUSE - QDD
532	Men Senior 100 Free	50.23	8/4/2009	PETER W. GEISSINGER. - UVAA
533	Women Senior 200 Back	2:14.37	8/10/2009	KALLIE GOLDEN - PSDN