



**American
Red Cross**



Red Cross training saves lives.

SAFETY TRAINING FOR SWIM COACHES

Convenient Blended Learning Format



HOST: VIRGINIA SWIMMING

LOCATION: Collegiate School Aquatic Center

5050 Ridgedale Parkway, Richmond, VA 2323

DATE: September 28, 2013

TIME: 9:00 am STSC (Pool Session)

10:00 am Adult/Child CPR AED

PRICE: STSC \$19

w/ CPR \$27

CPR only \$19

The new blended learning course offers the following advantages:

- Course time reduced
- Online portion prepares participants to roll directly into the in-water skills session
- Expanded swimming-related first aid topics are included so an additional First Aid certification is no longer required
- New Adult & Child CPR/AED combo course options enable participants to complete all certification requirements in one course



The online STSC test must now be taken through the American Red Cross (not USA Swimming). To register and receive the online class code that is required to access the test contact:

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