

2011 VSI LC AG Champs HOKI at CAC - 7/28/2011 to 7/31/2011**LC_AG Meet - Records**

1	Girls 10&U 400 Free	5:11.27	7/28/2011	Shelby Stanley - Carter Center Aq
2	Boys 10&U 400 Free	4:51.11	7/29/2010	Keith M Myburgh - GATR
3	Girls 11-12 400 Free	4:34.56	7/30/2009	Remedy A Rule - SMAC
4	Boys 11-12 400 Free	4:29.45	7/30/2009	Henry C Campbell - QDD
5	Girls 13-14 1500 Free	17:20.87	7/28/2011	Jessica Arnold - SMAC
6	Boys 13-14 1500 Free	16:53.43	7/24/2008	Zac A Paryzek - TCAC
7	Girls 11-12 200 Free Relay	1:57.63	7/30/2005	NOVA A. Brown, K. Bassett, E. Worrell, L. Snidow
8	Boys 11-12 200 Free Relay	1:55.07	7/27/2002	NOVA I. Vogt, N. Johnston, B. Carr, G. Brown
9	Girls 13-14 200 Free Relay	1:53.22	7/29/2011	NOVA of Virginia Aquatics, Inc - NOVA of Virginia J Gvozdas, E Erard, C Pollard, S Pesetti
10	Boys 13-14 200 Free Relay	1:44.88	7/31/2004	NOVA T. Sheranek, I. Vogt, C. Bergeem G. Brown
11	Girls 11-12 50 Breast	35.42	7/20/2007	Blair M Carnes - NOVA
12	Boys 11-12 50 Breast	34.08	7/25/2008	Clark R Hou - NOVA
13	Girls 13-14 100 Breast	1:13.64	7/25/2008	Olivia C Ross - PSDN
14	Boys 13-14 100 Breast	1:08.74	7/20/2007	Alex N Vance - CCA
15	Girls 11-12 200 Free	2:12.86	7/27/2001	Katie E Hoff - PSDN
16	Boys 11-12 200 Free	2:07.39	7/18/2003	Tom I Sheranek - NOVA
17	Girls 13-14 200 Free	2:07.23	7/25/2008	Kaitlin S Jones - SQST
18	Boys 13-14 200 Free	1:58.79	7/20/2007	Thomas S Stephens - NOVA
19	Girls 11-12 100 Fly	1:06.56	7/29/2011	Molly Sheffield - Burkwood Aquatic
20	Boys 11-12 100 Fly	1:03.10	7/27/2002	Ian Vogt - NOVA
21	Girls 13-14 100 Fly	1:03.80	7/18/2003	Elizabeth N Shaw - NOVA
22	Boys 13-14 100 Fly	58.82	7/29/2005	Mason Wilcox - CGBD
23	Girls 11-12 200 Back	2:26.82	7/31/2009	Remedy A Rule - SMAC
24	Boys 11-12 200 Back	2:22.10	7/19/2003	Tom I Sheranek - NOVA
25	Girls 13-14 400 IM	4:56.86	7/20/2003	Katie E Hoff - TPHN
26	Boys 13-14 400 IM	4:47.45	7/26/2002	Luke Vogt - NOVA
27	Girls 11-12 400 Medley Relay	4:44.88	7/20/2007	NOVA N Gray, B Carnes, B Hall, M Sweeney
28	Boys 11-12 400 Medley Relay	4:44.90	7/31/2004	NOVA P Rossetti, N Clark, J Madden, R Anthony
29	Girls 13-14 400 Medley Relay	4:32.12	7/31/2009	NOVA C Areson, B Carnes, M Robinson, N Gray
30	Boys 13-14 400 Medley Relay	4:09.42	7/30/2005	NOVA T Sheranek, J Litz, K Shaw, R Anthony
31	Girls 10&U 200 Medley Relay	2:24.40	1985	BRAC
32	Boys 10&U 200 Medley Relay	2:24.97	7/29/2011	NOVA of Virginia Aquatics, Inc - NOVA of Virginia N Gaspar, C Whiting, M Whelan, P Madden
33	Girls 10&U 50 Breast	39.63	7/23/1989	Fran Halberg - CGBD
