

## 2005 Virginia Swimming Swimposium Agenda

07:00-08:00am	Registration (Continental Breakfast Provided)	
08:00-08:15am	Welcome/Housekeeping Issues	Mary Scott Garrett/Kevin Hogan
08:15-08:45am	Philosophy of Swimming	Charly Mallory
08:45-09:15am	Starting	Jeanine Dennis
09:15-09:45am	Navigating the VSI Website	Michael Downs
09:45-10:00am	Break	
10:00-10:30am	Meet Safety & Meet Marshalls	David Strider
10:30-11:15am	Effective Meet Management	Charly Mallory
11:15-11:45am	High School Swimming	George Homewood
11:45-12:00pm	Morning Wrap-Up	
12:00-1:00pm	Lunch	
1:00-1:30pm	Incorporating Disabled Swimmers into Able-Bodied Meets	Lee Gibbs
1:30-2:00pm	Officiating at the Paralympic Meet	Jeanine Dennis
2:00-2:45pm	Situations	Charly Mallory/Jeanine Dennis
2:45-3:00pm	Break/Stroke Briefing	Mary Scott Garrett
3:00-3:30pm	New Levels of Officiating	Charly Mallory
4:00-4:30pm	What is New at USA Swimming	Jeff Gudman
4:30-5:00pm	Q/A from the Crowd/Wrap-up/Evaluation	