34	Boys 10&U 50 Breast	38.88	7/23/1990	Danny Pyle - RAYS
35	Girls 10&U 200 Free	2:24.18	7/27/1991	Jennifer Lushao - NOVA
36	Boys 10&U 200 Free	2:22.37	7/30/2010	Keith M Myburgh - GATR
37	Girls 10&U 100 Fly	1:11.90	7/27/1991	Jennifer Lushao - NOVA
38	Boys 10&U 100 Fly	1:12.06	7/31/2009	Brian R Hynes - CYAC
39	Girls 10&U 50 Back	34.22	7/29/1999	Jenna Brick - BASS
40	Boys 10&U 50 Back	34.45	7/25/2008	Max M Tempkin - SMAC
41	Girls 13-14 200 Medley Relay	2:06.72	7/31/2010	PSDN A Kuno, S Harris, K Tomenchok, M Boswell
42	Boys 13-14 200 Medley Relay	1:55.74	7/29/2005	NOVA T. Sheranek, J. Litz, K. Shaw, R. Anthony
43	Girls 11-12 200 Medley Relay	2:10.45	7/29/2005	NOVA E. Worrell, R. Rainer, T. Dula, A. Brown
44	Boys 11-12 200 Medley Relay	2:06.26	7/28/2002	NOVA T. Sheranek, I. Vogt, N. Johnston, G. Brown
45	Girls 13-14 200 Fly	2:18.70	7/26/2008	Emma C Nunn - NOVA

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46	Boys 13-14 200 Fly	2:10.32	7/21/1988	Tim Norton - TAC
47	Girls 11-12 200 Fly	2:28.92	8/1/2009	Remedy A Rule - SMAC
48	Boys 11-12 200 Fly	2:21.97	7/31/2010	John A Cortright - NOVA
49	Girls 13-14 50 Free	27.28	7/30/2005	Meredith Cavalier - QDD
50	Boys 13-14 50 Free	24.84	7/30/2005	Evan Gregg - SWAT
51	Girls 11-12 50 Free	27.76	7/21/2007	Caroline M Chromik - CGBD
52	Boys 11-12 50 Free	26.53	7/29/2000	Lee Robertson - SMAC
53	Girls 13-14 200 Breast	2:34.59	7/19/2003	Katie E Hoff - TPHN
54	Boys 13-14 200 Breast	2:29.44	7/27/2002	Luke Vogt - NOVA
55	Girls 11-12 100 Breast	1:17.46	7/29/1999	Samantha Davis - CGBD
56	Boys 11-12 100 Breast	1:14.18	8/1/2009	James C Kegelman - CGBD
57	Girls 13-14 100 Back	1:06.15	7/31/2010	Mary Elizabeth J Warhol - CGBD
58	Boys 13-14 100 Back	1:01.35	7/21/2007	Josh K Friedel - RAYS
59	Girls 11-12 50 Back	32.09	7/28/2001	Jenna L Brick - BASS
60	Boys 11-12 50 Back	29.98	7/29/1999	John Kegelman - CGBD
61	Girls 13-14 400 Free	4:27.56	7/19/2003	Katie E Hoff - TPHN
62	Boys 13-14 400 Free	4:14.23	7/21/2007	Thomas S Stephens - NOVA
63	Girls 11-12 200 IM	2:29.20	7/29/2001	Katie E Hoff - PSDN
64	Boys 11-12 200 IM	2:24.43	7/30/2011	Chad Stickle - South Eastern Vi
65	Girls 10&U 200 Free Relay	2:08.13	1985	BRAC
66	Boys 10&U 200 Free Relay	2:07.22	7/30/2011	NOVA of Virginia Aquatics, Inc - NOVA of Virginia M Whelan, N Gaspar, P Madden, N Viers
67	Girls 10&U 50 Free	30.43	7/29/2000	Kristina Blanquiz - Unattached CG
68	Boys 10&U 50 Free	29.85	8/1/2009	Chad E Stickle - US
69	Girls 10&U 200 IM	2:43.89	7/27/1991	Jennifer Lushao - NOVA
70	Boys 10&U 200 IM	2:35.93	7/31/2010	Keith M Myburgh - GATR
71	Girls 10&U 100 Breast	1:26.07	7/29/1999	Katie Hoff - WAC
72	Boys 10&U 100 Breast	1:25.33	7/31/2004	Joey A Hewitt - WAC
73	Girls 10&U 400 Medley Relay	5:23.91	7/30/2005	NOVA N Gray, B Carnes, M Robinson, M Sweeney
74	Boys 10&U 400 Medley Relay	5:23.83	7/30/2011	NOVA of Virginia Aquatics, Inc - NOVA of Virginia N Gaspar, C Whiting, N Viers, M Whelan
75	Girls 11-12 200 Breast	2:48.05	7/22/2007	Blair M Carnes - NOVA
76	Boys 11-12 200 Breast	2:39.42	8/2/2009	James C Kegelman - CGBD
77	Girls 13-14 200 Back	2:22.32	8/1/2010	Mary Elizabeth J Warhol - CGBD
78	Boys 13-14 200 Back	2:10.98	7/22/2007	Josh K Friedel - RAYS
79	Girls 11-12 100 Back	1:08.82	8/1/2010	Emily G Erard - NOVA
80	Boys 11-12 100 Back	1:05.78	7/20/2003	Tom I Sheranek - NOVA
81	Girls 13-14 100 Free	59.61	7/27/2008	Kaitlin S Jones - SQST
82	Boys 13-14 100 Free	54.55	7/28/2002	Lee Robertson - SMAC
83	Girls 11-12 100 Free	1:01.33	8/2/2009	Remedy A Rule - SMAC
84	Boys 11-12 100 Free	57.92	7/30/2000	Lee Robertson - SMAC
85	Girls 13-14 200 IM	2:20.92	7/28/2002	Katie Hoff - TPHN
86	Boys 13-14 200 IM	2:15.82	7/22/2007	Alex N Vance - CCA
87	Girls 11-12 50 Fly	29.63	7/28/2000	Stephanie Jones - TIDE
88	Boys 11-12 50 Fly	28.29	7/20/2003	Mason T Wilcox - CGBD
89	Girls 13-14 400 Free Relay	4:06.14	7/27/2008	SQST K Jones, C Buscaglia, H Hoffert, K Iverson
90	Boys 13-14 400 Free Relay	3:47.37	7/27/2008	CGBD R Carter, B Hartman, G Lynn, P Bailey
91	Girls 11-12 400 Free Relay	4:18.00	8/2/2009	SMAC J Arnold, O Heeb, N Hunt, R Rule
92	Boys 11-12 400 Free Relay	4:11.65	7/20/2003	NOVA J Litz, R Anthony, B Ross, T Sheranek
93	Girls 13-14 800 Free	9:06.32	7/31/2011	Jessica Arnold - SMAC
94	Boys 13-14 800 Free	8:45.94	8/1/2010	Henry C Campbell - QDD
95	Girls 10&U 100 Back	1:13.23	3/21/1991	Jennifer Lushao - NOVA
96	Boys 10&U 100 Back	1:15.10	7/23/1998	David Walters - FTE

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97	Girls 10&U 100 Free	1:06.45	7/30/2000	Kristina Blanquiz - Unattached CG
98	Boys 10&U 100 Free	1:06.23	7/23/1996	Adam Farnham - RACE
99	Girls 10&U 50 Fly	32.90	3/21/1998	Stephanie Jones - TIDE
100	Boys 10&U 50 Fly	32.50	7/27/2001	Mason T Wilcox - CGBD
101	Girls 10&U 400 Free Relay	4:51.58	7/31/2005	TPHN A Summa, E Beckerman, M Warhol, C Chromik
102	Boys 10&U 400 Free Relay	4:40.35	7/31/2011	NOVA of Virginia Aquatics, Inc - NOVA of Virginia M Whelan, N Gaspar, N Viers, H Wiley
211	Girls 11-12 50 Breast	35.42	7/20/2007	Blair M Carnes - NOVA
350	Boys 13-14 50 Free	24.84	7/30/2005	Evan Gregg - SWAT
351	Girls 11-12 50 Free	27.76	7/21/2007	Caroline M Chromik - CGBD